



ST. JOSEPH PARISH

THE JESUIT PARISH IN SEATTLE

Sunday, October 10, 2021 * The 28th Sunday in Ordinary Time * www.stjosephparish.org



28th SUNDAY IN ORDINARY TIME

They were exceedingly astonished and said among themselves, "Then who can be saved?" Jesus looked at them and said, "For human beings it is impossible, but not for God. All things are possible for God."

- Mk 10:26-27

The 28th Sunday in Ordinary Time
OCTOBER 10, 2021

Livestream Mass: 5pm Saturday
on our YouTube channel
(Available for viewing throughout the week)
9 AM Sunday
11 AM Sunday
5:30 PM Sunday

Weekday Mass Schedule
Tuesday - Friday, 7 am, YouTube

Readings for October 17, 2021
 FIRST READING: ISAIAH 53:10-11
 SECOND READING: HEBREWS 4:14-16
 GOSPEL: MARK 10:35-45
 PRESIDING: MICKE BAYARD S.J.
 PREACHING: THERESA LUKASIK

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St. Joseph School - Main Office

Patrick Fennessy, Head of School x210
 Mary Helen Bever, Primary School Dir x215
 Vince McGovern, Middle School Dir x219

Facing Homelessness Needs You!

In order to continue our partnership with Facing Homelessness, feeding hundreds of our houseless neighbors each week, we need your help! We're in need of folks to make sandwiches and drop off snacks at the church each weekend to deliver by Tuesday mornings. It's an easy and fulfilling way to show that we care about the community – and can be a lot of fun for kids, too!

We also need drivers to deliver the food to Facing Homelessness (located in the U District – only 10 minutes from St. Joe's) on October 26th & November 2nd. Can you help with this? All you need is a car and 30 minutes on a Tuesday, and it would mean the world to us!

Email markp@stjosephparish.org or Deacon Steve stevew@stjosephparish.org for more information or to volunteer.



Check out our new-look website and welcome video at www.stjosephparish.org

The Twenty Eighth Sunday in Ordinary Time

Presider

Matthew Pyrc, S.J.

Entrance Song

The Summons

Bell

1. Will you come and fol - low me if I but
2. Will you love the "you" you hide if I but
3. Lord, your sum - mons ech - oes true when you but
call your name? Will you go where you don't
call your name? Will you quell the fear in -
call my name. Let me turn and fol - low
know and nev - er be the same? Will you
side and nev - er be the same? Will you
you and nev - er be the same. In your
let my love be shown, will you let my
use the faith you've found to re - shape the
com - pa - ny I'll go where your love and
name be known, will you let my life be
world a - round, through my sight and touch and
foot - steps show. Thus I'll move and live and
grown in you and you in me?
sound in you and you in me?
grow in you and you in me.

Gloria

Glory to God in the highest and on earth peace
to people of good will.

1. We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

2. Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

First Reading

Wisdom 7:7-11

I prayed, and prudence was given me;
I pleaded, and the spirit of wisdom came to me.
I preferred her to scepter and throne,
and deemed riches nothing in comparison with her,
nor did I liken any priceless gem to her;
because all gold, in view of her, is a little sand,
and before her, silver is to be accounted mire.

Beyond health and comeliness I loved her,
and I chose to have her rather than the light,
because the splendor of her never yields to sleep.
Yet all good things together came to me in her company,
and countless riches at her hands.

Psalm

Psalm 90

Guimont



Fill us with your love, O Lord, and we will sing for joy!

Teach us to number our days, that we may gain wisdom of heart.
Turn back, O LORD! How long? Show pity to your servants.

At dawn, fill us with your merciful love; we shall exult and rejoice all our days.
Give us joy for the days of our affliction, for the years when we looked upon evil.

Let your deed be seen by your servants, and your glorious power by their children.
Let the favor of the Lord our God be upon us; give success to the work of our hands.
O give success to the work of our hands.

Second Reading

Hebrews 4:12-13

Brothers and sisters: Indeed the word of God is living and effective, sharper than any two-edged sword, penetrating even between soul and spirit, joints and marrow, and able to discern reflections and thoughts of the heart. No creature is concealed from him, but everything is naked and exposed to the eyes of him to whom we must render an account.

Gospel Acclamation

Alleluia

Alonso

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."

Gospel

Mark 10:17-30

As Jesus was setting out on a journey, a man ran up, knelt down before him, and asked him, "Good teacher, what must I do to inherit eternal life?" Jesus answered him, "Why do you call me good? No one is good but God alone. You know the commandments: *You shall not kill; you shall not commit adultery; you shall not steal; you shall not bear false witness; you shall not defraud; honor your father and your mother.*" He replied and said to him, "Teacher, all of these I have observed from my youth." Jesus, looking at him, loved him and said to him, "You are lacking in one thing. Go, sell what you have, and give to the poor and you will have treasure in heaven; then come, follow me." At that statement his face fell, and he went away sad, for he had many possessions.

