“Go into the whole world and proclaim the gospel to every creature.”
A Mother’s Spirit

St. Bonaventure said that after the long fast of our Lord in the desert, when the angels came to minister to him, they went first to the Blessed Mother to see what she had on her stove, and got the soup she had prepared and transported it to our Lord, who relished it the more because his mother had prepared it.

Of course.

-Dorothy Day-

An ounce of mother is worth a pound of clergy.

-Rudyard Kipling-

This last week was the ten-year anniversary of my mother’s death. And, as Mother’s Day approaches, and I get ready to go to California to see my niece—her granddaughter—marry, she has been much on my mind.

My mother was born in 1925, on the edge of the Great Depression, and she grew up believing she was in one of those wonderful 1930’s musicals—the black-and-white ones, where Fred Astaire is misunderstood by Ginger Rogers and then wins her back with a beautiful song and amazing graceful dance. (And if you have never seen one of these movies, and only watched dancing on Dancing With the Stars, go to Netflix and look for Top Hat or Swing Time immediately.) She adored—and was adored—by her father; she was admired and loved by her mother; she was best friends with her oldest sister; and she rejoiced whenever she would get to hang out with her noisy and beloved brother. And, a little while after graduating from college, she met and married the love of her life, who led her to say about every other boyfriend she had ever had, “He was okay, but he was no Bill Whitney.” All of these things combined in my mother to make her strong and joyful—and perhaps just a little spoiled and a whole lot stubborn.

But the stubbornness did not save her from suffering. And in the middle of her life—like in the middle of one of those movies—she was tested by adversity, and through it, grew into a woman of great courage and great heart. With five children as willful as herself—the apple did not fall far from that tree—and with one daughter whose illness led her into some of the deepest wells of sadness and loss, the roots of love that she had received became revealed in her, and she found a strength previously unimagined. She saw people she adored pass away—most painfully her beloved sister, Barbara, and her great love, my father—and, as she aged, she felt herself less able to help those to whom she had given her heart. In her last years, as she became more infirm—a condition she never particularly accepted—a condition she never particularly accepted—my mother saw all her abilities to control and to do for others slip gradually away, and it pained her and challenged her a great deal. Almost every night, after saying her prayers and climbing into bed, she would spend time weeping for the pain that my sister, Elizabeth, was suffering, or for the struggles of one of her other children. To the day she died, she wanted to make things right for others, to bring the movie to a happy conclusion.
I have come to believe that much of our life is about loss—about giving up things that we think we have and do seem to possess; but only in a way and only for a time. In time, it is all taken from us: our youth, our possessions, our beloved ones: they all pass away. Children grow up, parents die, our bodies give out, even our Church can seem to become alien to us; and what we think we have earned can disappear in a moment. It is the law of life, that all things rise and fade, that what is given with one hand is taken away with the other. And because of that, it can be easy to despair, and to cling to what we wish we could keep.

But Jesus teaches us a different way—not a denial of loss, but a rebellion against its power. Not a fearful clinging to what we cannot hold, but a gracious giving of what we won’t let hold us. In the Paschal Mystery, Jesus lets go of everything, and so makes room for us to draw closer to him. In the Eucharist, he gives us a Sacrament that overcomes despair by embracing gift; that defeats the natural law of decline and death, of suffering and loss by beating it to the punch with love and sacrifice. Nothing is taken from Jesus, because nothing is held back by him. He gives himself in love; he gives himself in blessing; he gives himself to those for whom he cares, asking only that they receive and remember. And later, on that mountain of the Ascension, he gives them the final gift: passing on to his followers the opportunity to be what he has been, sending them to be blessings on the world. With a mother’s love, Jesus does not solve all the problems of his followers, but instead gives them his Spirit, and empowers them for life as spiritual adults.

