

ST. JOSEPH PARISH

THE JESUIT PARISH IN SEATTLE



"Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil."

FIRST SUNDAY OF LENT MARCH 10, 2019

Homily This Week: Deacon Steve Wodzanowski Homily Next Week: John D. Whitney, S.J.

Weekend Mass Schedule Saturday - 5 pm Sunday - 9 am, 11 am & 5:30 pm

Readings for March 17, 2019

First Reading: Genesis 15:5-12, 17-18 Second Reading: Philippians 3:17-4:1 Gospel: Luke 9:28b-36

Weekday Mass Schedule
Monday - Friday, 7 am, Parish Center
Reconciliation
Saturday - 3:30-4:15 pm in the Church
or by appointment
Parish Center
732 18th Ave E, Seattle, WA 98112

Monday- Friday - 8 am - 4:30 pm Saturday - 9 am - 1 pm www.stjosephparish.org Parish Receptionist (206) 324-2522

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Yuri Kondratyuk, Facilities	x110
St. Joseph School - Main Office	x210
Patrick Fennessy Head of School	x218

Mary Helen Bever, Primary School Dir

Vince McGovern, Middle School Dir

x215

x219

Surrender

We are not necessarily doubting that God will do the best for us; we are wondering how painful the best will turn out to be.

-C.S. Lewis-

In the autumn of 1999, the coastline around Gloucester, Massachusetts still showed the marks of the great storm of 1991—the "Perfect Storm" as the author, Sebastian Junger dubbed it. Even after eight years, the marks remained where the waves had run over the road and scoured the shore of foliage, leaving the landscape bare and the beachfront redefined. Though trees and plants were beginning to return, it was easy to imagine the force of the gale that had blown in on that day, and to see, in the ever-churning waters of the ocean, the potential for such a storm, where huge waves would crash against the granite boulders of the higher ground, or run up through the channels onto the flats. Watching the small fishing boats, pushing out of the port into the waves, or coming home at sunset, it was easy to imagine the men and women on that day, going out into the choppy waters to do their jobs, praying to beat the storm, or to imagine the wives and children, waiting in the concrete lot above the docks for their loved ones still at sea.

I had come to Gloucester, however, not to examine the remnant of that great storm, nor to watch the movie being filmed there at the time. Rather, I was there on retreat, at Eastern Point Retreat House, on the north side of the village, overlooking the sea. It was my tertian year—the time when a Jesuit, having lived in the Society (in my case) for 15 years, renews himself in preparation for final vows—and I was anxious for the 30 days in silence, praying the *Spiritual Exercises* and exploring what these 15 years of ministry and 4 years of priesthood had meant, and what God desired of me going forward. I wondered how different the experience of the *Exercises* would be from the time I did them as a novice, but I was ready to step away from the world and listen, hoping that God would be gentle.

The Spiritual Exercises of St. Ignatius are a series of considerations, meditations, and contemplations aimed at helping one to know God through Christ, and to surrender to God out of love. Based on the experience of Ignatius during his time in Manresa, when "God treated me as a master treats a schoolboy," the Exercises call for an approximately month-long retreat from the world, where, in silence, one is invited to listen to the voice of God through engagement with the life of Christ. Though adaptations exists for this original pattern—including the Spiritual Exercises in Everyday Life, which occurs here at St. Joseph—in every form, the Exercises invite a retreatant through a series of movements, or "weeks" as Ignatius calls them. In the first of these, the retreatant considers the gift of the world, and his or her failure to use the gift well. Reflecting on sin, those moments of choosing selfishly or fearfully, the retreatant comes to recognize the loneliness of sin, the emptiness of living one's life without God, and thus is moved to sorrow and repentance. The second week is about God's response to our loneliness and our sin, which is the Incarnation of Christ Jesus. In this week, one enters imaginatively into the gospel, and finds the God who writes a gospel on our own hearts, through our active contemplation of the mysteries of Christ's life. The goal here is to fall in love with the living Jesus, the Jesus who knows you and whom you know, not simply the abstract Messiah of doctrine or theology. And in coming to know and love Jesus, in becoming his disciple, one enters the third

