



Four Communities - One Parish Family

ST. JOSEPH & ST. THERESE



ST. JOSEPH
CATHOLIC CHURCH
THE JESUIT PARISH IN SEATTLE

Ignited by the Eucharist to Love and Serve

St. Joseph

732 18th Ave E, Seattle, WA 98112

www.stjosephparish.org (206) 324-2522

Office Hours: Mon-Fri 8:30am-4:30pm

Mass Times: Sunday 9am, 11am, 5:30pm

Livestream w/ASL 11am

Reconciliation: Tue. 5pm - 6pm & by Appointment

Weekday Mass Schedule: Tue-Fri, 7am



ST. THERESE
CATHOLIC CHURCH

*Worship With Joy, Work For Justice,
and Grow In God's Love*

St. Therese

3416 E Marion St, Seattle, WA 98122

www.st-therese.cc (206) 325-2711

Office Hours: Mon-Thur 9am-4pm

Mass Times: Sunday 9am and 11am

Livestream (9am) 2nd and 4th Sundays,
(11am) 1st and 3rd Sundays

Reconciliation: Tue. 5pm - 6pm at St. Joseph
& by Appointment

February 1, 2026

Fourth Sunday in Ordinary Time



James, Laura. *Sermon on the Mount*, from *Art in the Christian Tradition*, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57891> [retrieved January 22, 2026]. Original source: Laura James, <https://www.laurajamesart.com/collections/religious/>.

WELCOME TO ST. JOSEPH & ST. THERESE

We are delighted to welcome you to our church today. Whether it is your first time here or you have been coming for years, WELCOME!

Our communities are known for passionate social outreach, communal worship, lay leadership, faith formation, and commitment to working for justice. Whatever your interest, there is a place for you within our Parish Family.

Reach out and join in! www.st-therese.cc or www.stjosephparish.org

READINGS & PREACHING INFORMATION

Next Sunday - February 8, 2026

First Reading: Isaiah 58:7-10

SECOND READING: 1 CORINTHIANS 2:1-5

GOSPEL: MATTHEW 5:13-16

ST. JOSEPH

PRESIDING: PHIL BOROUGHS, SJ

PREACHING: DEACON STEVE WODZANOWSKI

ST. THERESE

PRESIDING & PREACHING: MIKE BAYARD, SJ

This Sunday - February 1, 2026

First Reading: Zephaniah 2:3; 3:12-13

SECOND READING: 1 CORINTHIANS 1:26-31

GOSPEL: MATTHEW 5:1-12A

CONTACT INFORMATION FOR PARISH FAMILY STAFF

Parish Family Pastoral Coordinator - Deacon Steve Wodzanowski - stevew@stjosephparish.org - 206-531-2261

Parish Family Priest - Rev. Mike Bayard, S.J. - frmike@stjosephparish.org - 206.324-2522

Parish Family Priest - Rev. Phil Boroughs, S.J. - frphil@stjosephparish.org - 206.324-2522

Parish Deacon - Deacon Greg McNabb - deaconmcnabb@gmail.com - 206-636-3493

Parish Family Director of Operations - Erin Smith - esmith@st-therese.cc, esmith@stjosephparish.org - 206-274-7630

Parish Family Director of Pastoral Ministries - Nicole St. Hilaire - nicoles@st-therese.cc - 206-720-7277

Parish Family Facilities Manager - Chris Rose - crose@stjosephparish.org - 206-809-8360

Parish Family Communication & Scheduling - Caprice Sauter - caprices@stjosephparish.org - 206-602-2627

St. Joseph - Faith Formation - Theresa Shepherd-Lukasik - theresal@stjosephparish.org - 206-508-3079

St. Joseph - Children's Faith Formation - Meredith Wright - meredithw@stjosephparish.org - 206-895-1041

St. Joseph - Pastoral Assistant for Music - Laura Ash - lash@stjosephparish.org - 206-529-4974

