FIFTH SUNDAY IN ORDINARY TIME February 10, 2013

Homily Next Week: Father John D. Whitney, S.J.

Readings for February 17, 2013

First Reading: Deuteronomy 26:4-10 Second Reading: Romans 10:8-13 Gospel: Luke 4:1-13

Weekend Mass Schedule Saturday - 5 pm Sunday - 9 am, 11 am, 5:30 pm

Weekday Mass Schedule Monday - Friday - 7 am Arrupe Room, Parish Center

Reconciliation

Saturday - 3:30-4:15 pm in the Church or by appointment

Parish Center Hours Monday-Friday - 8 am - 4:30 pm Saturday - 9 am - 1 pm www.stjosephparish.org

732 18th Avenue East, Seattle, WA 98112 Fax: (206) 329-5698

Parish Receptionist (206) 324-2522 Parish Staff (206) 329-5981

Pastor

x107
x101
x106
x112
x110
x108
x100
x109
x102
x114
x105

St. Joseph School 700 18th Avenue East • (206) 329-3260

Main Office	x210
Patrick Fennessy, Principal	x218
Rick Boyle, Academic VP	x215
Kris Brown, Vice Principal	x216



Ash Wednesday Mass Schedule

All Masses will be held in the Church

7:00 AM Parish Mass

Collection for Noel House

9:00 AM School Mass

Collection for Sister Parishes

7:00 PM Parish Mass

Collection for Noel House



Investing in Lent: How Much Do You Have?

It was regarded as a matter of course that a Christian should fast for various motives— to reinforce prayer, to do penance for sins, to save something for the poor, or even to prepare for a feast.

-Josef Jungmann-

When I was young, I used to love to play Monopoly with my sisters and brothers, though I sometimes found the negotiations and deals a bit frustrating. I especially remember the experience of having two of the three parts of a monopoly—Illinois and Kentucky or New York and Tennessee—and needing only St. James Place or Indiana to fill it out. I would, invariably, have to go to my brother and ask him, "How much do you want for St. James Place?" To which he would always reply, "How much do you have?"

"How much do you have?" I always hated that question, because it meant that, in order to get what I really wanted—and what I really needed—I had to give up everything else I was holding. I had to let go of a big part of my security, a big part of my treasure. And, as much as I wished things were different, the question was never "How much can you pay?"—nor was it ever a request for some definite amount; it was always that damnable question, "How much do you have?"

Today, as the Church moves towards Ash Wednesday and the season of Lent, I recall those games with my siblings, and I recognize that, throughout my life, my brother's question has also been the question that God has asked me so very many times. Indeed, it is, I think, the question asked of each of us, at each stage of our lives, at each throw of the dice: "How much do you have? What are you willing to pay for what we desire most? What are you willing to sacrifice to find what is missing, to find that wholeness for which you long?"

It was this question that dogged St. Ignatius Loyola throughout his life, stripping from him all the resources he thought were essential; and as he paid, each time he imagined that, at last, he had met the price. At the moment of his conversion, when he turned over to God his allegiance and loyalty; on the banks of the Cardoner River, when he turned over his romanticism and dreams of glory; in the classrooms of Paris, when he turned over his self-sufficiency; at the chapel of La Storta, when he turned over his sense of his own personal mission; at his writing desk in Rome, when he turned over his longing to become again a poor pilgrim, sent to the ends of the earth. In the end, Ignatius turned it all over, and was left with nothing. . .except the love and the grace of God.

That was his monopoly, and that was more than enough.

How often do we ask, "What does God want from me?" only to hear the same answer over and over again: "How much do you have?" For the truth is, God wants it all. And when we think we have given it all, God wants just a little bit more. But we resist. We hesitate. We find ourselves too weak and scared to really give to God all that we have. That is why, in these 40 days of Lent, we are called to fasting and to prayer, to almsgiving and to all the rituals that train us and strengthen us, that prepare us to strip away our treasures and protections, the things we so deeply (and fearfully) believe we cannot do without—in other words, those things we are most surely called to give.

Lent is about conditioning ourselves for the real sacrifices, the real alms we must all at some point give: the sense of power and safety we have in our wealth, or our weapons, or our prestige; the foolish notion that we are in control and that—bishop or baker, prince or pilgrim—our own resources will be enough for our fulfillment. They will not be enough. Every mother who has stood by the bed of her ailing son; every friend who has held the hand of a beloved in her last moments of life; every Cardinal whose web of lies has been stripped away; every ideologue who stands, at last, in the wasteland of his own imaginings; all who would hold onto some bit of power or control, all will be faced with that question: "How much do you have?"