Jesus looked around and said to his disciples, "How hard it is for those who have wealth to enter the kingdom of God!" The disciples were amazed at his words. So Jesus again said to them in reply, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to pass through the eye of a needle than for one who is rich to enter the kingdom of God." They were exceedingly astonished and said among themselves, "Then who can be saved?" Jesus looked at them and said, "For human beings it is impossible, but not for God. All things are possible for God." Peter began to say to him, "We have given up everything and followed you." Jesus said, "Amen, I say to you, there is no one who has given up house or brothers or sisters or mother or father or children or lands for my sake and for the sake of the gospel who will not receive a hundred times more now in this present age: houses and brothers and sisters and mothers and children and lands, with persecutions, and eternal life in the age to come."

Homily

Matthew Pyrc, S.J.

Creed

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us (men) and for our salvation he came down from heaven,
All bow.
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
All stand upright.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Offertory Song

Instrumental

Holy, Holy, Holy

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Mystery of Faith

We proclaim your death, O Lord,
and profess your resurrection, until you come again.

Great Amen

Amen

Lamb of God

Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace.

Communion

Lord, When You Came To the Seashore

Gabarain



Lord, when you came to the sea-shore you weren't seek-ing
Lord, you knew what my boat car-ried: nei-ther mon-ey
Lord, have you need of my la-bor? Hands for ser-vice,
Lord, send me where you would have me. to a vil-lage
the wise or the wealth-y But on-ly ask-ing that I might
nor wea-pons for fight-ing. But nets for fish-ing, my dai-ly
a heart made for lov-ing? My arms for lift-ing the poor and
or heart of the ci-tty. I will re-mem-ber that you are
fol-low. Se-nor, me-as mir-ra-do-a los o-la-bor.
bro-ken. with me.
jos. son-ri-en-do has di-cho mi nom-bre
En la a-re-na he de-ja-do mi bar-ca,
jun-to a ti bus-ca-re o tro-mar.

Recessional

(5,11,&5:30) Instrumental

(9) Choral: We Will Walk With God Swaziland Traditional

We will walk with God my brothers, we will walk with God.
We will walk with God my sisters, we will walk with God.
We will go rejoicing till the kingdom has come.
We will go rejoicing till the kingdom has come.

ST. JOSEPH SCHOOL & COMMUNITY



ST. JOSEPH SCHOOL Kindergarten Information Night

Wednesday, October 27, 7:00 p.m.
RSVP here: www.stjosephsea.org/infonight

St. Joseph School is the only Jesuit, Catholic K-8 school in Seattle that teaches students to be lifelong learners who are inspired to use their gifts to serve others and positively impact the world.

Now enrolling for 2022-23



PARISHIONER SCRIPTURE REFLECTIONS



Visit stjosephparishbiblestudy.wordpress.com to read weekly reflections from St. Joe's parishioners!

Jesuit Come and See Weekend - October 16-17, 2021

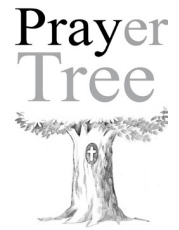
Come experience what life as a Jesuit is like in the Seattle area. Participants will have opportunities to meet and connect with Jesuits, listen to presentations about Jesuit works, and experience fellowship and prayer with Jesuits and other discerners. Learn more and register here: beajesuit.org/event/come-and-see-in-seattle-wa/

LITURGY & WORSHIP

Prayer Requests

Prayers for the health of Theresa Jarecki, Joyce Toce, Cassandra van Hurston, Paul Freiburger, Ellen Villegas, Patricia Thornton, and Peter Richards. For a Mom in hospice and a sister who recently suffered a stroke.

Prayers for those who followed Christ in this life and served Christ in others, especially Willie Reyes.

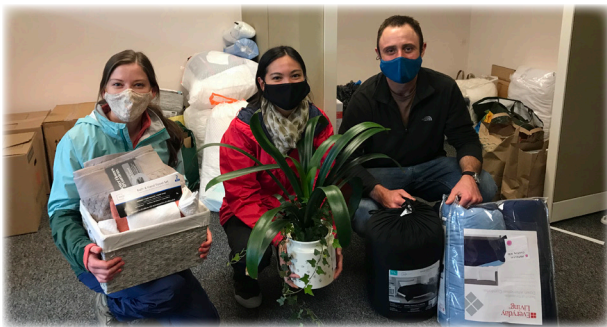


PARISH LIFE

Young Adult Community Events

Sun. 10/10, 6:30 PM - Speed Friending / Sun. 10/17, 6:30 PM - Third Sunday Social at Zeeks / YA Planning Meeting
Sun. 11/7 at 4:00-5:15 PM Email youngadultcommunity@stjosephparish.org for more information on any of these events.

