EIGHTH SUNDAY IN ORDINARY TIME March 2, 2014

Homily Next Week: Deacon Steve Wodzanowski

Readings for March 9, 2014

First Reading: Genesis 2:7-9; 3:1-7 Second Reading: Romans 5:12, 17-19 Gospel: Matthew 4:1-11

Weekend Mass Schedule Saturday - 5 pm

Sunday - 9:00 am, 11:00 am, 5:30 pm

Weekday Mass Schedule Monday - Friday, 7 am, Parish Center

Reconciliation

Saturday - 3:30-4:15 pm in the Church or by appointment

Parish Center Hours Monday-Thursday - 8 am - 4:30 pm Saturday - 9 am - 1 pm www.stjosephparish.org Parish Receptionist (206) 324-2522

Pastor x107 Rev. John D. Whitney, S.J. jwhitney@stjosephparish.org Parochial Vicar Rev. Glen Butterworth, S. J. x103 gbutterworth@stjosephparish.org Deacon/Pastoral Associate Steve Wodzanowski x106 stevew@stjosephparish.org Pastoral Staff: Dottie Farewell, Dir. Religious Ed. x112 dfarewell@stjosephparish.org Rebecca Frisino, Business Mgr x108 rebeccaf@stjosephparish.org x114 Tina O'Brien, Development Mgr tinao@stjosephparish.org Renée Leet, Admin Assistant x100 rleet@stjosephparish.org x109 Bob McCaffery-Lent, Liturgy & Music rmclent@stjosephparish.org Caprice Sauter, Administration x102 caprices@stjosephparish.org John Stuntebeck, Organist/Pianist x105 jstuntebeck@stjosephparish.org Yuri Kondratyuk, Facilitites x110 St. Joseph School Main Office x210 Patrick Fennessy, Principal x218

x215

x216

Rick Boyle, Academic VP

Kris Brown, Vice Principal



Lent at St. Joseph

We must speak to them with our hands by giving, before we try to speak to them with our lips.

St. Peter Claver, SI

Ash Wednesday Mass Schedule

Wednesday, March 5th All Masses will be held in the Church

7:00 AM Parish Mass Collection for St. Martin de Porres Shelter

9:00 AM School Mass

7:00 PM Parish Mass Collection for St. Martin de Porres Shelter

St. Joseph Parish has a long history of linking parishioners to acts of mercy in the community and across the world. Our parishioners are encouraged through our liturgies, school, faith formation classes and focused programs to take their faith to those on the margins of society. Not to convert but to follow the example of Christ.

In this spirit, we plan to direct our Ash Wednesday collection to benefit our St. Martin de Porres Shelter, a longtime Companion in Ministry of St. Joseph Parish and essential social ministry in our archdiocese. For decades, our parishioners have faithfully prepared and served Saturday meals to the men in the shelter--we can't begin to count the number of sandwiches or volunteers! Our parish winter shelter is an outgrowth of our St. Martin de Porres ministry. Recently, a volunteer shared "the food we make for the men at St. Martins is the single most important thing we do in any month." As with all of our social ministries, we receive much more than what we give...

St. Martin de Porres Shelter is a program of Catholic Community Services that provides safe and dignified night shelter for 212 homeless men each night. For more information about how you can join a St. Martin de Porres food team or volunteer for the winter shelter, please contact Deacon Steve at stevew@stjosephparish. org or 206.965.1646.



Dust and Ashes

Remember you are dust, and to dust you shall return.

-Formula for the Distribution of Ashes-

Imagine for a minute your body, broken down into its chemical constituents. There would be a good sized pile of oxygen (about 65%), carbon (about 18%), hydrogen (about 10%) and nitrogen (about 3%); then smaller piles of calcium (about 1.5%) and phosphorous (about 1%); and finally really small bits of potassium, sulfur, sodium, chlorine, magnesium, iron, and iodine. These chemicals, created in that moment when the universe was born, and resident, for billions of years, in the void of space and then in the rocks and oceans, in the swamps and soil of this earth; this stardust, captured and combined, broken-down and recombined, in a ceaseless

pattern of conservation and renewal; this smattering of molecules, which have resided on the earth since it was nothing but a molten ball, spun-off from a nearby star, have, in their chemical form, a current market value of about \$4.50.