And to what end? Not to appease an angry God, or because we are unworthy—the Incarnation of Christ already overthrows such notions. No. Our penances and fasting, our offerings and sacrifices are not about appeasement; rather, they are about opening our hearts to our deeper desire, our *deepest* desire; they are the trades we make in order to find the treasure that all we possess cannot provide. We give away small tokens, at first: e.g., we fast and make time for prayer; we park our cars and walk or give up our treats and chew celery and carrots instead; we visit the homebound and practice patience, letting our schedules go for the needs of others—all so that we might be ready for the great offerings to come; and the great grace that follows that.

For it is only when we have embraced our emptiness that we have room for the abundance God wants to give to us. Only by releasing all that we try to hold can we be ready for God to fill us—as Jesus, emptied on the cross, was filled—with the Spirit and with Resurrection.

"How much do you have?" That is all that is asked. But everything is given in return.



Come & Pray with us, for Just a Little While

Adoration of the Blessed Sacrament is an invitation to abide with Jesus, to take a single hour and quiet your heart from all that is rushing past, so that you might know that which lasts forever.

If you have never prayed before the Blessed Sacrament, you will be amazed at the peace and the grace that comes from allowing yourself to sit in the presence of Christ, from opening yourself to his love, given in this very physical and yet spiritual form.

Pray that your own life might be one with God.

Thursday, February 14th, 7:00 pm, Church



Sacred Silence

A time for silent prayer and peace

The Sacred Silence prayer group gathers on Monday nights at 7 pm in the Church for an hour of silent prayer. Newcomers always welcome. Open to all types of prayer practice. People are encouraged to use whatever silent prayer practice

works best for them whether it is centering prayer, Ignatian imagination or another prayer. Time is spent both sitting and walking in silence.

For information on Sacred Silence and silent prayer contact Jim Hoover at jhoover3law@qwestoffice.net or 206-286-0313.

COLLECTION: FEBRUARY 3, 2013

TOTAL NEEDED WEEKLY TO MEET BUDGET: \$15,994.00 TOTAL FOR MASSES AND GIFTS MAILED IN: \$14,755.08

St. Joseph Community extends its prayers and hopes for the following intentions: Please remember Barbara King in your thoughts and prayers . . . For Reilly Bench and for his well being and for his family and friends who provide prayers and support and comfort . . . For Michael in his recovery from



shoulder surgery . . . For Mary Ann's upcoming surgery . . . For those who are struggling with lung infections . . . For Chris in his daily walk . . . Extend God's kindness to those who don't know Him . . . Trust that God will use you to show His love, and then release the outcome to His capable hands.

"For sustaining grace – the grace that meet us at our point of need and gives us strength, wisdom and courage.

Grace doesn't promise the absence of struggle, but the presence of God."

~Max Lucado

If you have petitions you would like included in the prayer tree, including birth announcements, illnesses and deaths, please call the parish office at 206-324-2522 ext 100 or email rleet@stjosephparish.org

Spend Time With a Best Friend

Every Friday morning from 7:30 to 11:00 EUCHARISTIC ADORATION is held in the Parish Center chapel. This is such a rewarding experience; a quiet time for one-on-one union with Jesus. He is there to hear your concerns, your joys, your hopes and for you to hear Him. When you drop your children off at school or when you are out and about during the morning, think about stopping in even for a few minutes; it will be your best use of time that day. What's better than spending time with A BEST FRIEND!



Lent at St. Joseph

The 40 days of Lent are either from Ash Wednesday to Holy Thursday (Minus the Sundays) or they are from the 1st Sunday of Lent to Holy Thursday including Sundays.

"Lent is about fasting, prayer & almsgiving."

~Father John D. Whitney, S.J.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. If we have not all three together, we have nothing.

~Peter Chrysologus

On the Way: A Journey into Lent

The St. Joseph Parish Retreat February 22-24 Camp Casey, Whidbey Island

To register call Steve Wodzanowski 206 965-1646 or email stevew@stjosephparish.org

Novena of Grace "Finding my way home"

Wednesday, March 7 - Thrusday, March 14, 2013

Weekdays: 12:30 pm at the Chapel of St. Ignatius (Seattle University) or 7 pm at St. Joseph Church

Saturday March 9: 1:00 pm at St. Joseph Church

Sunday March 10: 1:00 pm at the Chapel of St. Ignatius



Rice Bowl



"When the stomach is full, it is easy to talk of fasting."