My mother understood the self-emptying involved—or, at least, came to understand it more and more throughout her life. For love, she gave up her own family to follow my father to the wilds of eastern Washington and eventually to California. For love, she gave up her independence to raise five children with humor and passion, spilling her heart on us and teaching us to spill our hearts, as well. She sacrificed the joy of her youth for the sake of the Gospel, though she thought she was just doing what she had promised to do. And though it was a great suffering for her, she gave up my father, as well, when he died; staying alive and active for love of her children and her grandchildren—for the work she had left to do in her life. I remember how hard this was for her, what a sacrifice it was to live on; but if those tears came every night for 20 years, still every morning she got up and prayed and laughed (and called me on the phone to tell me what I should be doing). In other words, she did what mothers do.

In the decade since my mother’s death, I have come to recognize that even her passing was a grace to me and to my siblings, since it called us to become, for others, the gift we had received from her. And as I think of standing near my niece and her beloved, as she gives herself away in love, I know that my mother will be there, too: in the joyful, stubborn, loving heart of my niece, in the goofy humor of my brother, in the joy and worries of me and all my siblings. For, in the end, mothering, it seems to me, is much more about passing on the Spirit of love then it is about giving birth—for the latter is just biology, but the former is incarnation: the Word of God made flesh in our midst.

I have no doubt that I was lucky to have Kathryn Moriarty Whitney as my mother. Though she could be crazy-making, she passed to her children a powerful Spirit, along with her DNA, and I feel blessed each time I see its marks. For it was not so much genetics that blessed me and my siblings, as it was her intentional gift of herself. Today, indeed, there are many for whom their biological mother was not the one who gave them this gift—and that is a sorrow, but not a tragedy, unless there is no one to give that love at all. This Mother’s Day, let us celebrate those women whose Spirit and grace has been passed on to us, who have taught us to love through their own sacrificial giving. Let us celebrate those who have nourished our hearts, sometimes by allowing their own to be broken. Let us recognize that even those who have “ascended” from this world, still leave their Spirit for us to hold and to share. Let us put aside prejudices about single families or blended families, same-sex parents or adoptive parents, and let us simply rejoice in all those mothers who have loved us—and have loved those we love; all those who bear life into the world in imitation of the One God, from whose womb all mothering grace is born.
THE ASCENSION OF THE LORD
Please take a moment to silence your cell phones.

Entrance Songs
(5&11) Hail the Day That Sees Him Rise Llanfair/Wesley

1. Hail the day that sees him rise, Alleluia!
2. There for him the triumph waits; Alleluia!
3. Still, for us he intercedes, Alleluia!
4. There we shall with him remain, Alleluia!

To his throne above the skies; Alleluia!
Lift your heads, eternal gates; Alleluia!
His prevailing death he pleads; Alleluia!
Partners of his endless reign; Alleluia!

Christ, awhile to mortals given, Alleluia!
He has conquered death and sin; Alleluia!
Near himself prepares our place, Alleluia!
There his face unclouded see, Alleluia!

Reascends his native heav'n, Alleluia!
Take the King of glory in! Alleluia!
He, the first fruits of our race, Alleluia!
Live with him eternally. Alleluia!

(9) I Will Sing, I Will Sing

1. I will sing, I will sing a song unto the Lord. I will
2. We will come, we will come as one before the Lord. We will
3. In his name, in his name we have the victory. In his

sing, I will sing a song unto the Lord. I will sing, I will sing a song come, we will come as one before the Lord. We will come, we will come as one name, in his name we have the victory. In his name, in his name we have

alleluia, alleluia, glory to the Lord.
alleluia, alleluia, glory to the Lord.
alleluia, alleluia, glory to the Lord.
alleluia, alleluia, glory to the Lord.

Refrain

alleluia, alleluia, glory to the Lord. alleluia, alleluia, glory to the Lord.
alleluia, alleluia, glory to the Lord. alleluia, alleluia, glory to the Lord.
First Reading

In the first book, Theophilus, I dealt with all that Jesus did and taught until the day he was taken up, after giving instructions through the Holy Spirit to the apostles whom he had chosen. He presented himself alive to them by many proofs after he had suffered, appearing to them during forty days and speaking about the kingdom of God. While meeting with them, he enjoined them not to depart from Jerusalem, but to wait for “the promise of the Father about which you have heard me speak; for John baptized with water, but in a few days you will be baptized with the Holy Spirit.”

