“Would that all the people of the Lord were prophets! Would that the Lord might bestow his spirit on them all!”
I returned from vacation to a busy schedule of events, and so I ask your patience as I take another week off from new columns. This older article, from a little over a year ago, I hope will help us think during these days in our nation and Church. We have much work to do together, may God give us grace and courage. -John, SJ-

Why Are You Terrified?

The disciples were sailing across the sea when a violent squall came up and waves were breaking over the boat, so that it was already filling up. Jesus was in the stern, asleep on a cushion. They woke him and said to him, “Teacher, do you not care that we are perishing?” He woke up, rebuked the wind, and said to the sea, “Quiet! Be still!” The wind ceased and there was great calm. Then he asked them, “Why are you terrified? Do you not yet have faith?” They were filled with great awe and said to one another, “Who then is this whom even wind and sea obey?”

-Mark 4: 37-41-

The enemy is fear. We think it is hate; but, it is fear.

-Gandhi-

A few years ago, I went to the hospital to see a friend who was dying of cancer. She was asleep when I entered her room and—since I knew that sleep was hard to come by in the hospital—I decided to sit awhile and let her sleep. Listening to the rhythmic breathing and to the hums and beeps of the various machines, I looked around at the few personal items that somehow found a place between the heart and lung monitors, the packages of sterile wrappings, and intravenous pumps. Of course there were the usual things one receives in the hospital: two or three plants set up near the sink and a few cards pinned to the bulletin board. But what most interested me were the things she had brought from home, the things she wanted near her when she knew she might not be returning to her house again. There on the nightstand beside her bed was a photo of her children, a slender book of poetry, a rosary, and a small piece of wood on which was painted a contemporary icon.

I remember picking up the icon and looking at it—it was a picture of a boat caught in huge storm, with waves breaking over the front. In the boat were the twelve apostles, hands up in the air and obviously terrified and yelling. In the back of the boat, apparently unperturbed by the noise of the storm or the fear of the men, lay Jesus, curled up on some netting and a coil of rope, and sound asleep.

While I was still looking at the icon, imagining the story from Mark’s Gospel, my friend woke up and looked over at me, and asked me how long I had been there. I told her that I just arrived, and then went on to say how much I liked the icon. She smiled a little and said, “It was a gift given to me years ago, when everything was crazy in my life. It was Peter who gave it to me, and when he did he said ‘Remember, he’s always in the boat, even when it seems scary.’ Though I must admit, my first thought, when he said that, was: ‘Yeah, but why doesn’t he wake up?’”
Then she laughed a little, and closed her eyes, the smile still on her face. And though I knew that death was close to her now, I could tell that she was not afraid. There was sorrow about leaving her children and her friends, and a wish that it could have all been different. But she wasn’t afraid, and hadn’t been for months. She had seen the waves rising, and knew, when most of her friends were still flailing in denial, that her fragile boat would soon be swamped. She had done what she could reasonably do to prevent it—chemo and radiation, a naturopathic diet and a series of surgeries—but none had been sufficient. Now, having given it her best, she refused to succumb to the tyranny of terror. Whatever was coming, she had this moment—to hold her children and weep with them, to recall her life and share memories with her friends, to say goodbye and to receive, with faith, God’s promise of reunion—and that was enough for her. Today, she would be grateful, and that was her peace. As she once told me, “Cancer is awful, but at least it taught me that being afraid is pointless. What matters is those I have here, now. What’s going to happen is going to happen.”

Of all the attributes of human nature, intended to preserve us in a hostile environment, none become as easily disordered as does fear. Fear, though not itself a sin, leads us into sin—distancing us from ourselves and from others, from the reality of the world and the abiding love of God. As Gandhi notes, it is fear, more even than hatred, which is the source of our ills and the cause of our distress; for whereas hatred is a bright fire, fear is insidious, a dark spirit that poisons the well of our sensibility and invites us to do horrible things in the name of common sense and self-preservation. Filled with fear, we forget our own history and our deepest desires, forget the moment we are in because the moment we anticipate is so terrifying—even though it doesn’t yet exist.