Four dollars and fifty cents. And yet, from the combination of these chemicals comes the whole of human history: the Pyramids of Giza and the ovens

of Auschwitz, the dialogues of Plato and the limericks of Ogden Nash, the dome of St. Peter's and the security fence around the West Bank, the Confessions of St. Augustine and Bridget Jones' Diary, the genocide of Rwanda and the martyrdom of Oscar Romero. All that we have ever done or been, all that gives us pride or brings us to tears, all that makes us arrogant or fills us with envy emerges from these few chemicals, and returns to them in the inevitable cycle of time. Dust, blown across the stars, held by gravity in this small corner of space and time, becomes dust again in the ages and the eons that make up the universe. Four dollars and fifty cents worth of dust.

Yet, if the irresistible power of time grinds everything back to the chemicals from which we emerge, still, something is different. We—you and I, each one of us—remain irreducible, unconquerable by time or space, by death or the unyielding call of the grave and decay.

For beyond the \$4.50 worth of chemicals is something else at work, something that orders all creation and from the moment of the universe's birth—ex nihilo, or Big Bang—has spoken our name and called us into being; who holds us in being, as all things are held; and who, in the fullness of time, contained that infinite, ineffable reality into our own small chemistry, and became as we are, even to the point of physical annihilation.

The love of God transforms the dust we are, the dust we shall become, and charges it with the very fire of the divine passion. In the Incarnation of Jesus Christ, God seals forever the bond between our own little bunch of chemicals and the source of all being and order. And at the cross of Christ, God accepts the annihilation of these few elements in the flesh we share with our brother, Jesus—until they are fully restored in a nature beyond nature, in a promise beyond the power of cycling matter.

Death, the inevitable embrace of decay and reformulation, is overthrown by love; and the grave is emptied by grace.

This coming Wednesday, as we begin the journey of Lent, we will allow ourselves to be marked by the great symbol of our own mortality: ashes. In this mark, we are reminded that all the praise we receive, all the prizes we win, all the wealth we earn, and all the

receive, all the prizes we win, all the wealth we earn, and all the losses we cause or suffer end where all mortal things end: in ashes and dust. But, even in these ashes, we see the mark of the cross, reminding us that we are made for something more, that we infinitely and eternally valued, loved beyond the life into Life. Ashes are our nature, but resurrection is our destiny.

During this Lenten season, let us accept that we are ashes and dust, made transcendent by the sacrificial love and grace of Jesus Christ. Let us fast, to find freedom from the things that sometimes own us—whether alcohol or internet, caffeine or gossip. Let us give alms, that we might transcend our small selves and manifest the great love we have received. Let us pray, to prepare our hearts for the journey and to free our spirits for the communion that comes in the conquest of the grave. Let us invest our small gifts—the \$4.50 entrusted to us—in the infinite Love that heals, and hopes, and values us with sacrifice beyond all telling.





Lent at St. Joseph

Stations of the Cross

Fridays during Lent from 11:00 am to 11:30 am, in the church. *Begins Friday, March 7th*.

Keeping The Light On

Reconciliation will be offered Friday evenings from 6:00 pm to 7:00 pm in the church. **Begins Friday, March 7th.**

Novena of Grace 2014 There is Something Greater Here

Matt Barmore, Fr. Peter Ely, S.J. & Marilyn Nash, presenters

Wednesday, March 12 – Thursday, March 20, 2014 Weekdays: 12:30 pm at Seattle University Chapel of St. Ignatius and 7:00 pm at St. Joseph Church, Seattle

Saturday, March 15: 1:00 pm only at St. Joseph Church Sunday, March 16: 1:00 pm only at Chapel of St. Ignatius

Are you longing to find a meaningful connection to God in your busy schedule? Are you thirsting to hear spiritual wisdom relevant to your daily life? Are you uplifted by worshipping in community with others?

If so, enter more deeply into Lent this year by participating in the Novena of Grace, a meaningful nine-day "retreat in everyday life."

For more information, contact (206)329-4824 or visit www.ignatiancenter.org. Sponsored by the Ignatian Spirituality Center.

Rides Available

St. Joseph's will provide rides to the 12:30pm weekday service of the Novena of Grace at the Chapel of St. Ignatius (March 12-20th) The bus will leave St. Joseph's Parish Center at 12 Noon.