“Stuff the Bus for CCS” - Thank You!



The Young Adult Community thanks everyone for their generous donations to our “Stuff the Bus” drive for previously-unhoused college students at the Catholic Community Services Greenwood housing complex. We were able to take three carloads of donations to CCS. Your donations of bedding, cooking and cleaning supplies, and other back-to-school essentials will make a huge difference in these students’ lives – thank you!

Ignatian Solidarity Network: A Parish Journey for Racial Justice

Wednesday, October 27, 2021 - 11am-12:30pm via Zoom

Join this session for a directed, interactive conversation attempting to break open Catholic Social Teaching on social sin. You’ll receive resources for your social justice ministry toolbox and fortify your confidence in talking about how social change for justice is a crucial part of God’s vision for a grace-filled world.

The conversation will be led by Ignatian Solidarity Network staff. Can’t make the live call? Register anyway to get the recording and resources afterward.



Register Here

<https://ignatiansolidarity.wufoo.com/forms/a-parish-journey-for-racial-justice-1027/>

PARISH LIFE

An Update from St. Vincent de Paul

2020 and 2021 have challenged us all. Paying rent and securing food have become problems for many beyond the poorest of our neighbors. This year the need has been so great that the members of St. Joseph Seattle St. Vincent de Paul Conference had to innovate our processes and become quick studies on government funding programs.

We continue our home visits, albeit virtually. We continue to educate neighbors on available programs and help guide them in the process to secure funding. We're working hard to ensure that each neighbor understands their legal rights throughout and beyond the rent moratorium, walking with each neighbor as best we can on their journey.

To date, nearly \$100,000 has been distributed to those in need in the immediate neighborhood of St. Joseph because of the generosity of the St. Joseph Parish members. And beyond Capitol Hill, we delivered a total of \$24,000 to three conferences identified as the most in need (St. Edward of South Seattle, Espiritu Santo of Kent, and St. Thomas of Tukwilla), providing an additional 75 families much needed help.



Thank you all for making this possible! Learn more about SVdP here: www.stjosephparish.org/146/st-vincent-de-paul.html

St. Joseph Parish Signs *Healthy Planet, Healthy People* Petition

With the unanimous recommendation of the Faith Justice Commission & the Pastoral and Mission Council, St. Joseph Parish has signed on to the [Healthy Planet, Healthy People](#) Petition, urging world leaders to act for the common good when setting climate goals during upcoming conferences.

At the UN Biodiversity Conference (COP15) in October, world leaders can set meaningful targets to protect creation, and in November, at the 26th UN Climate Change Conference (COP26), countries will announce their plans to meet the goals of the Paris agreement. The petition asks world leaders to follow the lead of Pope Francis in making climate change a priority and enacting meaningful change.

The Archdiocese of Seattle has also signed the petition. You can sign the petition as an individual at www.thecatholicpetition.org

Council Corner

Want to know what's happening with the Pastoral and Mission Council? Visit <https://www.stjosephparish.org/221/parish-councils.html> or email pmc@stjosephparish.org with comments or questions. Our next meeting will be on October 21st.



Scan this QR code to see the Council page on our website

FAITH JUSTICE

Climate Justice Committee-Join Us!

You're invited to join the St. Joe's Climate Justice Committee for our first meeting of the year on October 19th at 7pm, on Zoom. Building from parish "visioning" gatherings this past spring, chairperson Jennifer Paquette will share what she's learned from national and international groups about how we can implement Pope Francis' vision of care for creation in Laudato Si'.

This meeting will be a discussion of those plans and a call to action for individuals and the parish, including partnerships with international organizations and local actions to help St. Joe's become a green campus – be a part of the movement to advocate for climate justice! To register, click here or scan the QR code: <https://us02web.zoom.us/joining/register/tZEpfuusrz0tGNPM-1JDXC5T-yAPIXpZaimRD>



After registering, you will receive a confirmation email containing information about joining the meeting.