When they had gathered together they asked him, “Lord, are you at this time going to restore the kingdom to Israel?” He answered them, “It is not for you to know the times or seasons that the Father has established by his own authority. But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth.” When he had said this, as they were looking on, he was lifted up, and a cloud took him from their sight. While they were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. They said, “Men of Galilee, why are you standing there looking at the sky? This Jesus who has been taken up from you into heaven will return in the same way as you have seen him going into heaven.”

Responsorial Psalm

Sing praise to our king, sing praise: for God is king of all the earth.

All peoples clap your hands. Cry to God with shouts of joy!
For the Lord, the Most High, is awesome, the great king over all the earth.

God goes up with shouts of joy, the Lord goes up with trumpet blast.
Sing praise for God, sing praise! Sing praise to our king, sing praise!

God is king of all the earth, sing praise with all your skill.
God reigns over the nations, God sits upon his holy throne.
Second Reading

Brothers and sisters: May the God of our Lord Jesus Christ, the Father of glory, give you a Spirit of wisdom and revelation resulting in knowledge of him. May the eyes of your hearts be enlightened, that you may know what is the hope that belongs to his call, what are the riches of glory in his inheritance among the holy ones, and what is the surpassing greatness of his power for us who believe, in accord with the exercise of his great might, which he worked in Christ, raising him from the dead and seating him at his right hand in the heavens, far above every principality, authority, power, and dominion, and every name that is named not only in this age but also in the one to come. And he put all things beneath his feet and gave him as head over all things to the church, which is his body, the fullness of the one who fills all things in every way.

Gospel Acclamation

Gospel

Jesus said to his disciples: “Go into the whole world and proclaim the gospel to every creature. Whoever believes and is baptized will be saved; whoever does not believe will be condemned. These signs will accompany those who believe: in my name they will drive out demons, they will speak new languages. They will pick up serpents with their hands, and if they drink any deadly thing, it will not harm them. They will lay hands on the sick, and they will recover.”

So then the Lord Jesus, after he spoke to them, was taken up into heaven and took his seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs.

Reflection

Tricia Scott
Offertory Songs

(5,11 & 5:30) Christ Has No Body Now But Yours

Christ has no body now but yours,
no hands but yours._
Here on this earth yours is the work,
to serve with the joy of compassion._

(9) Halleluyah, We Sing Your Praises

Hallelu-ya! We sing your prais-es,
all our hearts are filled with glad-

ness. Hallelu-ya! We sing your prais-es,
all our hearts are filled with glad-

1. Christ the Lord to us said: I am wine, I am bread, I am
2. Now he sends us all out, strong in faith, free of doubt, strong in
wine, I am bread, give to all who thirst and hun-

ger.
faith, free of doubt, to proclaim the joy-

ful Gospel.

Holy, Holy, Holy

Holly, Holly, Holly

Lord God of hosts. Heaven and earth are full of your
glo-ry. Hos-an-na in the high-
est. Bless-ed is he who
comes in the name of the Lord. Hos-
san-

na, ho-
san-

na in the high-
est.
Mystery of Faith

Great Amen

Lamb of God

All Are Invited To Come Forward

During communion, we invite all to come forward. If you do not ordinarily receive Eucharist, or choose not to, come for a blessing, indicating your desire by putting your hand on your heart.

If you have a gluten allergy, & need a gluten free host, please come to the presider & indicate this.