week: the cross. In this movement, as a retreatant shares in the passion of the beloved, she or he becomes increasingly com-passionate—united in the suffering and love of the other. No longer, as in the first week, is the focus on one's own suffering; rather, as the retreatant watches Jesus do what only he can do, giving his life over for you in love and mercy, the fullness of the Incarnation is realized as a gift that overwhelms the loneliness of sin. And in the face of this love, what can one do but surrender? For even if the retreatant runs, the gift is still given, Jesus love is still offered—just as it was for the apostles, even though they ran away and hid. But if we do surrender, do accept our place at the cross of Christ, that leads, at last, to the fourth week, when God responds to Jesus' love with the gift of resurrection, a gift by which the retreatant realizes that, though he or she may be powerless, all things can happen through the love that of God. Thus, the retreat ends with a prayer of final surrender, the Suscipe, which asks God to take and receive, "all my liberty, my memory, my understanding, and my entire will," so that the retreatant might follow the Risen Jesus, whom he or she has come to love, and share with Jesus the work and the joy of the Kingdom.

The first time I had experienced the full *Exercises*, in 1983, I had felt the call to enter the Society and follow the path that led me, in 1999, to Eastern Point. Though it had not always been a clear path, and there were times I did feel like running away, I felt I had surrendered enough. Yet, here I was again, beginning the retreat and believing that it would mostly just confirm what I had chosen a decade and a half earlier. Why is it that I am so slow to realize that God's call is never quite that simple?

Moving through the first week of the retreat in just a few day—by that time in my life, I knew my obvious sins well, and depended daily on God's mercy—I was soon walking beside Jesus and reflecting on the companionship in which I felt so secure. I was, after all, a great "worker bee" for the Lord, whether as a teacher of Philosophy or Campus Minister, chaplain to the Detention Center or willing participant in various committees, and I thought that this second week of the Exercises would simply confirm all I had done as a companion of Jesus. But gradually, other things arose, and I saw how much—in my mind and in my heart—I had protected myself from the fullness of surrender. I worked hard, certainly, and was generous and competent in many ways; but the Lord showed me that, in all those years, I had been holding in my heart an escape plan, in case things did not work out. Almost unknown to me, I had kept my foot in the door so that it would not slam closed behind me, always making sure I kept the ultimate control in my own hands and did not surrender that part of myself fully to God's grace. Though I would willingly work hard for God, I had not yet given over to God the escape hatch I kept in my soul.

Then the day came when Jesus looked at me with love and said, as he said to the rich young man in the gospel, "One thing more is required. . ." and he called me to surrender,

at last, my carefully concealed escape plan. I still remember the day: I was standing on a bluff in Gloucester, overlooking the wind swept Atlantic Ocean, watching a fishing trawler heading out into the dangerous sea. I could feel my own hesitation, but knew that I could go no further until I surrendered, until I pulled my foot out of the door and stepped all the way in. It all seemed extremely unreasonable. Why shouldn't I have an escape plan? Wasn't it prudent to think what might happen? But looking at the little boat out on the waves, I finally knew what I needed to do, what I wanted to do more than anything else, and I said aloud to the wind, "Okay, fine, you've got me. I'm all in." In that moment, relief rolled over me and I felt free. Then, letting out my breath, I began walking back towards the retreat house, stepping over the huge granite stones. It was only then, as I passed the hedge that bordered the lawn, that I heard a voice in my head saying, clearly, "Oh, did I tell you about the cross?" But it was too late: I had surrendered myself to this love and had stepped completely inside. The door had closed behind me.