~Jerome, Fourth Century

You're invited to participate in CRS Rice Bowl!

St. Joseph will be participating in CRS Rice Bowl, Catholic Relief Services' Lenten program, as a way to encounter Jesus through others, especially through the most vulnerable in our world. Rice Bowls will be available on Sunday. Please be sure to take one home and use the easy and fun resources to deepen your family's Lenten experience. Your prayers, fasting and almsgiving this Lenten season will help Catholic Relief Services continue to provide life-saving assistance in nearly 100 countries. CRS works on our behalf to care for the poorest in our world and to end global poverty.

St. Joseph's Rice Bowl Contributions for the Last 5 years

2012: \$2,322.79 2011: \$ 415.24 2010: \$4,474.97 2009: \$4,656.83 2008: \$5,085.93

Your contributions make a huge difference. You can help meet hunger's needs both locally and globally!





immersions in ignatian prayer

tuesdays in lent & easter 2013 6:30-8:30 pm | st. joseph parish center

732-18th avenue east, seattle, wa 98112

february 19 | prayer: a sacred conversation including lectio divina with john hickman

march 5 | the examen: finding God in your life with tim malone

march 19 | igniting the imagination in prayer with carla orlando

april 2 | an embodied encounter with God: applying all the senses in prayer with pat o'leary sj

april 16 | deepening your prayer: following God's love in your life

attend individual evening sessions

or journey with a small group through the whole series with emily davis, facilitating

FOR INDIVIDUAL SESSIONS: \$20/session. RSVP to andrea@ignatiancenter.org. pay online at www.ignatiancenter.org or at the door.

OR FOR THE SERIES: \$90/series (incl. \$25 non-refundable registration fee). please register at www.ignatiancenter.org by february 12.

FOR MORE INFO (including presenter bios): visit www.ignatiancenter.org or contact andrea at (206)329-4824 or andrea@ignatiancenter.org.

The Lenten Journey with the Cosmic Christ

Led by Father Michael J. Ryan
Saturday, March 2, 2013
9:30 am – 3:00 pm
Sisters of St. Joseph of Peace
St. Mary-on-the-Lake - Bellevue
Bring a sack lunch, Freewill Offering

To register please call or e-mail: Diane Figaro – 425-635-3603 peace@csjp-olp.org Calendar

Mon, Feb 11 Sacred Silence, Church, 7:00 PM

Tue, Feb 12 RCIA, Arrupe Room, 7:00 PM

Wed, Feb 13 Ash Wednesday, Church, 7:00 AM &

7:00 PM

Thu, Feb 14 Parish Holy Hour, Church, 7:00 PM

Fri, Feb 15 Eucharist Adoration, Loyola Chapel

Parish Center, 7:30 AM



Stewardship 2013 Pledges Continued

A special thanks to each of you for your charism of our community!

- Nan and Bill Henderson, Doug and Barb Herrington Rosemary & Willard Nelson Paul and Mary Schwaegler
- Edmund and Jill Allen Timothy & Allison Barnes, Steve and Karen Boone Paul and Sarah Cole Kari & Mike Ginal, John Goebel and Suzanne Long Drew and Megan Herdener, Mr. Dane Hofbauer, Martino and Maura Hoss
- Thomas and Janet Morton Vitore Selca & David Lawton Julie Tilghman

If you haven't already pledged, please do so. You can pledge online at our website www.stjosephparish.org or send in a pledge form to the parish center.

Spirituality on Tap presents: Relationships and Discernment

Facilitated by Carla and Joe Orlando
Thursday, February 21st 7-9 pm
Piecora's Pizza
1401 East Madison Street, Seattle, WA 98122
For Young Adults aged 21-35
RSVP is Required by February 11th

There are many kinds of relationships in our lives: family, coworkers, friends, and loved ones. Join Joe and Carla Orlando along with other young adults to explore how Ignatian discernment can be used to help us be more aware and more effective in our relationships with all those with whom we share ourselves.

Carla and Joe have been informed by Ignatian spirituality for over two decades and have worked throughout that time in a variety of ministry, vocation, and educational settings including their current roles at Seattle Pacific University and Seattle University, respectively. They have been married 17 years and have 13 year old twin daughters.