How many of the great sins of our age have emerged from fear, or how often have our fears been enflamed to normalize such sins? In our fear of the barbarism of 9/11, we turned our sons and daughters, our brothers and sisters into torturers. We denied our own system of laws and justice, and opened a prison camp in Cuba where innocence was no guarantee of release. We invaded nations, caring little for ancient notions of just war. We turned our faces from drone strikes abroad, and from mass incarceration at home, because we were told to fear for our safety. We closed out the images of children dying in the waters off of Greece or murdered in the cities of Central America because we had come to fear the immigrant, and fear the changes to our culture and our privilege. We have denied the effects that our consumption has on the earth, because we fear that it will cost us too much to change, or because it may cause us too much inconvenience. We silenced dissent by the fear that it empowers our enemies—calling the voices we do not like “fake news” on the one hand or “hate speech” on the other. Everywhere, we seem to surrender to fear, or nurture fear in others—leading us to divide the world into “them” and “us” with divisions that have no grounding in history or in fact. And, too often, we allow this fear to lead us to violence and hatred, to a denial of rights and a destruction of persons. We wrap our fear in guns and in vitriol, in the semi-anonymous viciousness of social media and in the self-righteous destructiveness of the mob. Fearing the storm that surrounds us, we threaten to swamp the boat in which we all live, and drown ourselves in a sea of hatred.

But it does not have to be this way. We do not have to give into this widening cycle of fear and hatred. The answer is already with us—asleep in our hearts, as Jesus slept in the boat of the apostles. We must simply wake it up. By small acts of kindness and courage, by confronting our fears through the embrace of those who are different than ourselves, by observing the gifts that surround us, by being grateful for what is rather than fearful of what might be: this is how we begin to quiet the great storm of fear. This is how we answer fear: not with greater fear or other fears, but with love, active and unswerving. This is how we save our life. This is how we resist.

Come and See What the Catholic Faith has to offer

Join us - Tuesdays - 7:00 – 8:30 pm - Parish Center

• Are you, your spouse, a friend, or an acquaintance a member of another faith tradition but worship regularly here at St. Joseph’s?
• Are you experiencing God’s call in your life and seeking Baptism or full communion or Confirmation with the Catholic Church?
• If you are, please consider participating in the Rite of Christian Initiation for Adults. The RCIA is an opportunity to explore with others what the Catholic Church has to offer. It is an opportunity, through a process of discernment and gradual conversion to become a full member of the Catholic Church.

If you are interested, contact Deacon Steve Wodzanowski at stevw@stjosephparish.org or 965-1646. All are welcome in this journey of faith.
Entrance Songs

All Creatures of Our God and King  St. Francis/Williams

1. All creatures of our God and King, Lift up your voice and with us sing: Alleluia!
   O burning sun with golden beam, And silver moon with softer gleam:
2. O rushing wind and breezes soft, O clouds that ride the winds aloft, Sing your praises!
   O rising mom in praise rejoice, O lights of evening find a voice.
3. O flowing water pure and clear, make folds rich blessings on our way, Sing your praises!
   O fire so masterful and bright, Let them God's glory also show.
4. Dear mother earth, who day by day up, Sing your praises!
   The fruits and flowers that verdant grow, Sing your praises!
   Alleluia! Alleluia! Alleluia,
   Alleluia, alleluia!

(5:30) Holy Ground  Talbot

1. This is Holy ground, we're standing on Holy ground, This is Holy ground, we're standing on Holy ground,
2. These are Holy hands, God's given us Holy hands, These are Holy hands, God's given us Holy hands,
   For the Lord is present and where God is, is Holy.
   For the Lord is present and where God is, is Holy.
Gloria
See Cards In Pews

First Reading
Numbers 11:25-29
The LORD came down in the cloud and spoke to Moses. Taking some of the spirit that was on Moses, the LORD bestowed it on the seventy elders; and as the spirit came to rest on them, they prophesied.

Now two men, one named Eldad and the other Medad, were not in the gathering but had been left in the camp. They too had been on the list, but had not gone out to the tent; yet the spirit came to rest on them also, and they prophesied in the camp. So, when a young man quickly told Moses, “Eldad and Medad are prophesying in the camp,” Joshua, son of Nun, who from his youth had been Moses’ aide, said, “Moses, my lord, stop them.” But Moses answered him, “Are you jealous for my sake? Would that all the people of the LORD were prophets! Would that the LORD might bestow his spirit on them all!”