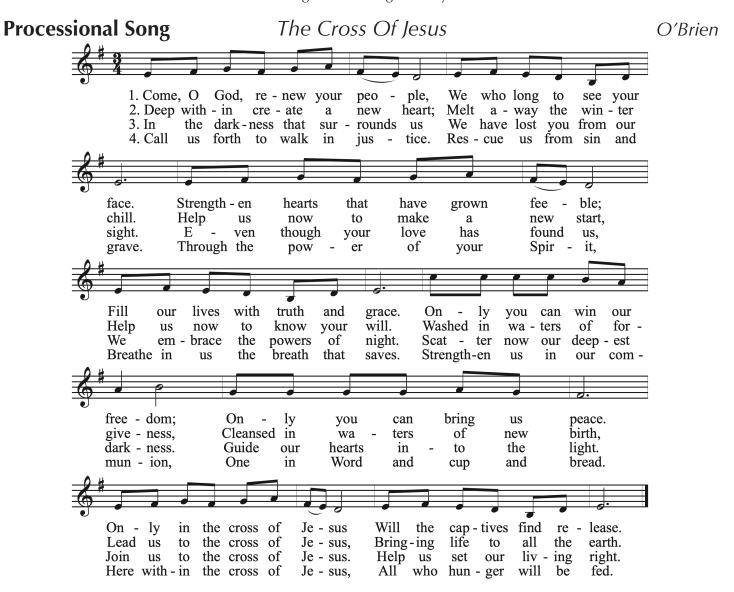
This Sunday, as we begin the journey of Lent, the gospel tells the story of Jesus' temptation in the desert. In this wellknown passage, the Son of God, who has becoming so fully human as to face seriously the allure of Satan, is offered three things for which he is uniquely entitled. First, he is offered bread, at the end of a 40 day fast. The Scripture is clear, in this, that he had already completed his fast, so why not have some bread? Then, he is offered power over all the world, and who better to have it than Jesus? Finally, he is challenged to call upon God's love to protect him, and, again, who deserves that love and protection more than him, who is God's Son? Each of these moments involves something Jesus deserves—i.e., food at the end of his fast, power over the kingdoms of the world, and the care of God in his life—and all that is required is that he take them, rather than wait for God to give them to him. And in this single item is the essence of the temptation—perhaps the essence of most temptations. For sin rarely rests in what we want, so much as in the fear that we will lose our chance to get it, and our resulting decision to take it ourselves. We wonder why we have to wait, and fear that God may not give us what we desire, so perhaps we should just take it ourselves, use our own means to guarantee our well-being. But that decision leads only to loneliness and sin. It is, instead, surrender in love that saves the world, and surrender alone that saves each of us. Such surrender, for Jesus as for the rest of us, will usually take us to the cross-that ultimate act of surrender—but without it we can never really cannot escape loneliness, cannot love or know how great is the love that is offered us. I am still struggling with such surrender-still wondering, on some days, if I might be able to pry open the door I let close, and so make my escape from the awe-full love of God-but somehow, each Lent I remember that my love is here, as is yours, in the company of Christ's surrender.

FIRST SUNDAY OF LENT

Welcome to St. Joseph. Please take a moment to silence your cell phones.

Entrance Antiphon

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

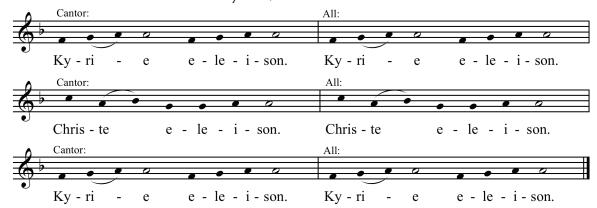


Confiteor

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

(Strike breast during next line)

through my fault, through my fault, through my most grievous fault. therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.