St. Joseph School - Head of School - Patrick Fennessy - pfennessy@stjosephsea.org - 206-324-2522 ext 218

St. Therese - Office Administrator - Catherine Pagès - cpages@st-therese.cc - 206-325-2711 ext 210

St. Therese - Pastoral Assistant for Music-Shades of Praise - Kent Stevenson - kentstevensoncasablanca@gmail.com

St. Therese - Director, Spirit Choir - Joseph Rojo - joseph.spiritchoir@gmail.com - 206-325-2711

St. Therese Catholic Academy - Principal - Malcolm X. Nelson - mnelson@stcaseattle.org - 206-995-8100

Bulletin Submissions - Please send your article or flyer to bulletin@stjosephparish.org ten (10) days before the Sunday you want it to appear (the Friday of the week before). If you have any questions, please don't hesitate to reach out to Caprice at caprices@stjosephparish.org

PARISH FAMILY SOCIAL MEDIA

Follow along with both St. Joseph and St. Therese on Facebook and Instagram!



St. Joseph - St. Joseph Parish, Seattle

St. Therese - St. Therese Parish of Seattle



St. Joseph - @stjosephparishseattle

St. Therese - @st.-therese-parish

THE WEEKLY WORD

A COLUMN WRITTEN BY A MEMBER OF OUR PARISH FAMILY

After Russia invaded Ukraine in 2022, Seattle Archbishop Paul Etienne became increasingly concerned about Putin's threats to use nuclear weapons. Given that the largest number of deployed U.S. nuclear weapons at the Trident submarine base are less than 20 miles across Puget Sound from Seattle, Archbishop Etienne began learning more about the nuclear peril. This included making his first trip to Hiroshima and Nagasaki in 2023. Because of my expertise in Catholic teaching on nuclear weapons, he invited me on this Pilgrimage of Peace. In meetings with Santa Fe Archbishop John Wester and their counterparts in Hiroshima and Nagasaki, the bishops created the Partnership for a World Without Nuclear Weapons. Pax Christi USA has joined the Partnership as an endorser. To mark the fifth anniversary of the coming into force of the Treaty on the Prohibition of Nuclear Weapons (TPNW) on January 22, the Partnership bishops issued the accompanying statement.



~Jim Thomas, Parishioner

Archdiocese of Santa Fe

Archdiocese of Seattle

Archdiocese of Nagasaki

Diocese of Hiroshima

サンタフェ大司教区

シアトル大司教区

長崎大司教区

広島教区

Partnership for a World without Nuclear Weapons

Statement on the Fifth Anniversary of the Treaty on the Prohibition of Nuclear Weapons

SEATTLE—Wednesday, January 21, 2026—The Partnership for a World without Nuclear Weapons released a statement in recognition of the fifth anniversary of the entry into force of the Treaty on the Prohibition of Nuclear Weapons: We hope for its further expansion through additional ratifications, now that a majority of the world's countries have signed the Treaty. In July 2017, the Vatican was the first nation-state to sign and ratify the Treaty as part of its “unwavering commitment to the total elimination of nuclear weapons.” We condemn the fact that the nuclear weapons powers have never honored their long-held obligations under the 1970 Non-Proliferation Treaty to enter serious negotiations leading to global nuclear disarmament.

In contrast, the Treaty on the Prohibition of Nuclear Weapons was a great step toward the light of peace. The nuclear-armed states have a moral obligation to hear the voices of the majority of the world, and to listen to those who face the threat of annihilation due to the reckless decisions of any one of their nine leaders. Russia's nuclear saber-rattling over Ukraine makes this clear, while ongoing crises in the Middle East further escalate the risks. Meanwhile, the nuclear weapons powers are engaged in massive “modernization” programs, designed to keep nuclear weapons forever. The international legal force of the nuclear weapons ban treaty is limited to those states that have formally ratified it. But its moral power does not recognize boundaries between nations, nor lines on a map. The moral power of this Treaty is global and universal. We hope and pray that it will exert moral pressure on the nuclear weapons states to finally honor their disarmament obligations under the Non-Proliferation Treaty.