To reserve a seat on the bus please contact Renee at 324-2522 ext 100 or rleet@stjosephparish.org



Pray. Fast. Give. With Rice Bowl.

Today, we encourage you to take home a cardboard Rice Bowl and Lenten spiritual guide. Each year during Lent, our parishioners rely on the CRS Rice Bowl program as an inspiration for prayer, fasting, and giving, helping us to focus our resolve to follow Jesus' call to live in solidarity with the poorest and most vulnerable.

You may wish to look at these materials as a family—or in community—and invite each member to consider what he or she will give up for Lent. For instance, perhaps consider giving up your daily latte and placing \$4 in the Rice Bowl each day? Write each goal on the side of the Rice Bowl and place the Rice Bowl in a visible location in your home.

For a deeper exploration, you may wish to review the Lenten calendar for 2-minute reflections, stories of hope, and recipes for simple Friday meatless meals. For additional stories, activities, and videos, visit crsrice-bowl.org. You may even want to download the CRS App, available on Google Play or AppStore!

The Rice Bowl program begins on Ash Wednesday, March 5, 2014. Pick up your Rice Bowl in the vestibule or stop by the Parish Office. We will collect Rice Bowls on Holy Thursday, April 17th.

Know that 25% of contributions remain in this archdiocese for grants to organizations such as St. Martin de Porres, Sacred Heart Shelter, the Food Bank at St. Marys, and hundreds of other organizations. 75% of contributions help fund development projects in Africa, Asia, Eastern Europe, and Latin America to produce more food, increase income, and address poverty.

As a community, let's once again Consider these simple, yet powerful, ways to bring Lenten spirituality to life each day.



St. Joseph Community extends its prayers and hopes for the following intentions: For those who are considering an organ donation and for those awaiting an organ transplant . . . Grateful that father's hip surgery went well and he is progressing nicely . . . For Christi who has a torn



rotator cuff . . . For Karmen's upcoming surgery . . . For Lyle and for Barbara who are ill . . . For the people of Venezuela, Nigeria, Sudan, Ukraine and Syria, let wisdom be shown in handling turmoil . . . For Cindy's mother who has a heart ailment . . . For Cecilia's well being . . . Before Lent begins, let us think about that place where the hunger of our souls and the heart of God meet.

"Your ways, O Lord, make known to me; teach me your paths.

~Psalm 25:4

Rest in Peace

For Skip Nelson, husband of Rosemary, who passed away in February.

For Tom Connor, husband of Judith, who recently passed away. Memorial Mass, Thursday March 13th at 11:00 am with reception to follow in the Parish Center.

"Eternal rest grant unto them, O Lord, And let perpetual light shine upon them."

Online Lenten Resources

Here are some online prayer resources to help guide your Lenten journey.

http://onlineministries.creighton.edu/CollaborativeMinistry/Lent/

http://pray-as-you-go.org/prayer-resources/lent-retreat/

http://retreats.sacredspace.ie/

St. Joseph Parish Men's Ministry

Please join us for a Lenten Home Mass & Potluck Supper

Friday March 21st 6:00 pm – 8:30 pm At the Home of Rod Bench 1520 38th Ave. E 98112 206-329-5678

Our Presider will be Fr. Glen Butterworth SJ and our musician will be Rob Carroll,

Vegetarian lasagna provided. Everyone invited to bring a salad, bread, dessert and beverage of choice to share. Please RSVP with what you are bringing

For information, email or call Deacon Steve at 965-1646 or stevew@stjosephparish.org

Spread the Word
All are welcome at this table!



Sacred Silence

A time for silent prayer and peace

The Sacred Silence prayer group gathers on Monday nights at 7 pm in the Church for an hour of silent prayer. Newcomers always welcome. Open to all types of prayer practice. People

are encouraged to use whatever silent prayer practice works best for them whether it is centering prayer, Ignatian imagination or another prayer. Time is spent both sitting and walking in silence.

For information on Sacred Silence and silent prayer contact Jim Hoover at jhoover3law@questoffice.net or 206-286-0313.



Hospitality Team Needs Help

Our 2nd Sunday of the month hospitality team needs some additional members. Please consider joining this valuable ministry. The Sunday hospitality teams contribute immeasurably to make St. Joseph a welcoming and joyful place. Please contact Dottie Farewell at dfarewell@stjosephparish.org or 206-965-1652 to join this vital ministry.