First Reading

Deuteronomy 26:4-10

Moses spoke to the people, saying: "The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the LORD, your God, 'My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien. But there he became a nation great, strong, and numerous. When the Egyptians maltreated and oppressed us, imposing hard labor upon us, we cried to the LORD, the God of our fathers, and he heard our cry and saw our affliction, our toil and our oppression. He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land flowing with milk and honey. Therefore, I have now brought you the firstfruits of the products of the soil which you, O LORD, have given me.' And having set them before the LORD, your God, you shall bow down in his presence."





Haugen



You who dwell in the shelter of the Lord, Most High, who abide in the shadow of our God, say to the Lord: "My refuge and fortress, the God in whom I trust." Ref.

No evil shall befall you, no pain come near, for the angels stand close by your side, guarding you always and bearing you gently, watching over your life. *Ref.*

Those who cling to the Lord live secure in God's love, lifted high, those who trust in God's me, Call on the Lord who will never forsake you. God will bring you salvation and joy. *Ref.*

Second Reading

Romans 10:8-13

Brothers and sisters: What does Scripture say?

The word is near you,

in your mouth and in your heart

—that is, the word of faith that we preach—, for, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. For the Scripture says,

No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek; the same Lord is Lord of all, enriching all who call upon him. For "everyone who calls on the name of the Lord will be saved."



One does not live on bread alone, but on every word that comes forth from the mouth of God.

Gospel Luke 4:1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." Jesus answered him, "It is written, One does not live on bread alone." Then he took him up and showed him all the kingdoms of the world in a single instant. The devil said to him, "I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me." Jesus said to him in reply, "It is written:

You shall worship the Lord, your God, and him alone shall you serve."

Then he led him to Jerusalem, made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down from here, for it is written:

He will command his angels concerning you, to guard you,

and:

With their hands they will support you, lest you dash your foot against a stone."

Jesus said to him in reply, "It also says, You shall not put the Lord, your God, to the test." When the devil had finished every temptation, he departed from him for a time.

Homily

Deacon Steve Wodzanowski

Dismissal of Candidates & Catechumens (5:30) There Is One Lord Taize

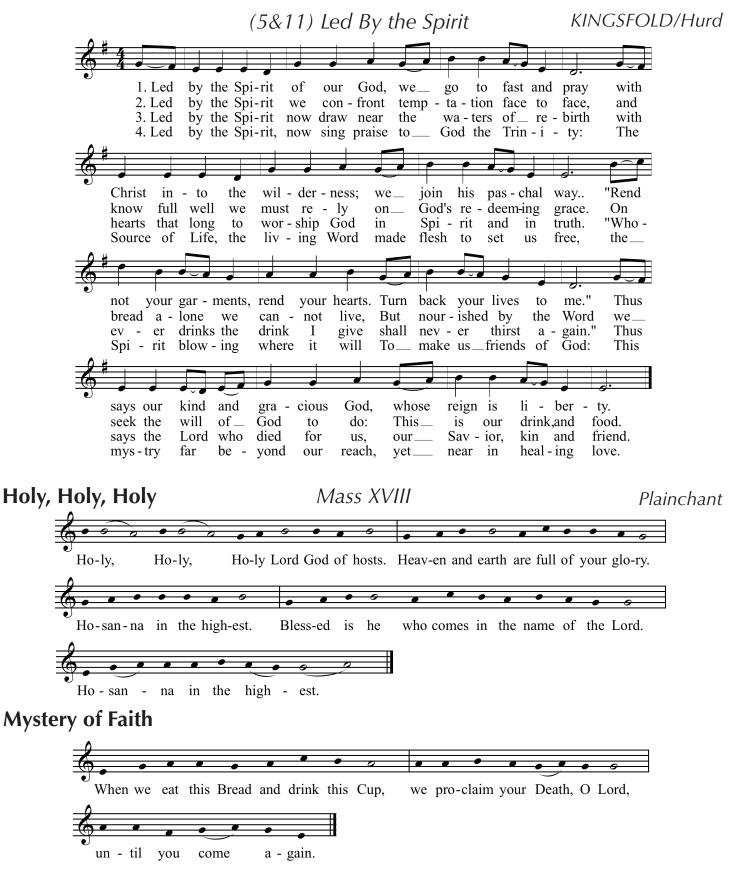


Offertory Songs

(9) Choral: Attende Domine

"Hear us, O Lord, and heve mercy, because we have sinnned against you."