Respensorial Psalm
Psalm 19
Haas

The law of the Lord is perfect, refreshing the soul;
the Lord’s rule is to be trusted, the simple find wisdom.

The fear of the Lord is holy, abiding forever;
the decrees of the Lord are true, all of them just.

Second Reading
James 5:1-6
Come now, you rich, weep and wail over your impending miseries. Your wealth has rotted away, your clothes have become moth-eaten, your gold and silver have corroded, and that corrosion will be a testimony against you; it will devour your flesh like a fire. You have stored up treasure for the last days. Behold, the wages you withheld from the workers who harvested your fields are crying aloud; and the cries of the harvesters have reached the ears of the Lord of hosts. You have lived on earth in luxury and pleasure; you have fattened your hearts for the day of slaughter. You have condemned; you have murdered the righteous one; he offers you no resistance.

Gospel Acclamation
Syrian Hallelujah
Traditional

Gospel
Mark 9:38-43, 45, 47-48
At that time, John said to Jesus, “Teacher, we saw someone driving out demons in your name, and we tried to prevent him because he does not follow us.” Jesus replied, “Do not prevent him. There is no one who performs a mighty deed in my name who can at the same time speak ill of me. For whoever is not against us is for us. Anyone who gives you a cup of water to drink because you belong to Christ, amen, I say to you, will surely not lose his reward.

“Whoever causes one of these little ones who believe in me to sin, it would be better for him if a great millstone were put around his neck and he were thrown into the sea. If your hand causes you to sin, cut it off. It is better for you to enter into life maimed than with two hands to go into Gehenna, into the unquenchable fire. And if your foot causes you to sin, cut it off. It is better for you to enter into life crippled than with two feet to be thrown into Gehenna. And if your eye causes you to sin, pluck it out. Better for you to enter into the kingdom of God with one eye than with two eyes to be thrown into Gehenna, where ‘their worm does not die, and the fire is not quenched.’”
Homily

Offertory

Lord, To Whom Shall We Go

Joncas

(9) Choral: Day By Day

St. Richard of Chichester/How

Day by day, dear Lord of thee, three things I pray: To see thee more clearly, Love thee more dearly, follow thee more nearly, day by day.

Holy, Holy, Holy

Storrington Mass

Haugen

Mystery of Faith

Great Amen

Amen, amen, amen.

Amen, amen, amen.
Lamb of God

All Are Invited To Come Forward

During communion, we invite all to come forward. If you do not ordinarily receive Eucharist, or choose not to, come for a blessing, indicating your desire by putting your hand on your heart. If you have a gluten allergy, & need a gluten free host, please come to the presider & indicate this.

Communion Songs

Not By Bread Alone

Holland

One does not live on bread alone, but by every word that comes forth from the mouth of God.

REFRAIN

Jesus Christ, Bread Of Life

Schaubel

Jesus Christ, Bread of Life, fill us with your love,

VERS

1. Thankfuly, here we bring simple bread and wine,
2. Faithfully, we recall, gathered here as one,
3. When we drink of this cup, when we eat this bread,
4. Are not all hearts aflame when we break this bread?
5. Joyfully we partake in this holy food.

To Refrain

1. For the life of the world, once and for all time.
2. Bread of Life, cup of peace, which we now become.
3. We proclaim Jesus Christ risen from the dead.
4. Are not all one in Christ by this blood he shed?
5. Offering all we have, praise and gratitude.
**Song of Praise**

*The Spirit Sends Us Forth To Serve*  
Dufner/AZMON

1. The Spirit sends us forth to serve; We go in Jesus’ name To bring glad tidings to the poor, God’s favor to proclaim.
2. We go to comfort those who mourn Where hope is dim, share a dream And help the blind to see.
3. We go to the hands of Christ, To scatter joy like seed And all our days, cherish life, To do the living deed.
4. Then let us go to serve in peace, The gospel to proclaim. God’s Spirit has empowered us; We go in Jesus’ name.

**Recessional**

*(5:30)* *If You Believe and I Believe*

If you believe and I believe And we together pray, The Holy Spirit must come down And set God’s people free, And set God’s people free, And set God’s people free; The Holy Spirit must come down And set God’s people free.
Seniors On The Go
Friday, October 5th - Anointing Mass at 11:30 am. Followed by our delicious luncheon. Join us for fellowship and lunch after Mass.