On the fifth anniversary of the Treaty on the Prohibition of Nuclear Weapons, we specifically call upon world leaders to demonstrate measurable progress toward nuclear disarmament. Eight decades of nuclear threats are far too long, as evidenced by the horrors documented by the atomic bombing museums in Japan.

It is long past time for the nuclear weapons powers to begin to make tangible progress toward that end.

As our close colleague Robert McElroy, Cardinal of Washington, DC, declared last August in Hiroshima on the 80th anniversary of the atomic bombing: “We refuse to live in a world of nuclear proliferation and risk-taking. We will resist, we will organize, we will pray, we will not cease, until the world's nuclear arsenals have been destroyed.”

Most Reverend John C. Wester, Archbishop of Santa Fe, USA

Most Reverend Paul D. Etienne, Archbishop of Seattle, USA

Most Reverend Peter Michiaki Nakamura, Archbishop of Nagasaki, Japan

Most Reverend Alexis Mitsuru Shirahama, Bishop of Hiroshima, Japan

Most Reverend Joseph Mitsuaki Takami, Archbishop Emeritus of Nagasaki, Japan

The Partnership for a World without Nuclear Weapons comprises the dioceses of Santa Fe, NM; Seattle, WA; Hiroshima, Japan; Nagasaki, Japan; and others. For more information, visit pwnw.org/ewp/purpose

JOIN US IN PRAYING FOR VOCATIONS

Do you know someone (aged 16-35) who might be called to the priesthood or religious life? Our Lord often calls young people forth through family, friends, teachers, mentors, and parishioners. Like Philip inviting Nathanael to "come and see," prayerfully consider those you know who show signs of a call through their love of the Lord, our Church, and their heart of service.

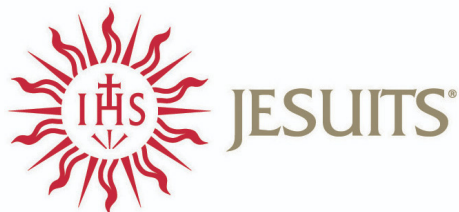


Archdiocese
of Seattle



Do you know someone who might be called to the priesthood or religious life?

To learn more about our Archdiocese Vocations, scan the QR.



We are the Society of Jesus

For the greater glory of God, we go where the Church needs us most.

We serve because Christ calls us to be his companions. Formed by the Spiritual Exercises of St. Ignatius of Loyola, we joyfully help souls and serve the Church.

For information on Jesuit Vocations, contact Fr. Matthew Pyrc, SJ UWEvocations3@jesuits.org
<https://beajesuit.org/>

Women Religious

Women religious are an integral part of the Archdiocese of Seattle. These orders work in many areas, including social justice, outreach, education, care for the poor and more. They live the evangelical councils of chastity, poverty and obedience as a sign of their radical availability and fruitfulness for God, the Church and the world.

For more information, visit <https://archseattle.org/living-catholic/god-is-calling-you-vocations/religious-life-women/>

Heavenly Father, we thank you for the gift of the priesthood and consecrated life, and for all those who dedicate themselves to serving your Church. Pour out your grace upon those you are calling, granting them hearts of generosity and faith to hear and respond to your invitation. We ask this through Christ our Lord. Amen.

PARISH FAMILY NEWS & EVENTS

STARTING OUR LENTEN JOURNEY

ASH WEDNESDAY

February 18th



ST. JOSEPH CHURCH

7 am Mass and Distribution of Ashes

12:15 pm Prayer Service and Distribution of Ashes

7 pm Mass and Distribution of Ashes

ST. THERESE CHURCH AND SOCIAL HALL

9 am School Mass and Distribution of Ashes

5 - 6 pm Potluck soup supper

Meat free dishes, please.