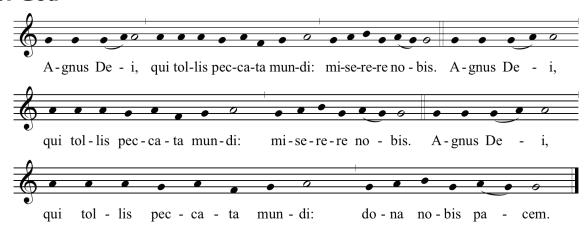




Great Amen



Lamb of God



All Are Invited To Come Forward

During communion, we invite all to come forward. If you do not ordinarily receive Eucharist, or choose not to, come for a blessing, indicating your desire by putting your hand on your heart.

IF YOU HAVE A GLUTEN ALLERGY, & NEED A GLUTEN FREE HOST, PLEASE COME TO THE PRESIDER & INDICATE THIS.

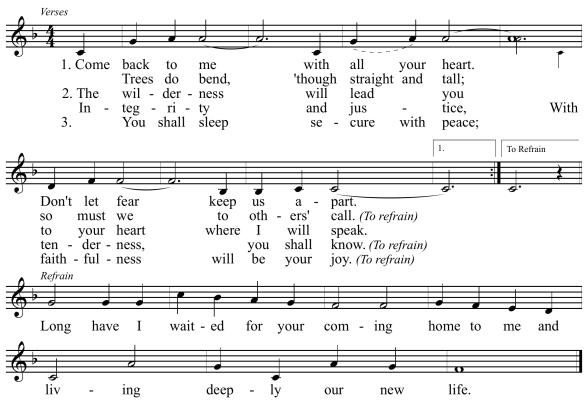


Akers



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Song of Praise Hosea Norbet



Recessional

Tolling of the Bell

Please note that during Lent, no flowers are allowed in the church. Please save your devotional flowers for the Easter seaon.

THIS WEEK AT ST. JOSEPH



Sunday

9:00 AM Mass

10:00 AM Coffee & Donuts - Join us!

11:00 AM Mass 5:30 PM Mass

Monday

7:00 AM Mass - Parish Center

7:00 PM Sacred Silence Prayer Group

7:00 PM Rosary Prayer Group

Tuesday

7:00 AM Mass - Parish Center

Wednesday

7:00 AM Mass - Parish Center

Thursday

7:00 AM Mass - Parish Center

Friday

7:00 AM Mass - Parish Center 11:00 AM Stations Of the Cross

Saturday

3:30 PM Reconciliation

5:00 PM Mass



LITURGY AND WORSHIP

Come Pray With Us! Monday Night Prayer Groups

Join us in prayer this Monday at 7 pm. There are two prayer groups meeting. Join our Sacred Silence prayer group in the Church or come pray the Rosary in the Parish Center Chapel.

The Sacred Silence prayer group will gather in the church for an hour of silent prayer. Please arrive before 7 pm as the doors are locked right at 7. For information, contact Jim Hoover at sacredsilence@stjosephparish.org or 206-286-0313.

Praying the Rosary can help us face the often harsh realities of life with hope and grace. We have volunteers ready to help guide those who are just learning.

Welcome The Newly Baptized

Amelia Adams Samuel Beste Ryan Doran Remy Doran Gambel Johnston Owen Ranf

Prayer St. Joseph Community extends its prayers Tree and hopes for the following intentions: FFor friends who are recovering from various medical tests and procedures . . . For Rocco and his doctor's plan about his recent injury . . . Let us be an example of faith in action.