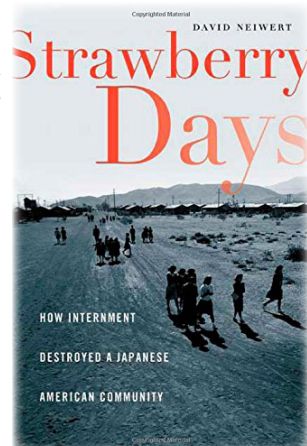
Email markp@stjosephparish.org with any questions

Racial Justice Book Group

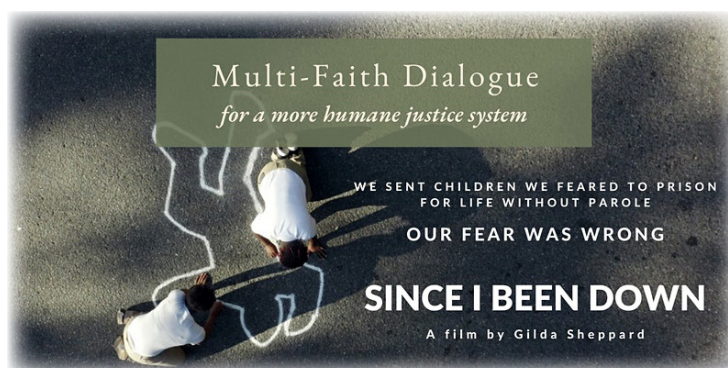
Please join us on Zoom at 7pm on Wednesday, October 13 for a discussion of **Strawberry Days: How Internment Destroyed a Japanese American Community** by David Neiwert. Contact racialjusticebookgroup@stjosephparish.org to request the Zoom link.

Strawberry Days is the story of the creation and destruction of a Japanese immigrant community in Bellevue, WA. Before WWII, many of Bellevue's farmers were recent Japanese immigrants who, despite being rejected by white society, were able to make a living cultivating the rich soil. Yet the lives they created for themselves through years of hard work vanished almost instantly after the bombing of Pearl Harbor.

Read about the history of this local community and the racist schemes that prevented the immigrants from reclaiming their land after the war, reminding us that bigotry's roots are deeply entwined in the very fiber of American society.



REGISTER
HERE



REGISTER
HERE

Film Screening & Discussion: October 16th - 19th, 24th

This event is sponsored by a multi-faith coalition, including St. Joe's! Join us for a transformative experience. Once you register, you will be sent a link to watch the film online. Then, we will come together on October 24th, 2021 for a conversation with multi-faith leaders to discuss SINCE I BEEN DOWN and identify ways to take action to transform our justice system. After a conversation with the featured panelists, attendees will come together for a call to action. We will leave with a better understanding of the criminal justice laws in Washington State and concrete ways we can all take action towards a system of transformative justice.

Watch SINCE I BEEN DOWN from October 16th and October 19th, 2021 to be ready for the conversation on October 24th, 2021!

FAITH JUSTICE

Becoming Anti-Racist

Scripture: 1 Corinthians 12:20, 26 – “As it is there are many members, yet one body. If one member suffers, all suffer together with it.”

Quote: “For Native Americans, Columbus Day has long been hurtful. It conjures the violent history of 500 years of colonial oppression at the hands of European explorers and those who settled here — a history whose ramifications and wounds still run deep today.” --Leila Fadel on NPR Morning Edition, October 14, 2019

Commemorating Indigenous People’s Day

On October 11, we will celebrate Indigenous People’s Day in honor of the Native Peoples who first inhabited and stewarded the land of the Americas, including the lands that later became the U.S. These First Peoples, still suffering the effects of colonization, genocide, and attempts at erasure, are still here, working to heal from generational trauma and showing resilience and vibrancy of culture.

To commemorate Indigenous People’s Day in alignment with Jesuit values we focus on four movements: listening to Native voices, educating ourselves, acknowledging and repenting of a devastating history, and taking action.

Listen to Native Voices

“Reconsider Columbus Day– A PSA-style video featuring multiple voices urging us all to abolish the holiday and use the day to learn Indigenous history. (2 minutes) - [Reconsider Columbus Day.](#)

“Resiliency in the Face of Colonization” – This short article by Derrick Belgarde from the Summer 2021 issue of “A Matter of Spirit” highlights Native Americans’ biggest strength: resiliency. [Resiliency in the Face of Colonization](#)

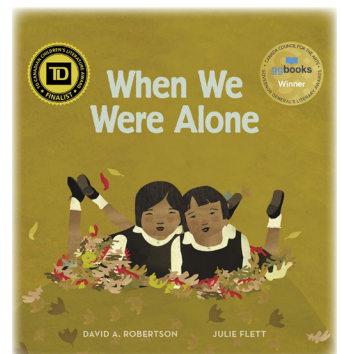
Educate Ourselves

“Unpacking Histories: Reflecting on the relations of Indigenous Peoples and Jesuits in what we currently call the US and Canada” – This series, sponsored by St. Ignatius Community in Baltimore, kicks off on Sept. 30, at 6:00am – 11:00am Pacific Time - [Unpacking Histories.](#) Register at: <https://bit.ly/UnpackingHistories>

Truth and Healing - Resources on Red Cloud Indian Boarding School’s history. [Truth and Healing Response.](#)

When We Were Alone - For Grades K-2. by David Alexander Robertson and Julie Flett (Illustrator)

When a young girl helps tend to her grandmother's garden, she begins to notice things that make her curious. Why does her grandmother have long braided hair and beautifully colored clothing? Why does she speak another language and spend so much time with her family? As she asks her grandmother about these things, she is told about life in a residential school a long time ago, where all of these things were taken away. When We Were Alone is a story about a difficult time in history and, ultimately, one of empowerment and strength.