6:30 pm Prayer Service and Distribution of Ashes

Bring your old blessed palms to any Mass or service to be burned in the fire pit before the St. Therese evening prayer service.

LOVE for the EARTH FRIDAY FEB 13



Inviting musicians, artists, poets, comedians, bystanders and anyone else to

CELEBRATE the goodness of CREATION!

Our times have much to be concerned about, but it's important to focus on what is good.

All parish family members are welcome to join this gathering of LOVE for the EARTH.

Flow of the evening...

6:00 Meditation/prayer

6:30 Potluck (by 1st letter of last name...)

A-F: Salad G-S: Main Dish T-Z: Dessert

7:00 "Open mic Potluck" share poetry, stories, music, dreams, riddles, or visions of love and caring for creation

Arrive when you can...

St. Joseph Parish Center (Arrupe Room)

732 28th Ave. East

Seattle 98112

For more information or if you would like to help with the evening, write to: climatejustice@stjosephparish.org

St. Joseph Parish



Climate Justice Committee (CJC)

Seniors Ministry

Senior Mass & Luncheon - **Please join us on Friday, February 6 at 11:30am for Mass**, followed by a delicious luncheon! There is parking available in the lot. All four faith communities are welcome! Mass and lunch at St. Joseph - 732 18th Ave E, Seattle.

St. Therese Laudato Si Ministry

Care for Our Common Home Work Party
Saturday, February 21, 2026, 9:30 AM - 1:30 PM
Join us to spruce up the grounds!
Questions or to RSVP, jvrussell85@gmail.com
Repeats every third Saturday of the month

St. Joseph Prayer Shawl Group

We welcome prospective to experienced knitters and crocheters who wish to create prayer shawls for those in need of comfort and healing. Anyone interested in joining is welcome! We meet at 7:00pm, in the Mother Teresa room in Parish Center at St. Joseph. **Our next meeting is February 3rd!** If you have questions, please email us at prayershawl@stjosephparish.org



PREPARES Open Your Heart Appeal



PREPARES accompanies pregnant and parenting mothers and fathers who make the choice for life, providing support from pregnancy to the child's fifth birthday.

PREPARES
Pregnancy & Parenting Support
preparesforlife.org

Next Sunday, February 8th

Please support our special collection for this wonderful ministry!

The PREPARES (Pregnancy & Parenting Support) ministry is a nurturing, parish-based response to mothers and fathers who, regardless of religious belief, have chosen life: the promise of support and care from pregnancy to their child's fifth birthday. Your gift, no matter the amount, will have a real impact in fulfilling the promise to families in need to provide life-affirming, life-changing support.

 Send a comment
to your legislators

3 Opportunities for Citizen Advocates to Have an Impact in Washington State.

The Washington State Legislative session is short this year: Jan. 15-March 12.

So you must **move quickly** to voice your opinion on the three Washington House Bills (HB) being considered for the benefit of our environment this year.

HB 2170

would give Washington's Department of Natural Resources (DNR) a better way to protect older forests (such as legacy forest Doc Holliday)—while generating revenue from ecosystem services instead of destroying them. Washington State's **HB 2170** aims to create new ways for Washington to generate income and foster jobs through activities like carbon sequestration, forest health, and other ecosystem benefits.

To find out more about **HB2170** select: <https://app.leg.wa.gov/billssummary?BillNumber=2170&Year=2025> and select the "Send a Comment to Your Legislators" button to express your opinion.

HB1607

The **Bottle and Can Recycling Refund Act**, creates a producer responsibility program for beverage containers, adding a 10-cent deposit that consumers get back when returning bottles/cans to convenient drop-off spots, aiming to boost recycling rates, reduce litter, and get cleaner recyclables by shifting responsibility to producers and establishing a modern deposit-return system.