St. Joseph Parish Center, Arrupe Room Any questions or if you can help, please call Carolyn

Any questions or if you can help, please call Carolyr (206) 324-3695.

Festive Feelings, Fabulous Food ALMOST BOOMERS MARDI

GRAS PARTY

Sunday, March 2, 5:00 pm - 8 pm

Volunteer Needed

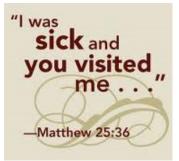
We need someone willing to work Monday mornings from about 9 to 11 am to sort and box the food donated to St. Francis house from the weekend masses. Please call or email Mary Ott if you are interested in helping, 206-324-7459 or ottjm4@gmail.com

Ministry Opportunities Abound!

Catholic Hospital Ministry at Harborview Medical Center

Volunteers are needed to bring Holy Communion and provide a presence to patients and their families at Harborview Hospital. Volunteers must complete all necessary paperwork, background checks, personal interviews and Orientation/Training sessions. Time expectation is once a week - 3-4 hour shift, plus bi-monthly check-in gatherings. There is lots of flexibility in regards to specific day/time. There will be a training session for new ministers, so please contact Steve if you would like to participate at 206-965-1646 or email at stevew@stjo-sephparish.org.

This is a vital & important Catholic Ministry that needs your support!



Agape 2014

We will have an Agape Summer Service 2014 information meeting for interested 5th thru 8th graders and parents on **Sunday, March 2 at 12:15 pm** in the Parish Center. Agape is a one week long service trip in Whatcom County and is run through Western Washington University. This year's trip will begin Sunday, August 3rd thru Friday afternoon, August 8th. We are always looking for adult chaperones! Please contact Dottie Farewell at dfarewell@stjosephparish.org

Immersions in Ignatian Prayer: Experience Ignatian prayer this Lent & Easter

Mar 11, Mar 25, Apr 8, Apr 22, 2014 6:30-8:45 pm | St. Joseph Church

March 11: Examen: Finding God in Your Life with Tim Malone - Located in the Brebeuf room

March 25: Igniting the Imagination in Prayer with Carla Orlando - Located in the Church

April 8: An Embodied Encounter with God: Applying all the Senses in Prayer with Joseph Carver, SJ - Located in the Church

April 22: Deepening Your Prayer: Following God's Love in your Life (incl. the Contemplatio) with Lisa Dennison - Located in the Arrupe room

Cost: \$90 for the series of 5 evenings; \$20 for each individual evening.

For more information, contact Andrea Fontana, Program Coordinator at (206) 329-4824 or andrea@ignatiancenter.org or visit www.ignatiancenter.org

Music Ministry Bulletin Columns - March 2, 2014

"The Singing Thing:" Weekly Reflections on Music at St. Joseph



"Grant to us, O Lord, a heart renewed; recreate in us your own Spirit Lord"

In just a couple of weeks we'll celebrate St. Patrick's Day. Since I've played music as part of an Irish band for about 25 years I'm always aware of when this day is approaching as weekends and evenings start to fill up with rehearsals!

It's often said that on St. Patrick's Day, everyone is Irish. Growing up in NYC and watching the St. Patrick's Day parade in Manhattan and the legions of green it sure seemed to be true! Next Wednesday is Ash Wednesday and it has often struck me that, on this day, everyone is Catholic...or at least is aware of Catholics in a unique way. I think it has something to do with the earthiness and

very powerful and tangible nature of the ashes themselves...marking all who wear them with a sign...a logo... I think a lot of people find this appealing.

As Catholics we know that this kicks off the season of Lent, a liturgical season chock full of symbols that invite us into a Lenten retreat. Into deeper reflection...prayer, fasting and giving of alms are the three traditional symbols...all as potential practices to assist and guide us on the road to ongoing transformation, hoping to become more and more Christ-like in our life. To become more and more the people we want to be. As a staff this year we have been reading "My Life With the Saints" a series of personal reflections by James Martin SJ about how many of the saints have become his companions along the road, serving as "prophetic witnesses" spurring us to live more fully as Christian disciples.

The readings of Lent also offer some of the most powerful, symbolic stories in all of scripture: The "Temptation of Jesus in the Desert", "The Transfiguration" and the three major gospels that have been used since ancient times to help the elect prepare for their full initiation into the church at the Easter Vigil: The "Woman at the Well", the "Man Born Blind" and the "Raising of Lazarus."