BECOMING ANTI-RACIST

Acknowledge and repent of a devastating history



Is Healing Possible? Confronting Catholic Indian Boarding School History – This online presentation is sponsored by the Institute for Catholic Thought and Culture at Seattle University. The presenter is Maka Black Elk (Oglala Lakota), Executive Director for Truth and Healing at Red Cloud Indian School. Questions to ponder include: What must the Church do to reckon with this history? How can we imagine a Catholic faith that rejects the colonial project? October 12 at 4pm on Zoom. <https://www.seattleu.edu/ictc/events/ictc-events/>

U.S Catholic Bishops Pledge -This article describes the U.S. Bishops pledge to assist in the review of past Indigenous boarding schools made urgent by the finding of unmarked graves on the grounds of Indian schools in Canada. [Catholic Bishops Pledge.](#)

Jesuit Conference statement on indigenous boarding schools – Jesuit provincials of Canada and the U.S. express deep sorrow and commit to studying the history of Indigenous boarding schools. [Statement from the Jesuit Conference](#)

Take Action

Petition to replace Columbus Day with Indigenous People's Day. [Sign the petition.](#)

Advocate with our Washington U.S. Congressional leaders for the creation of a National Truth and Healing Commission on Indian boarding schools. - [2020 bill sponsored by Warren and Haaland](#)

LGBTQ: IT'S ALL ABOUT LOVE

Welcome back, and into a new season. Rain finally. Jackets and sweaters. Back to school for many. And some questions to consider:

What's it like for someone who spent the time away from school becoming comfortable with realizing they're gay, to come back into the classroom? Student or teacher?

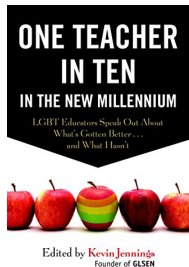
How about someone whose classmates last saw him as a boy, who returns to in person classes as the person she realizes she's meant to be? Dressing differently. Maybe a new name. Definitely new pronouns.

Our **Scripture** is from Paul's Letter to the Galatians 3:28- "There is neither Jew nor Gentile, nor is there male and female, for you are all one in Christ Jesus."

LGBTQ: IT'S ALL ABOUT LOVE

Telling Our Stories:

Kevin Jennings is an award winning teacher, social activist and author. He was born the youngest of 5 children in a poor Southern Baptist family. His father was an itinerant preacher. The world he grew up in was racist and homophobic. He had family members in the Ku Klux Klan. Jennings remembers being constantly taunted and bullied. He got excellent grades in high school but was beaten by classmates for what they saw as effeminate behavior. Jennings attempted suicide when he realized he was gay.



Jennings was able to graduate from high school after he and his mother moved to Hawaii. He was accepted into Harvard University, graduated *Magnum cum laude* in history and became a high school history teacher. In 1988 he started the nation's first gay-straight alliance in the high school where he was teaching. In 1990 he founded what became GLSEN [Gay, Lesbian and Straight Network] to address the problems of LGBT students. In 1992 Jennings was named one of 50 "Terrific Teachers Making a Difference". His book, *One Teacher in Ten*, was published in 1994 and reflected the time it was written.

Many contributors were closeted. Some used pseudonyms for themselves, their schools, and their communities for fear of repercussions. (I moved to Seattle in 1984. Teachers who marched in the first Gay Pride I attended here, wore paper bags over their heads for fear of being fired if they were identified.) A new edition, [One Teacher in Ten in the New Millennium](#), was published in 2015. In it, LGBT Educators speak out about what's gotten better and what's not.

Jody Sokolower wrote about her experience as a teacher in an article for the website ["Rethinking Schools"](#): "Are you married, Ms Sokolower?" One of Sokolower's students asked her that question one month into her first year of teaching 7th graders. Sokolower knew she didn't want to teach from the closet, but how best to handle this? She explained "I have been with the same partner for a very long time, but we can't get married because we're lesbians. My partner's name is Karen and we have a daughter. She's 9."