To find out more about **HB1607** select:

<https://app.leg.wa.gov/billssummary/?BillNumber=1607&Year=2025&Initiative=false> and select the "Send a Comment to Your Legislators" button to express your opinion.

HB2233

aims to strengthen restrictions on single-use plastic bags by banning all film plastic bags at retail checkouts and increasing the fee for paper bags to 20 cents, with enhanced standards for compliant paper bags and penalties for non-compliance, all to reduce environmental impact. It builds on existing bag laws by prohibiting film plastic bags (like those from grocery stores) and requiring compliant paper bags to meet recycled content and durability standards, while adding a 20-cent charge for them, with exemptions for certain assistance programs.

To find out more about **HB2233** select: <https://app.leg.wa.gov/billssummary?BillNumber=2233&Year=2025> and select the "Send a Comment to Your Legislators" button to express your opinion.

St. Joseph Parish



Climate Justice Committee (CJC)

Lent Retreat @ St. Therese



Speaker: Joe Martin

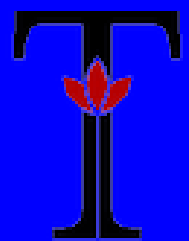
February 21, 2026 All are welcome.

9:30 AM Registration -Social Hall

10:00 AM Opening Prayer—Church

Retreat will end with lunch at noon.

Please email Marylou.colasurdo@gmail.com or
text: 206.387.5025 if you are staying for lunch.





**IGNATIAN FAMILY
TEACH-IN FOR
JUSTICE 2025**
NOV 15-17
WASH D.C.



Seattle Prep Students Pressing On for Justice

Learn about their experience at Ignatian Family Teach-In
Tuesday, February 10th | 7pm
St. Joe's Parish Center Arrupe Room

In November, nearly 2,000 High School and College Students from Jesuit Preps and Universities, including students from Seattle Prep, attended the Ignatian Family Teach-In for Justice in Washington, D.C.

Over the weekend, Prep Students networked with students from all over the US, participated in conference sessions on justice issues, learned about advocacy and community organizing, stood in solidarity at the US Capitol, and met with their legislators to share their concerns.

(Prep students met with staffers from Congresswoman Pramila Jayapal, Congressman Adam Smith, Senator Patty Murray, and Senator Maria Cantwell.)

Now back home, Prep students will share their experiences with the Jesuit Works in Seattle, their school community, their parents, and parishioners from the St. Joe's/St. Therese Parish Family. Join us for this special event!

Email vherberholt3@comcast.net Or smiller@seaprep.org for more information.





St. Joseph & St. Therese Pax Christi Chapter
Presents

Braver Angels Workshop
Skills for Disagreeing Better

Date - Saturday, February 28th

Time - 9:00 am– coffee and social

Program 9:30 am - noon

Location - (In Person) St. Joseph Parish Center, Arrupe Room

Cost – Free (Donations welcome)

Learn essential skills for communicating across differences and finding common ground. Useful in families, at work, at school, in politics, and in ministry.

- Grow understanding of the values and concerns of people who differ from you
- Learn skills for listening in a way the other person feels heard
- Learn skills for sharing viewpoints in a way the other person might hear even if they disagree

 **Braver Angels** - <https://braverangels.org/our-mission>
FOR MORE INFORMATION OR TO REGISTER - Or contact
paxchristi@stjosephparish.org

<https://www.eventbrite.com/e/1979665085562?discount=BRAVER&aff=oddtcreator>



OUR PARISH FAMILY SCHOOLS



ST. JOSEPH SCHOOL
LEARN MORE
TODAY!

Schedule a tour, attend an information night, begin an application and more!

Kindergarten - 8th grade & Early Learning Center, serving infants 3 months-5 years old.

www.stjosephsea.org/admissions



ST. JOSEPH SCHOOL
Seattle's Jesuit Parish School



COME

Together for *St. Therese Catholic Academy*

April 25, 2026