The Lenten environment brings the penitential color of purple into sanctuary and a general sparseness reminiscent of the simplicity and openness of the desert, the place where Jesus would often go to retreat and reflect.

Music during this season also abounds in rich symbolism. In keeping with the sparseness of the season much of the music is sung a cappella... literally "in the manner of the chapel"...that is unaccompanied voices...the purest music of all. There are also wonderful hymn texts that try, with a few lines of poetry, to help us meditate on the great gospel stories. Often these are newer hymn texts by living poets set to older tunes that help to connect the present with the past and draw upon our deep catholic memory of music we've been singing for our entire lives. Hymns such as Transfigure Us O, Lord written by Sylvia Dunstan (1955-1993) and set to the tune PICARDY is most often sung to the hymn "Let All Mortal Flesh Keep Silent." Though she wrote these words in 1993 the tune has been around for at least a couple of hundred years! "Transform us as you, transfigured, stood apart on Tabor's height. Lead us up our sacred mountains; search us with revealing light. Lift us from where we have fallen, full of questions, filled with fright. Transform us as you transfigured, once spoke with those holy ones. We, surrounded by the witness of those saints whose work is done, Live in this world as your Body, chosen daughters, chosen sons. Transform us as you transfigured, would not stay within a shrine. Keep us from our great temptation - time and truth we quickly bind. Lead us down those daily pathways, where our love in not confined."

Finally, on Ash Wednesday and throughout Lent we'll begin our communal prayer with the sung refrain: "Grant to us, O Lord, a heart renewed; recreate in us your own Spirit Lord." We could do worse than to carry this refrain as mantra with us throughout the season. Let us enter in to the Lenten retreat together!

The St. Joseph Choir rehearses Wednesday evenings from 7-9 and sings the 9 a.m. Sunday mass. It is open to high school and older. For more information or to schedule an audition contact Robert McCaffery-Lent: Rmclent@stjospephparish.org or 206-965-1649.



Seniors On the Go

• Friday, March 7 - Healing Mass at 11:30 am followed by Seniors Luncheon in the Parish Center.

Please join us for Stations of the Cross before the Anointing Mass begins at 11:00 am.



Rides Available To Novena Of Grace

St. Joseph's will provide rides to the 12:30pm Weekday Service of the Novena of Grace at the Chapel of St. Ignatius (March 12-20th) The bus will leave St. Joseph's Parish Center at 12 Noon.

To reserve a seat on the bus please contact Renee at 324-2522 ext 100 or rleet@stjosephparish.org

St. Joseph's Womens Ministry

St. Joseph's Women's Ministry Group invites you to join us for "Coffee Connect" Saturday March 15 from 10 am to 11am at Starbucks, 4000 E Madison. Contact Sheila Sifferman Marie for details, 206.251.7035.

All are welcome to join us!

Volunteers Needed For Seniors Resource Fair

Volunteers needed as greeters and serving refreshments 11am to 3pm in the Parish Social Hall. For information contact Deacon Steve at 965-1646 or stevew@stjosephparish.org

Girl Scout Cookies!!! During Coffee & Donuts

Support St. Joseph Girl Scout Troops and buy cookies for \$4.00 per box. Cookies will be sold after school in the prayer garden.

Stock up on cookies for lunches, snacks, or the Friday ski bus! You can also donate boxes to Operation Cookie Drop or Mary's Place, a local shelter for homeless women and children. Half of the proceeds from 5th grade sales will be going to Tree House, an organization that supports foster children.



Beginning Sunday, March 2 there will be Girl Scout troops selling cookies at coffee and donuts. This week is a 5th grade GS troop. The following weekend's are 4th grade troops.

Thank You!

We wanted to thank Cristina Murphy & Shannon Tobin for their part in helping with last weekend's Confirmation Mass & reception and to Brian Bridwell for photography.

JOIN US

RESOURCE FAIR FOR SENIORS St. Joseph's Parish Hall 732 18th Ave E. Seattle, WA 98112

Saturday, March 8th 11 am - 3 pm Free admission. Raffle Prizes. Free parking.