Immediately the questions and comments started. Sokolower told her students she wanted to answer their questions but, "right now we're working on Africa". She asked them to think about appropriate questions and she'd save time to discuss this the next day. "I'll bring in pictures of my family to show you." And so the ongoing conversation started.

Popular Culture:

LEGO news - In October LEGO has launched a set of the "Fab 5" loft from Netflix's *Queer Eye* minifigure versions of the cast. Don't know [Queer Eye](#)? You might want to check out the funny, sweet, compassionate show about people transforming lives.



Suggested Reading:

[A Queer History of the United States for Young People](#) by Michael Bronski. Clear, well-written and compassionate. Inspiration for adult and young LGBTQ folks, and the rest of us, too.

[Raised by Unicorns](#) edited by Frank Lowe. Stories from people with LGBTQ parents.

Thanks again for reading. Blessings always.
~Compiled by Chris Galloway

If you'd like to contribute your story to LGBTQ: It's All About Love, email lgbtqbuletin@stjosephparish.org. We're especially looking for stories about the holidays: coming home and coming out.



THE MAGIS FAMILY FORMATION PROJECT

GET REACQUAINTED – OCTOBER 2021

As we get back to school and recreational activities this Fall of 2021, it reminds us to reacquaint ourselves with our St. Joseph Parish, its history, our Catholic faith, and the current community. We ask our Jesuit ministers and Holy Names Sisters of Jesus and Mary to guide us in prayer and for the Holy Spirit to be with us each day.

Whether you pass through its doors every Sunday, or it's been a while due to Covid, we bet there are things you haven't noticed about our beautiful St. Joseph's church.

Did you know?

The church was designed to be made of marble and granite, like St. Patrick's Cathedral in NYC, but the Depression forced a change of plans and it was built with reinforced concrete.

The front copper doors of the church are adorned with fleur-de-lis (a symbol of the Blessed Virgin Mary) and stars that form the shape of crosses.

The ceiling is made of horse hair!

Relics of St. Francis Xavier, St. Ignatius, and St. Frances Cabrini are all buried under the altar.

Find out more about our church:

<https://www.stjosephparish.org/227/our-church.html>

The church is open throughout the week for you to stop in and take note of these marvels in person. Come light a candle and say a prayer or two. You can even bring a bag of non-perishable food to donate — just leave it in the kitchen, which is off the vestibule.

We thank all the priests and parish staff for the giving of their time and talents during this challenging year. We thank the teachers for providing our children with their love and for teaching and supporting them as they grow socially, emotionally, and academically.

And we thank the parents and caregivers for all that they do to keep the children of our parish healthy, safe, and happy.



Start your day off right...

When you wake up in the morning, before you eat your breakfast, or on your way to school, you can pray a morning offering to remind you to invite God into your day.

*Dear Jesus, I give you today, all that I think, and do,
and say. I'll work, I'll listen, I'll have fun and play.
Jesus, be with me, all through the day.*



And end it with the Examen...

1. Be still and take a deep breath. Imagine you are sitting with Jesus, and He is looking upon you with love.
2. Thank Jesus for the times in your day when you felt a spark of joy, when you witnessed the beauty of God's creation, or when you felt the support of a friend or family member.
3. You may have had parts of your day that were not as warm and welcoming. Were there times when you felt irritated or frustrated? Did you do or say something you regret? Know that Jesus understands, forgives, and wants to help you move forward.

Think of your day tomorrow and how you will approach it. Envision starting the day with gratitude for the chance to be alive. Imagine how you can radiate gentleness and kindness to those you meet throughout your day. With Jesus' help you can make it a reality!

Let us hear The Words of the Lord

October 3: Twenty-seventh Sunday in Ordinary Time

1 John 4: 12

"If we love one another, God remains in us and his love is brought to perfection in us."
God is love. And we see and feel His love when we show our love for another.

October 10: Twenty-eighth Sunday in Ordinary Time

Mark 10: 17-30

"All things are possible with God."

God can do more than we as mortals could ever even imagine. Thanks be to God.

October 17: Twenty-ninth Sunday in Ordinary Time

Mark 10: 35-45

"For the Son of Man did not come to be served but to serve and to give his life as a ransom for many."

Service is a gift of grace to others and yourself.

October 24: Thirtieth Sunday in Ordinary Time

Mark 10: 46-52

Jesus said to the blind man Bartimaeus, *"Go your way; your faith has saved you."*
Immediately he received his sight and followed him on the way.

Jesus shows us that with Faith, all things are possible.

October 31: Thirty-first Sunday in Ordinary Time

Mark 12: 28-34

"You shall love your neighbor as yourself. There is no other commandment greater than these."

Jesus gives us the greatest gift of all and that is love.