> "Grant me to recognize in other men, Lord God, the radiance of your own face."

> > ~Teilhard De Chardin

Notice

On Sunday, March 24th there will be no 11:00 am Mass so that all may join our Sister Parish Celebration.

The Annunciation of the Lord

Mass on Monday, March 25th at 11:30 am followed by a light lunch in the Parish Center. Please join us!

Pray the Stations of the Cross

Every Friday during Lent at 11:00 am. All are in the church.

Stations of the Cross at St. Joseph

The devotion known as the "Way of the Cross" or "Stations of the Cross" began around the 4th century, as pilgrims—led by the Emperor Constantine's mother, Helena—began to visit Jerusalem and seek out the places of Jesus' suffering and death. Later, the road through Jerusalem became known as the "Via Dolorosa" ("Way of Sorrow"). But many could not visit Jerusalem, and in the 17th century, the Pope gave the Franciscans the right to establish



miniature stations, in imitation of the Via Dolorosa, in their own churches. Eventually, these stations were narrowed down to the 14 stations we know today, and became part of most churches in Western Christianity—designed to lead pilgrims along the way of Jesus' death, and leave them ready for his resurrection at Easter.

The Stations of the Cross in St. Joseph Church, created by Lance Wood Hart (who also did the church's mosaics), were part of the original design of the church, and feature a combination of painted glass and oil over gold and silver backgrounds. Walking these stations, up and down the nave of the church, one takes a journey both of the feet and of the heart, from the judgment seat of Pilate to the tomb of Joseph of Arimethea—as Jesus lets go of everything, entering even into death on the cross, all for love of us.

Parish Life



Seniors On The Go

Monday, March 25th - Please join us for a Mass celebrating The Annunciation of the Lord at 11:30 am followed by a light lunch in the Parish Center.

Friday, April 5th - Stations of the Cross at 11 am followed by our Anointing Mass at 11:30 am, then join us for our Lenten Luncheon in the Parish Center. All are welcome, please feel free to park in the parking lot and take the elevator up.

Newcomers Wanted!

Welcome to St. Joseph!

If you are recently registered or a newcomer (in the last year or so) to the parish, please join us for our NEWCOMERS GATHERING OF SOUP & STATIONS.

Wednesday, March 27th, 6:00 – 8:00 pm, Stations of the Cross in the Church at 6 pm, then Soup Supper in the Parish Center

Come meet the Parish Staff, your fellow new parishioners and learn about how to get involved in the parish. To RSVP please contact Caprice Sauter at caprices@stjosephparish.org or call 206-965-1642.

Join Us!

Young Adult Ministry

Lent Bible Study: Join the Young Adults as we slow down during the season of Lent to reflect on Jesus' life and death and prepare our hearts for Easter. We meet every Thursday from 6:30-8:30pm. Dinner begins at 6:30 and discussion starts at 7:00pm. Email Sabrina at spopoff@ spu.edu with any questions and to RSVP!

Young Adult March Service Project: March 16th, 10:00-2:00pm. Join your fellow young adults for our Spring service project by supporting St. Vincent de Paul (SVdP) to benefit their Georgetown Food Bank. Your volunteer work would consist of bagging items and distributing food to our neighbors who visit the food bank for food and clothing. SVdP heavily relies on a volunteer workforce, so this is a great way for us to help SVdP better provide for those most in need.

** RSVP via the Facebook event.**

We will need to arrive at the food bank at 10:20. Meet in the St. Joseph's parking lot at 10 to carpool. If you are interested in carpooling or have any questions, please contact Dan Popoff dan.popoff@gmail.com

No Third Sunday Socials for March or April (due to St. Patrick's Day & Easter)

Women's Ministry

Lenten Day of Reflection '
The Woman at the Well: Thirsting for
Our Place in Ministry

Saturday, April 6, 2019, Arrupe Room, Parish Center Gathering at 8:30 am: light buffet breakfast Mass at 9:00 am, followed by presentation, reflection and sharing; lunch at noon

There is no charge for the Day of Reflection, but if you would like to contribute to cover the cost, it would be greatly appreciated.