Communion Songs

(5,11&5:30) Psalm 117
They'll Know We Are Christians

1. We are one in the Spirit, we are
2. We will walk with each other, we will
3. We will work with each other, we will
4. All praise to the Father, from

one in the Lord, We are one in the
walk hand in hand, We will walk with each
work side by side, We will work with each
whom all things come, And all praise to Christ

Spir-it, we are one in the Lord, And we
other, we will walk hand in hand, And to-
other, we will work side by side, And we'll
Jesus, his only Son, And all

pray that all unity may one day be re-
gather we'll spread the news that God is in our
guard human's dignity and save human's
praise to the Spirit, who makes us

stored:
land:
pride:

And they'll know we are Christians by our

love, by our love, Yes, they'll know we are

Christi-ans by our love.
Oh happy day (oh happy day)
Oh happy day (oh happy day)

When Jesus washed (when Jesus washed)
When Jesus washed (when Jesus washed)
When Jesus washed (when Jesus washed)
He washed my sins away (oh happy day)

He taught me how to watch, fight and pray, fight and pray
And live rejoicing every, everyday.
(9) I Will Sing

Recessional

This Week At St. Joseph

Sunday
9:00 AM  Mass
10:00 AM  Coffee & Donuts - Join us!
11:00 AM  Mass
5:30 PM  Mass

Monday
7:00 AM  Mass
7:00 PM  Sacred Silence Prayer Group
7:00 PM  Rosary Prayer Group

Tuesday
7:00 AM  Mass
7:00 PM  Yoga

Wednesday
7:00 AM  Mass

Thursday
7:00 AM  Mass

Friday
7:00 AM  Mass

Saturday
3:30 PM  Reconciliation
5:00 PM  Mass

(5:30) Send Me Jesus

South African

1. Thu - ma mi - na, Thu - ma mi - na So - man - dla.
2. Send me, Je - sus, send me, Je - sus, send me, Je - sus, send me, Lord.
3. Lead me, Je - sus, lead me, Je - sus, lead me, Je - sus, lead me, Lord.
**Parish Life**

**Seniors On The Go**

**Thursday, May 17th** - Join us for a visit to the new Nordic Heritage Museum in Ballard, followed by lunch at the Lockspot Café and weather permitting a walk thru the Locks. 10am – 4:00 pm.  Cost $12 Museum admission plus lunch. Reserve your seat on the bus by calling Renee at 206-324-2522 or rleet@stjosephparish.org

**Friday, June 1st** - Anointing Mass at 11:30 am in the church. Followed by our celebratory BBQ with Deacon Steve. You will not want to miss this delicious luncheon!

**SAVE THE DATE: May 27th, 2018**

Meet our Contractors, immediately after the 11am Mass.

Adatto Construction will be on hand to discuss details of our project, introduce themselves, and answer your questions. We encourage you to stop by and get to know the good people who are working hard to restore our sacred space.  No RSVP necessary.

**Young Adults**

**Please join us for our Quarterly Planning Meeting**

Tuesday, May 15th, 7-8:30 pm in the Parish Center.

Our goal is to plan out events for the next three months (June-July-August). Bring your ideas and feel free to invite a friend. Snacks will be provided. For more details contact Deacon at 206-965-1646 or ste-vew@stjosephparish.org

**Lost and Found**

“Confidence in God” prayer book. Call Renee at 206 324-2522 ext. 100.

**Online Bible Study**

Did you know that St. Joseph has an Online Bible Study with reflections written by parishioners? If you don’t already follow us, sign up. This is a perfect opportunity to make a little space in your busy week to read and pray with the scriptures for the upcoming Sunday. Join our online community and allow your fellow parishioners to deepen your prayer life through their reflections. https://stjosephparishbiblestudy.wordpress.com

*If you are interested in being one of our writers please email theresaL@stjosephparish.org*

**WELCOME!**

**New? Visiting? Interested?** Are you visiting for the first time? Interested in knowing more about the ministries and activities at St. Joseph Parish? Please join our weekly e-news blast at www.stjosephparish.org and click on the “Sign up for our eNewsletter” link in the upper right corner of the homepage. Thank you!

**Register!** Are you a Catholic attending Mass at St. Joseph Parish, yet haven’t officially registered? Join us!

**Why register?** St. Joseph Church is a vibrant parish offering many avenues for ministry, connecting with other parishioners and spiritual development. We’d love to get to know you, connect with you, and inform you of our various activities, groups and events going on at the church. Please pick up a registration form in the back of the church or go online to register at www.stjosephparish.org and click on the “Join Our Parish” link.