St. Joseph Annual Men’s Retreat
Please join us for the Annual Men’s Retreat, Friday Oct. 19th 8:00 pm – Sunday Oct. 21st around 11:00 am. The retreat will be held at Camp Casey on Whidbey Island. The theme for this year’s retreat is “How My Family of Origin Influences Me.” The registration fee is $150 and includes Saturday meals and Sunday Breakfast. There will be a special dinner on Saturday, prepared and served by a team led by Gary Keister. The animators for the retreat include Brian DesRoches, Vince Herberholt, Bill Herkes, Dan Quinn-Shea and Bob Rogowski. This is the only Men’s Retreat offered this year so be sure to register at www.stjosephparish.org For more information contact Dn. Steve at 206-965-1646 or stevew@st-josephparish.org

Message from Hilltop Service Station
The crew at Hilltop (Hilltop Service Station Inc.) sincerely thanks the St. Joseph community for supporting our business and employees over many years, indeed decades, which includes many lasting friendships.

We closed in August. It has been a pleasure to work with you, and we are immensely grateful for the ways you have enhanced our lives.

Ricky, Jim, Julie, Carlos, Louie, and Mike
('04) ('01) ('97) ('95) ('88) ('78)

Good news: Hilltop's senior technician, Jim, is opening a new business in September 2018, same quality workmanship on a smaller scale; same phone number and location. Again, many thanks!

Peace,
Mike & the Hilltoppers

Liturgy and Worship

Blessing the Animals
on the Feast of St Francis of Assisi
Thursday, October 4 | 6:00 PM
Outside on front lawn of St. Joseph Parish

We continue the tradition of blessing all animals with shared prayer open to all. Please bring your pets for a blessing in honor of St. Francis of Assisi as a sign of our care for God’s Creation.

Welcome the Newly Baptized
Nathan James Heavey
Biden Domingo Mayor
Louis Shumway
Daiva Irene Spaniola
Jackson Rory Wakefield

Parish Holy Hour
Thursday, October 4th, 7-8 pm, join the Choose Life Ministry for a Rosary with Exposition of the Blessed Sacrament in the Loyola Chapel of the Parish Center. Refreshments to follow. All are welcome!

Come Pray With Us!
Monday Night Prayer Groups
Join us in prayer on Monday, October 1st, at 7 pm.
There are two prayer groups meeting. Join our Sacred Silence prayer group in the church or come pray the Rosary in the Parish Center Chapel.

Prayer
St. Joseph Community extends its prayers and hopes for the following intentions: As the Autumn leaves surround us with their gorgeous colors let us give thanks for all the gifts God bestows upon us each day...for a beautiful daughter, Annemarie, let her heart be filled with God’s love, grace and peace...for all of our individual hopes and prayers, may the Holy Spirit grant all the desires of our hearts.

Blessed is the man who trusts in the Lord and has made the Lord his hope and confidence.
~Jeremiah 17:7
Children's Faith Formation

Children's Faith Formation Childcare: During the 9am Mass for children 1-3 years old. This is a time for your child to begin experiencing church through playtime. Children are supervised by a paid adult and volunteer youth. Childcare begins September 30th. Register at any time. The annual fee is $100.

Faith Formation Assistants needed. Do you like to share your faith with others? Do you feel called to help form the faith of children? Children's Faith Formation is in need of assistants, especially teens, and substitutes. Sessions will begin October. Please contact Marie Pitman, DRE at mariep@stjosephparish.org to volunteer today!

Pathfinders. Do you have a passion for Youth Ministry? Pathfinders, our Junior High Youth Ministry, is seeking volunteers to help assist us on Wednesday evenings from 6:00 to 7:30 pm.

Please contact Marie Pitman, DRE at mariep@stjosephparish.org to volunteer.

Course Offerings

Children's Faith Formation Pre-Kindergarten (CFF Pre-K): During the 9am Mass for children *3 1/2-5 years old. This is a hands-on, Montessori-style class for our young ones. *Your child should be out of diapers and able to follow simple directions, such as those given in a preschool setting. The annual fee is $40.

Children's Faith Formation K (CFF K): During the 9am Mass for children currently enrolled in Kindergarten (private, public, home, or parish school) beginning in the fall. Classes consist of scripture stories, arts & crafts, songs, and gym playtime. Pickup is in the old gym across from the Social Hall. The annual fee is $40.