For more info or to RSVP email matt@ignatiancenter. org

Seniors On The Go

Tuesday, February 12th - *Two Weeks Notice* starring Sandra Bullock and Hugh Grant.

Thursday, February 21st - Monthly OWL's Potluck, 6 pm, Social Hall. Call Mary Ott 206-324-7459 or Dolores Dorn 206-322-2259 for details.

Friday, March 1st - Healing Mass, 11:30 am, with lenten lunch following in the Parish Center

Children's Worship Aide

If you would like to contribute a drawing, cartoon, kids' game, or artwork to our new children's worship aid please submit in pdf or jpg format to Dottie Farewell at dfarewell@stjosephparish.org. Submissions should reflect the theme of the upcoming Sunday's liturgy and are due the Tuesday prior. Not all submissions will be used. Check out this Sunday's *Listen Up KIDS!* to see what it's all about.

Yoga in the Parish Center

Tuesday & Thursday Morning Drop-In Classes, 10:30am, in the Mother Teresa Room, Parish Center.

Drop-In for \$10

Children are welcome so parents have the opportunity to practice yoga.

All questions welcome: please call Erin Daly at 206-910-6300 or erin@erinkdaly.com.



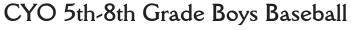
Women & Men are invited to attend the

Intercommunity Peace & Justice Center Women's Convocation V: Grace on the Margins

April 12-13, 2013 Meydenbauer Center, Bellevue, WA

19 national speakers on spirituality & justice Fee: \$125 before March 1st: \$150 after Call or email for Registration brochures 206.223.1138 • ipjc@ipjc.org • www.ipjc.org

Sponsor: Intercommunity Peace & Justice Center (Please note early registration date!)



Online registration for boys in the 5th-8th grades has begun.

Go to the St. Joseph website, then go to "students", "CYO", "sports", " baseball", and then click "register here". At registration the baseball cost of \$65 will be billed to your account. Payment arrangements for non-school families can be made by contacting Jordan Howell.

The deadline for registration is February 15. Games are played from mid-March to early June.

Annulment Advocate

If you are seeking an annulment, contact Deacon Steve Wodzanowski at stevew@stjosephparish.org or 206-965-1646.



Save The Date

St. Joseph Ceili

Saturyday, March 16th Wyckoff Gym

Fabulous Food and Music will make it a night to remember!

EcoJustice

We continue to share findings and recommendations from the Pontifical Academy of Sciences 2011 report on the impacts of glacial retreat.



One of the oldest scientific institutes in the world, they stated: "All nations must ensure that their actions are strong enough and prompt enough to address the increasing impacts and growing risk of climate change and to avoid catastrophic irreversible consequences."

They recommended three measures to reduce the threat of climate change and its impacts. The first:

1."Reduce worldwide carbon dioxide emissions without delay, using all means possible to meet ambitious international global warming targets and ensure the long-term stability of the climate system. All nations must focus on a rapid transition to renewable energy sources and other strategies to reduce CO2 emissions. Nations should also avoid removal of carbon sinks by stopping deforestation, and should strengthen carbon sinks by reforestation of degraded lands. They also need to develop and deploy technologies that draw down excess carbon dioxide in the atmosphere. These actions must be accomplished within a few decades."

(more at catholicclimatecovenant.org)



"The Singing Thing"
Weekly Reflections on the music we
use at St Joseph's
~Robert McCaffery-Lent



I have a particular fondness for the season that is my namesake. The word Lent comes from an Old English word that means "springtime," using the same root that gives us the word "lengthen" – in spring the days get longer. This year Ash Wednesday, which signifies the beginning of Lent, is quite early. (Next year Ash Wednesday won't be until March 5!) As a result we're still very much in the throes of winter though we are already seeing early signs of the coming of spring...some trees are budding, and the daphne shrub in our backyard is showing signs of preparing to send out it's sweet fragrance.

Lent is an intense time beginning with a stark action that continues to speak to people the world over: marking with ashes created from the burning of last year's palms. Liturgist Gabe Huck says: "Ashes, in a time of year when things are yet bleak, image what is common to all the living: the end of everything, the beginning of everything. On this Wednesday, while life bustles on, Christians are marked with ashes which call into question all of that bustling. There is something here that speaks to of working through pretenses and getting to the real...of facades that crumble."