**FOLLOW ST. JOSEPH ON FACEBOOK**

Did you know that St. Joseph has a Facebook page? Check out our posted pics and inspirational shares on our Jesuit identity. Additionally, information about events at the parish are updated regularly. And while you’re at it, please “like” us.

Check us out at: www.facebook.com/stjosephseattle
Easter Lay Reflections
If you have missed any of the wonderful reflections we have heard this Easter season, they are posted online, on the front page of our website. www.stjosephparish.org

Come Pray With Us!
Monday Night Prayer Groups
Join us in prayer on **Monday, May 14th at 7 pm.** There are two prayer groups meeting. Join our Sacred Silence prayer group in the Parish Center Jogues room or come pray the Rosary in the Parish Center Chapel.

The Sacred Silence prayer group will gather in the church for an hour of silent prayer. For information, contact Jim Hoover at sacredsilence@stjosephparish.org or 206-286-0313.

Praying the Rosary can help us face the often harsh realities of life with hope and grace. People will help guide those who are just learning.

Children’s Choir
A big thank you to the Joyful Voices children’s choir for blessing our Mother’s Day Mass with their beautiful voices. Thank you to Matt & Jennifer Tilghman-Havens for their inspired leadership!

Come Celebrate A New Feast of Mary

Pope Francis has declared a new feast: Mary, Mother of the Church, to be celebrated on the Monday after Pentecost. (21 May).

Join Fr. John and the St. Joseph Holy Rosary Group in celebrating this feast with a rosary, followed by refreshments, in the church.

7:00 pm, 21 May.
(Rosaries and books provided for newcomers.)
Mental Health Awareness Month
MAY - Mental Health Awareness Month...Did You Know?

- Many people believe that mental illness is a moral or spiritual failure, even caused by demonic possession. It has only been in the last 40 years that medical science has identified serious mental illness as a biochemical brain disorder.

- One in four persons sitting in our pews has a family member struggling with mental health issues

- Serious depression affects 1 in 50 children. Only 1/3 receives treatment.

- One in 17 Americans lives with a serious mental illness such as schizophrenia, major depression or bipolar disorder.

- Illnesses of the brain affect all of us, regardless of age, gender, economic status or ethnicity.

Some resources: MentalHealthMinistries.net nami.org/namifaitnthnet www.ncpd.org/mental-illness (National Catholic Partnership on Disability)

JV Encorps

Intentional Service and Welcoming Spiritual Community. Jesuit Volunteer EnCorps (JV EnCorps) is now accepting applications for 2018-19! JV EnCorps, a program of JVC Northwest, facilitates transformative opportunities for service, community and spiritual formation for adults 50 and older who are committed to social and ecological justice. During their ten months of part-time volunteer service, participants meet regularly in community to deepen their spirituality and explore the values of community, simple living and social & ecological justice. Priority application deadline: August 15th. For more information: JVESeattle@jvcnorthwest.org or www.jvencorps.org.

Books Needed

Hello all, I am a Jesuit Volunteer at the Wintonia, a permanent supportive housing for individuals coming out of homelessness. We serve 92 adult men and women, many of whom are avid readers! Unfortunately our bookshelves are old, most of the copies having been read by our residents countless times. If you are able to we are asking for donations of used or new books for our residents. Anything will help! Reading is truly a wonderful gift, as C.S. Lewis said, “We read to know that we are not alone.” Please help bring the joy and comfort of reading to the Wintonia an outreach of CCS!

Please bring any book donations to the Wintonia, located at 1431 Minor Avenue, Seattle, WA.

If you have any questions, please contact the Jesuit Volunteer, Madelyn Murphy at MadelynM@ccsww.org or 763-242-9851.