Guardian Angel Prayer

*Angel of God, my Guardian Dear,
To whom God's love commits me here;
Ever this day, be at my side
To light and guard
To rule and guide*



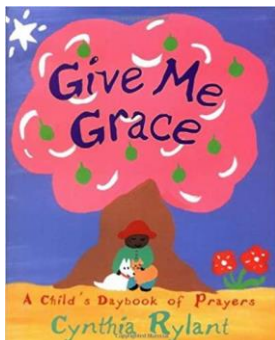
The Feast Day of Guardian Angels is October 2.

The role of the guardian angel is both to guide us to good thoughts, works and words, and to preserve us from evil. Since the 17th century the Church has celebrated a feast honoring them in October throughout the Universal Church.

Check out these books!

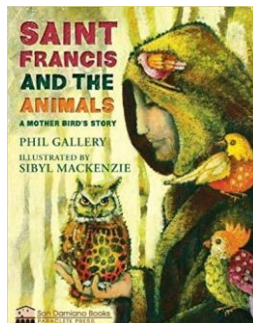
"Give Me Grace"

By Cynthia Rylant



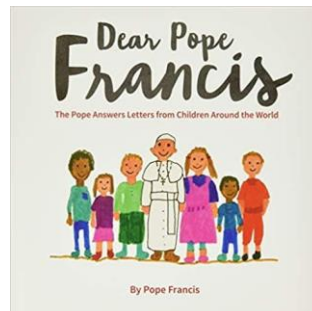
"St. Francis & the Animals"

by Phil Gallery



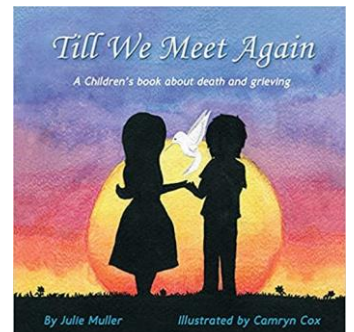
"Dear Pope Francis"

by Pope Francis



Till We Meet Again

By Julie Muller



Other October Feast Days



October 1 - St. Therese of Lisieux, of the Child Jesus, also known as the Little Flower, Patron Saint of Foreign Missions, florists, loss of parents. When in need you can pray to her: *"Little Flower, in this hour, show your power."*

October 4 - St. Francis of Assisi - Patron Saint of animals, natural environment, founder of the Franciscan Order and the Order of St. Clare. When Cardinal Jorge Mario Bergoglio was elected pope in 2013 he became Pope Francis in honor of St. Francis of Assisi.

October 6 - Blessed Mother Marie Duroucher, Foundress of the Sisters of the Holy Names of Jesus and Mary in 1844. (Beatified in 1982 by Pope John Paul II)

October 18 - St. Luke, author of the gospel according to Luke and the Acts of the Apostles.

October 28 - Saints. Simon and Jude, apostles of Jesus

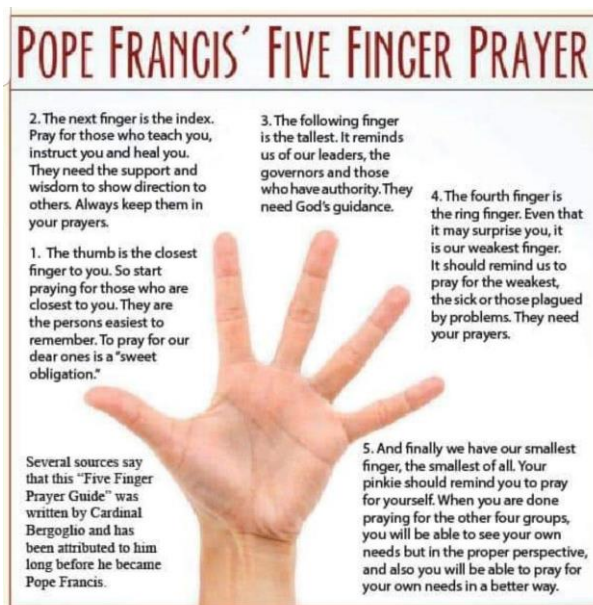
October 31 - All Saints' Day Eve or Day of the Dead/Dia de los Muertos



ACTIVITY and PRAYER in ONE

Trace your hand on a piece of paper and cut it out. On each finger, write the names of those you would like to pray for according to Pope Francis' guide:

- 1.) The thumb is the closest finger to you. On this finger, pray for those who are closest to you.
- 2.) The next finger is your pointer. Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others.
- 3.) The following finger is the tallest. It reminds us of our leaders, those who govern and those who have authority. They need God's guidance.
- 4.) The fourth finger is the ring finger. Even though it may surprise you, it is our weakest finger. It should remind us to pray for the weakest, the sick and poor among us.
- 5.) And finally, we have our pinkie, the smallest of all. Your pinkie should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to see your own needs but in the proper perspective, and also you will be able to pray for your own needs in a better way.