At the same time Lent is a season rich in baptismal and penitential images as we, together, walk the desert journey toward Easter and Pentecost beyond that. The catechumens in our midst, those preparing for baptism and/or confirmation and communion...full initiation into the Christian life...bear witness to all of us who are already baptized of the faith that they profess and that leads them to be part of the church.

Lent also brings changes to the liturgy we celebrate every weekend and to the music that is part of that liturgy. The liturgical colors that adorn our worship space and the vestments worn by Frs. John, Jack and Deacon Steve change from greens to purples. The mass parts that we sing all change so that there is a distinct change in the sound of our Lenten liturgy as well. We don't sing the Gloria. Additionally there is a tradition and expectation that we use musical instruments only to accompany singing and not to fill every silence and cover every movement. So you'll notice more silence during Lent

and the overall liturgy has a simplified, quieter tone as we begin and end each mass with the simple ringing of a bell rather than a grand organ piece. Also, the music we DO sing is accompanied more simply and sparsely, and sometimes not at all on the pieces we sing a cappella. (voices only, literally: "In the manner of the chapel")

One other obvious musical change, is that we do not sing the alleluia again until Easter. This is why I program "All Creatures Of Our God and King" as the last song before Lent since it is literally overflowing with alleluias! The word Alleluia has long and deep roots in Old English, Latin, Greek and Hebrew and means simply: "Praise the Lord." It is simply an utterance of praise: "Hallelujah!" In Rome the Alleluia was first sung ONLY on Easter. Although it eventually became a regular part of the liturgy, being sung each week to accompany the gospel procession, it retained its Easter character and thus is omitted during the season of Lent.

We are looking for members to join the choir to sing for Lent/Triduum and Easter. The St. Joseph Choir rehearses Wednesday evenings from 7-9 and sings the 9 a.m. Sunday mass. It is open to high school and older. For more information or to schedule an audition contact Robert McCaffery-Lent: Rmclent@stjospephparish.org or 206-965-1649.



Interested in Religious Life?

Catholic women (ages 20-40)

interested in finding out about Religious Life

are invited to attend

A COME & SEE GATHERING

Saturday, March 23, 2013

At our convent in Seattle near Assumption Church, North of UW

There will be vocation stories of Sisters, DVD and other information shared, and refreshments.

Sponsored by the Sisters of St. Joseph of Peace

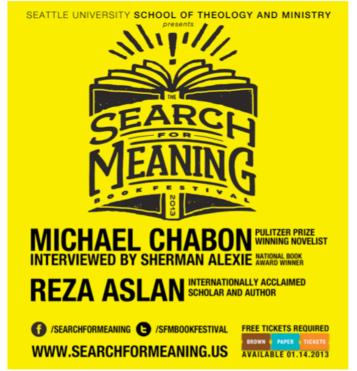
RSVP: CALL Linda Hanson, 425-467-5499 or

EMAIL Sister Jo-Anne Miller, jmiller@csjp-olp.org <mailto:jmiller@csjp-olp.org>

You will receive the address and directions when you RSVP

Please join
Seattle University's School of
Theology & Ministry
for a screening of
"Band of Sisters". Saturday
March 9th, 7:00 pm, Pigott
Auditorium

The remarkable story of Catholic Nuns in the United States from daughters of the Church to citizens of the world.



Advanced Film Screening, with filmmaker Mary Fishman 7:00pm, Pigott Auditorium – Saturday, March 9th Band of Sisters

The Remarkable Story of Catholic Nuns in the United States from Daughters of the Church to Citizens of the World.

Band of Sisters is Mary Fishman's filmmaking debut. She attended Catholic elementary and high schools, where sisters were her teachers, but it was during the making of this film that they became her friends. Making films is a dream come true for Mary, johing her love of movies with her desire to work for social justice.



OVER 40 AUTHORS IN SESSION

You thumbed grit
into my furrowed brow,
marking me
with the sign of mortality,
the dust of last year's palms.
The cross you traced
seared, smudged skin,
and I recalled
other ashes
etched
into my heart
by those who loved too little
or not at all.
-Elizabeth-Anne Vanek-

Ash Wednesday Collection for Noel House

The largest women-only shelter in King County, Noel House provides respect & care for a diverse community of homeless women, especially the most vulnerable.

Through the Meals Program, each night approximately 270 women enjoy a hot & nutritious meal.

St. Joseph Parish has been a friend of Noel House for many years, & many in our community volunteer to provide a monthly meal.

Let us fast, this Ash Wednesday, to fill our sisters hearts & lives with love.

Please Give Generously!