Children's Faith Formation 1 (CFF 1): The first of a two year Sacramental Preparation program for First Reconciliation and First Eucharist. Participation and completion of CFF 1 (or equivalent) is required before the second year, during which your child would receive these sacraments. This includes children in our parish school, public school, other private school or home school. The annual fee is $75.

Children's Faith Formation 2 (CFF 2): ALL children planning to receive First Reconciliation and First Eucharist this upcoming school year must have completed the CFF 1 class (or equivalent) last year whether you attend our parish school, public school, other private school or home school. Additional retreat and home materials provided for immediate preparation. There is a $125 annual fee.

Children's Faith Formation Year 3 & 4 (CFF 3/4): This class is for children to reflect, learn, and continue to practice their faith. We will continue to use arts, scripture studies, and community building activities to strengthen our faith and knowledge of the Church. The annual fee is $40.

Children's Faith Formation Year 5 & 6 (CFF 5/6): This class for youth in 5th & 6th grades focuses on the liturgy, Church teachings and growing faith through prayer. The annual fee is $40.

Children's Faith Formation Year Junior High: This class is a 3-year Bible study for youth in 7th, 8th, & 9th grades. The annual fee is $40 for each of the classes PLUS $25 for materials (Bible & workbook).

High School Confirmation: Youth must be at least 16 years old by the Confirmation Mass date (late January/early February), already received the Sacraments of Baptism and Eucharist, and continued in ongoing faith formation through parish programs or Catholic High School. Students are actively seeking the Sacrament of Confirmation and are participating members in their parish and personal faith life. Classes begin the end of September and ends in January. The annual fee is $150.

To sign up
www.stjosephparish.org
Faith Justice

Habitat For Humanity
Please join us for a Habitat Interfaith Build in which St. Joseph is participating and for which there are still some openings for volunteers on October 4th and October 13th. If you can’t make it on one of those days, please consider making a donation to the build and/or attending our final interfaith ceremony at 4:00 on Sunday, October 14th. You can access everything you need to know to volunteer or donate at https://www.habitatskc.org/get-involved/events/build-events/interfaith-build/ Questions? Gary Fallon at fallon_derocco@comcast.net

Sister Parish Ministry
St. Joseph’s Sister Parish Ministry with San Bartolome in Arcatao El Salvador is seeking parishioners to join in our Strategic Planning Process to strengthen this relationship. Next year we will be celebrating our 30th Anniversary! Please join us on Sunday, October 7th 4:00 – 5:15pm in the Parish Center. For more information contact Andrew DeBerry adberry@outlook.com or Deacon Steve at 206-965-1646.

Racial Justice Book Group
Tuesday, October 9th
Please join the St. Joseph Racial Justice in America Book Group for study, reflection and opportunities for action and solidarity on issues of race in America. Our book read this month is La Rose by Louise Erdrich. Victoria Kill will be our facilitator. We meet from 7-9 pm in the Mother Teresa Room in the Parish Center. We particularly encourage men in the parish to participate. This group provides a safe space for the exploration and discussion of difficult issues, with the ultimate goal of discovering for each of us how to live the Gospel message in light of the sin of racism so alive in our country today. Please RSVP to Cathy Murray at cathymurray22@gmail.com or Deacon Steve at stevew@stjosephparish.org or 206-965-1646. We look forward to you joining us!

JESUIT SEATTLE

LOCAL HARVEST

Please Join Us for a Festive Evening in Support of the Ignatian Spirituality Center

Saturday, October 13, 2018
6:00-9:00 pm

Jesuit Seattle

Local Harvest

Please join us for our annual Local Harvest gathering! Come celebrate and support the ISC with the people who make our work possible - you.

The evening will include a chance to socialize, enjoy a splendid meal, and invest in the spirit-inspired work of the ISC.

Our own Deacon Steve Wodzanowski will receive the Peter Favre award.

SATURDAY, OCTOBER 13, 2018
6:00—9:00 PM
ADELPHIA MEMORIAL HALL, SEATTLE PREPARATORY SCHOOL 2400 11TH AVENUE EAST, SEATTLE

Register at:
www.ignatiancenter.org