St. Francis House

St. Francis House is most grateful for the volunteer crew from St. Joseph that worked hard, cleaning inside and outside, during “We Are St. Joseph Service Days.”

It is desirable for our homeless clients if canned food donated, has a "pull-tab" for easy opening. Great items to bring are tuna fish, spam, canned turkey, chicken, peanut butter, chili, pork & beans and soups, "Mac and cheese continues to be the overwhelming favorite.”

Sleeping bags, new and clean, plus blankets and men’s underwear, briefs or boxer are in short supply right now. Either bring to the church office, or directly to St. Francis House at 169 12th Ave.

Blood Drive

Monday, May 21st - St. Joseph Parish Center
1 pm to 7 pm - (closed 3 pm - 4 pm)

To make an appointment, please email Renee Leet at rleet@stjosephparish.org or call 206-324-2522 ext 100. For questions about eligibility, please call 800-398-7888.
Annual Catholic Appeal

The 2018 Annual Catholic Appeal is underway and we are seeking everyone’s participation to reach our goal of $151,738 as quickly as possible! Any amount received over our goal will be returned to St. Joseph and will be designated to improve, and hopefully expand, the restroom facilities in the Parish Social Hall.

The Annual Catholic Appeal funds various ministries and services throughout the Archdiocese of Seattle. Through your generous giving, 172 parishes & missions and 74 schools help to provide A Future Full of Hope for thousands of people throughout Western Washington. If for some reason you don’t choose to give directly to the Archdiocese, know you can make your gift directly to St. Joseph—simply just write us a note to let us know that your gift is in lieu of a gift to the Archdiocese. Many thanks.

Donate TODAY!

WAYS TO GIVE TO THE ANNUAL CATHOLIC APPEAL

• Donate Online with credit/debit/direct bank withdrawal – www.seattlearchdiocese.org/donate
• Pledge Only – submit your pledge (through the pledge card, envelope or online) and you will be sent monthly reminders.
• Cash or Check – make checks payable to Annual Catholic Appeal
• Donate Stock – call 800-422-5417 for broker instructions
• Donate through your IRA – contact your IRA administrator and have your gift sent directly to the ACA Office, 710 9th Ave, Seattle WA 98104 – include your name, ACA ID# and the parish you want the gift credit to go to.
• Payroll Deduction – some employers offer this option – check with yours

Thank you for your generosity!

Our Local Church

APOSTOLIC EXHORTATION - GAUDETE ET EXSULTATE

OF THE HOLY FATHER FRANCIS ON THE CALL TO HOLINESS IN TODAY’S WORLD

To be holy does not require being a bishop, a priest or a religious. We are frequently tempted to think that holiness is only for those who can withdraw from ordinary affairs to spend much time in prayer. That is not the case. We are all called to be holy by living our lives with love and by bearing witness in everything we do, wherever we find ourselves. Are you called to the consecrated life? Be holy by living out your commitment with joy. Are you married? Be holy by loving and caring for your husband or wife, as Christ does for the Church. Do you work for a living? Be holy by labouring with integrity and skill in the service of your brothers and sisters. Are you a parent or grandparent? Be holy by patiently teaching the little ones how to follow Jesus. Are you in a position of authority? Be holy by working for the common good and renouncing personal gain.

This is an excerpt from Pope Francis new exhortation on being holy. The entire document is available in our vestibule. Please take a copy and enjoy!

New Pope Francis Film

Focus Feature’s latest film, POPE FRANCIS: A MAN OF HIS WORD will release in theaters on Friday, May 18th. Wim Wenders’ new documentary, POPE FRANCIS: A MAN OF HIS WORD, is intended to be a personal journey with Pope Francis, rather than a biographical documentary about him. The Pope’s ideas and his message are central to this documentary, which sets out to present his work of reform and his answers to today’s global questions. From his deep concern for the poor and wealth inequality, to his involvement in environmental issues and social justice, Pope Francis engages the audience face-to-face and calls for peace. For group tickets please visit: http://focusfeatures.com/pope-francis-a-man-of-his-word/groupsales