Meet Your Local Resources:

*Aegis on Madison *Hearing Speech & Deafness Center

*Senior Services *Alzheimer's Association *Meredith Mathews YMCA

*Fedelta Care Solutions *Seattle Parks & Rec. - Lifelong Recreation

*Infinity Rehabilitation *Pacific Medical Center *Jewish Family Service

*Benevia - Senior Transitions *Northwest Care Managers

*Fred Lind Manor *AARP - Fraud Protection *Allied Health Advocates

*Gentiva Home Health *Veteran's Assistance - Attorney, Nikki Leith

*SRES Realtor, Amy Greenberg *Alzheimer's Services Coalition

*Gaffney House *Choice Advisory Services *Dignity Memorial

Featuring presentations on downsizing, legal documents, and 10 signs of dementia. Call Joan for speaker schedule: 206-325-1600. Free blood pressure checks and health screenings by Pacific Medical. Proudly sponsored by:

Áegis Living on Madison

2200 E Madison Street Seattle, WA 98112 (206) 325-1600



Ad Majorem Dei Gloriam Concert Series

The Esoterics sets sail into its third decade, inspired by songs about the open water. Opening our twenty-first season is *OCEANA*: music of the oceans, lakes and seas. This concert will be the first in a series of three "choral ecologies" that feature music about three components of the Earth's biosphere: the ocean, the forest, and the atmosphere. In OCEANA, The Esoterics bring to the concert stage four modern works whose texts are narratives of our relationship with the most abundant natural resource on our planet.

Saturday, March 8th, 8 pm St. Joseph Catholic church

Tickets are available at the door or online at www. TheEsoterics.org

St. Joseph MOM'S Group

Growing Your Spiritual Garden Three Wednesday Mornings; March 26, April 9 and 16

9:30-11 am, coffee & check-in begins at 9 am St. Joseph Parish Center - Main Floor Childcare available (advanced notice required) Cost: \$25 or \$30 including childcare (scholarships available)

Come deepen your Lenten experience through this series using gardening as a metaphor for the unfolding of the Pascal Mystery.

Over the course of our 3 weeks together, we'll explore the steps of designing, building, and tending our uniquely personal spiritual gardens while being mindful of Christ's message of salvation. Our mornings will include prayers, quiet reflection and group sharing.

This series will be facilitated by Sue Grady, MDiv. Sue's recent graduation from Seattle University and focus on ministry and women's spirituality comes after her retirement from a lengthy career in the technology industry. She is a St. Joseph parishioner who enjoys facilitating retreats, scripture study, book clubs and serving as a spiritual director.

To reserve your place, please contact Lori Schwebel at laschwebel@aol.com or 206.948.7804.

Video: John Whitney, SJ at the Crossroads Lecture Series

On Feb. 3, as part of the Province's annual Crossroads lecture series, John Whitney, SJ, pastor of St. Joseph Church in Seattle and former Oregon provincial, presented "Thinking as the Church: Communion, Conversation and Community in the Age of Francis." He discussed how Pope Francis has invited the Church into a new era of dialogue and explored how to engage doctrine and the community, and what this might mean for building a new Church as it faces controversial questions about governance, authority and clericalism, as well as who is included and who has a voice in the Church.

http://www.nwjesuits.org/video-john-whitney-sj-at-the-crossroads-lecture-series/

Update on 2013 Annual Catholic Appeal Parish Rebate

St. Joseph Parish just received our parish rebate check from the Spring 2013 Annual Catholic Appeal. We can't thank you enough for your generosity! As promised, we will divide the rebate of \$7,580.22 (the amount collected above our ACA goal) as follows:

- Jesuit Refugee Services(JRS) for Syrian relief \$3790.11
- St Joseph Parish youth faith formation fund \$3790.11

The Annual Catholic Appeal is the Spring Archdiocesan campaign that asks every Catholic for general support of 60+ ministries and services throughout Western Washington. Each parish is assigned an Annual Catholic Appeal goal. Any money received and exceeding the parish assigned goal is returned back to the parish to use for a stated project or as needed.

Parish Stewardship giving is our Fall annual appeal for direct support of St. Joseph Parish and our many liturgical, faith formation, social outreach, and operational needs.



Saturday, March 15th
6:00 pm
St. Joseph Wyckoff Gym



Visit our website www.stjosephparish.org to purchase tickets. Make your reservations early – this event is always a sell-out!!