We would like to know numbers for planning food and materials. Please email Katy Huston, katyh101@gmail. com with questions or to tell us you will be attending.

IRISH MASS FOR PEACE

Please join us for the St. Patrick's Day tradition of the annual Mass for Peace in Ireland and Around the World at St. Patrick's Catholic Church, 2702 Broadway East, Seattle, at **10:00 AM on Friday, March 15.** The Presider will be the Reverend William Treacy, a pioneer of interfaith works in the Pacific Northwest and a native of Ireland who has served in the Archdiocese of Seattle for over 70 years, who will be joined by concelebrating priests of the Archdiocese. This Mass for Peace is an annual opportunity for us to come together and pray for peace in Ireland, in our world, and in our families. We hope to see you there!



SALVADORAN BREAKFAST [OPTIONAL]

- * \$15 FOR RICE AND BEANS, SCRAMBLED EGGS, FRIED PLANTAINS AND TORTILLAS. OJ AND COFFEE INCLUDED.
- * PLEASE PURCHASE TICKETS ONLINE BY MARCH 21
- * WWW.STJOSEPHPARISH.ORG

QUESTIONS? STEVEW@STJOSEPHPARISH.ORG OR 206.324.2522

FAITH FORMATION

Summer Service Week

Agape – is a 6 day immersive service opportunity for Middle Schoolers (rising 6th-8th graders) that serves the migrant farm workers in Lynden, WA. Youth learn about the human dignity of every person they meet and practice Agape love through service: tabling at grocery stores, running a food/clothing bank, providing school supplies, working on a local farm, building friendships with children at a migrant camp. We also pray together and celebrate mass. Youth leave their mission trip as better people: more grounded in their faith, with a deeper relationship with Christ, as change-makers in society. St. Joseph will be making our annual Agape mission trip Sunday, August 4th – Friday, August 9th. Open to 15 participants. Cost is \$275.00. Register at www.stjosephparish.org

Online Bible Study

Did you know that St. Joseph's has an Online Bible Study with reflections written by Parishioners? This is the perfect opportunity to make a little space in your busy week to read and pray with the Scriptures for the upcoming Sunday. Join our online community and allow your fellow parishioners to help deepen your prayer life through their reflections. You can also find our online bible study on the top of the weekly e-newsletter that is sent out on Thursday, just click the button that says "Online Bible Study".

https://stjosephparishbiblestudy.wordpress.com/

FAITH JUSTICE

Blood Drive

Every week Bloodworks Northwest collects about 4,500 blood donations. That's equivalent to enough donors to fill 14 Boeing 747s! **Monday, March 11th,** help save a life by giving blood!



Parish Center - 1PM to 7PM - (closed 3 to 4PM) To make an appointment, please call Renee Leet at 206.324.2522 ext 100

Rice Bowl

Encounter Norma

In Guatemala, we encounter Norma, who as a young mother, supports her family and shares her skills with her community. Reflect on the importance of family in your life. How can you contribute to support families in your community? Visit crsricebowl.org for more.

Get your Rice Bowl in the vestibule of the church.







St. Joseph Adult Faith Formation Presents:



The Old Concealed in the New Revealed: A Scripture Study

Thursdays, March 21- April 4 | 7:00-8:30 PM Arrupe Rm.

Facilitated by Susan M. Sambrook, MA Theology

Join us this Lent and explore how the church interprets scripture both in context and theologically. This is a three-week series that looks at intertextuality and how the gospel authors used the Old Testament Prophets to make their case for Christ.