Source: <https://www.catholic.org/prayers/prayer.php?p=3396>

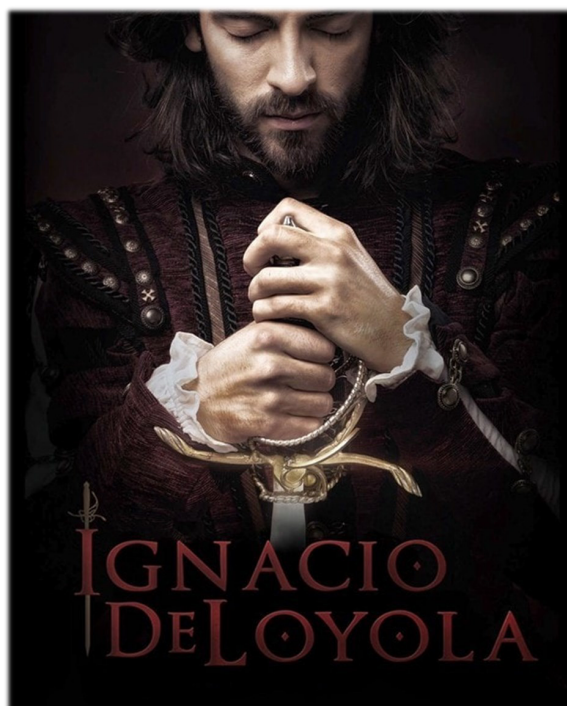


IGNATIAN YEAR
May 20, 2021 – July 31, 2022

IGNACIO DE LOYOLA MOVIE & DISCUSSION

October 21 | 6:30-9:00 PM | Parish Center

Discussion facilitated by Fr. Matthew Pyrc, S.J.



To celebrate the 500 year anniversary of the conversion of St. Ignatius of Loyola, St. Joseph Parish will be hosting Ignatian-themed Adult Faith Formation events this year. Our first event of the series will be a viewing of the movie, *Ignacio De Loyola: Soldier, Sinner, Saint*. Fr. Matthew will then lead us in a discussion on the life of St. Ignatius and the themes that arise in this movie. This is an in-person event, and masks will be required.

To sign up or for more information email or call Theresa @

theresal@stjosephparish.org or 206-965-1651

Immaculate Conception Parish &
St. Joseph Parish Present:

Mayoral Forum on

Issues Facing Seniors

with

BRUCE HARRELL

WEDNESDAY

OCTOBER 20th

6:30pm

Live via Zoom



**CLICK HERE OR
SCAN THE QR
CODE TO REGISTER**



ST. JOSEPH PARISH
THE JESUIT PARISH IN SEATTLE



Immaculate Conception Parish

Questions for the candidate? Email: SeniorForum2021@gmail.com

We are excited to collaborate with Immaculate Conception Parish to bring you this chance for civic engagement. Please note that this is NOT an endorsement, and the planning committee is committed to equity - we are currently working hard to schedule an identical forum with mayoral candidate and City Council President M. Lorena Gonzalez.

FILCOPA (Filipino Council for Pastoral Affairs)
in collaboration with
The Archdiocese of Seattle Multicultural Ministries
invites ALL to

A Day of Reflection
"Simbang Gabi" (Filipino Night Mass) Retreat



gifted to give
500 YEARS OF CHRISTIANITY IN THE PHILIPPINES

Mary,
In the Last 500 Years

A Reflection with

Reverend Alex Pablo

Parochial Vicar
St. James Cathedral, Seattle WA

9:00am: Eucharistic Celebration (Mass)
9:45am: Reflection with Rev. Alex Pablo
10:30am: Break
10:45am: Reflection with Rev. Alex Pablo
11:30am: Break
1140 am: Rosary (Multi-Cultural, Multi-Lingual)
12:00pm: Lunch (pre-plated, provided)

Saturday, 9:00am
October 23, 2021

St. Peter Catholic Church

2807 15th Ave S
Seattle, WA 98144
(206) 324-2290

**Please wear MASKS & observe
social distancing.**

Attendance is limited. Please register (free event)
and **RSVP** (for lunch) by **October 16, 2021**, at

**[https://www.signupgenius.com/go/10C0D4EA4A
F29ABF4C07-adayofl](https://www.signupgenius.com/go/10C0D4EA4AF29ABF4C07-adayofl)**

We welcome your free will offering.
Please make checks payable to FILCOPA.

For inquiries about this retreat only:
FILCOPARetreat@gmail.com