Week 1: The Scriptures in context- Dei Verbum and Hermeneutics

Week 2: Old Testament Prophets in the Gospels

Week 3: Patristic Fathers and Prefigurment

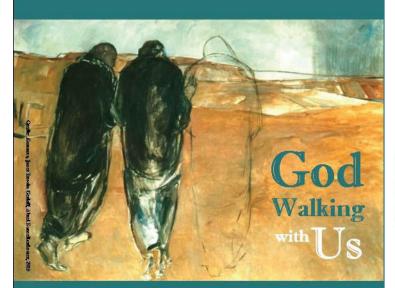
Materials, snacks and refreshments will be provided.

For information or to RSVP for this event please contact: <u>Theresal@stjosephparish.org</u> or 206-965-1651

www.stjosephparish.org

The Ignatian Spirituality Center invites you to

Novena of Grace 2019



Take one hour a day to attend any or all nine days of this Lenten retreat in everyday life!

Novena of Grace 2019

"God Walking with Us"

March 12-20

A Lenten retreat in the midst of daily life

WEEKDAYS

12:30 pm at SU Chapel of St. Ignatius (Eucharist) OR *6:30 pm at St. Joseph Church (*Contemplative Prayer) SATURDAY: 1 pm at St. Joseph Church (Eucharist) SUNDAY: 1 pm at Chapel of St. Ignatius (Eucharist)

*note new time and format

A place to offer up your deepest desires in prayer and receive God's abundant grace



PRESENTERS
Fr. Matt Holland, S.J.,
JoAnn Lopez and Ross Hays

ignatian spirituality center

MORE INFO (206) 329-4824 ignatiancenter.org Nine days of inspiring music, preaching and community in the context of a daytime Eucharist or evening Contemplative Prayer

Join us for any or all of the days at either location or make the retreat online!

About This Year's Novena

Looking for a practice this Lent to help you grow closer to God? Join this nine-day retreat that can be made amid the busyness of daily life. Join us for the Eucharist during your lunch hour at 12:30 pm at Seattle U's Chapel of St. Ignatius (or 1:00 pm on weekends). Or unwind at the end of your day at 6:30 pm with contemplative prayer (without Eucharist) at St. Joseph Church. Take just one hour a day for any or all of the nine days. Choose any combo of times and locations; or make the retreat online at www.ignatiancenter.org/novenaofgrace.

What happens at the Novena? You'll experience stirring preaching from three Ignatian-inspired presenters, the assembly's powerful prayers of petition, beautiful music and optional prayers for healing at the end. It draws an inspiring community of people of all ages and faith backgrounds. After nine days, many experience a profound sense of community and a palpable sense of the Spirit and of abundant graces that linger for a long time afterward.

What is a Novena? The Novena's origins date to 1633, when tradition says St. Francis Xavier appeared to a priest in a healing vision and promised that all who would earnestly ask his intercession with God for nine days would experience profound grace. The Novena survives today as an annual tradition, continually updated and relevant to the daily lives of those who participate.

What will the <u>NEW</u> 6:30 pm contemplative prayer service at St. Joseph's be like? This shorter evening liturgy will retain the familiar and beloved Novena elements of music, daily readings, personal prayers of petition, and blessings with the relics. Instead of Communion, there will be a quiet period of individual reflection with guiding questions, imagery and music. We're hoping this fresh format will draw young adults and people of all ages seeking a more intimate retreat-like experience of contemplative prayer and community!

Whether or not you are familiar with the Novena, we hope you will consider entering with open hearts into a new experience this Lent, responding to God's personal invitation to see God walking with us in daily life. Feel free to invite someone else to join you, too!

—from the staff at the Ignatian Spirituality Center

Retreat Team







Matt Holland, SJ (Pastor, St. Leo Parish, Tacoma)

JoAnn Lopez, MDiv (Campus Minister for Liturgy, Seattle U)

Ross Hays, MD (Spiritual Director, SEEL Puget Sound)

see more biographical info at www.ignatiancenter.org/novenaofgrace