



Sunday, March 17, 2019 * Second Sunday of Lent * www.stjosephparish.org

ST. JOSEPH PARISH

THE JESUIT PARISH IN SEATTLE



*“While he was praying, his face changed
in appearance and his clothing became
dazzling white.”*

SECOND SUNDAY OF LENT

MARCH 17, 2019

Homily This Week: John D. Whitney, S.J.
Reflection Next Week: George Hofbauer

Weekend Mass Schedule

Saturday - 5 pm

Sunday - 9 am, 11 am & 5:30 pm

Readings for March 24, 2019

FIRST READING: EXODUS 17:3-7

SECOND READING: ROMANS 5:1-2, 5-8

GOSPEL: JOHN 4:5-42

Weekday Mass Schedule

Monday - Friday, 7 am, Parish Center

Reconciliation

Saturday - 3:30-4:15 pm in the Church
or by appointment

Parish Center

732 18th Ave E, Seattle, WA 98112

Monday- Friday - 8 am - 4:30 pm

Saturday - 9 am - 1 pm

www.stjosephparish.org

Parish Receptionist (206) 324-2522

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St. Joseph School - Main Office x210

Patrick Fennessy, Head of School x218

Mary Helen Bever, Primary School Dir x215

Vince McGovern, Middle School Dir x219

Dear Friends,

This week I am attending attending a meeting of Jesuit Parish Schools in Atlanta, discussing how our Jesuit character infuses our educational mission. Consequently, I am offering a previously published essay, which seems still topical and which applies equally well to the welcome we offer to our Candidates and Confirmandi this coming Sunday. Blessings to them and to all. -John, SJ-

The Politics of the Gospel

Politics, according to the Social Doctrine of the Church, is one of the highest forms of charity, because it serves the common good. I cannot wash my hands, eh? We all have to give something! . . . A good Catholic meddles in politics, offering the best of himself, so that those who govern can govern.

-Pope Francis-

He stood on the high platform beneath the large black cross, which stood in memory of the many migrants who have died attempting to cross the border. It towered over him, decorated with an image of the Holy Family in their flight to Egypt. As he looked across the border fence at the people of El Paso, he waved in friendship. As usual, he was dressed in his threadbare white soutane and worn black shoes, and showed little weariness even after his days of travel, as he placed a bouquet of flowers before the cross and raised his hand to his forehead and began his prayer, “*En el nombre del Padre, y del Hijo.*”

To see Pope Francis standing at the monument for the lost, looking across the militarized American border at the small group of border guards and pilgrims, there could be no doubt that his visit was political. And as he turned around to join the vast group waiting for him in Ciudad Juarez, it was clear that he wished to proclaim with his body the politics of the gospel—a politics of mercy and hope, a politics that overcomes power with weakness, a politics that stands at the foot of the cross among the poor and trusts that the solidarity of love will overcome the sovereignty of fear. As he has done so many times since his first papal trip to the Italian island of Lampedusa, where he laid a wreath in the water for the thousands of refugees who had died trying to cross the Mediterranean, Francis declared to the people of Juarez and El Paso, to the people of Mexico and the United States, to the people living in privilege and those in poverty that the compassion of Christ Jesus is not an artifact to be entombed in a tabernacle. He proclaimed that the Church of Christ Jesus is not an ideology nor a doctrine, but a living People, a community of loved sinners, who suffer and hope in this world, who are filled with the Spirit that moves in all creation, and who are, by nature, unbounded by walls or razor-wire. Such a *proclamation-by-presence* was, beyond dispute, a political act—much like the Incarnation itself.

In choosing to enter the world fully, God chooses, as well, to become part of a political community. Indeed, to be human is to live within a *polis*, i.e., a political body, as real and necessary as a physical body. Thus, Jesus’ life and his teachings necessarily have political

implications, and not just implications in some imaginary “spiritual” realm. For Jesus—and for the Church of which he is the source—spirituality and the life of the political community are inseparable. Thus, when he chooses to live celibately, he not only demonstrates the centrality of his mission, but also stands against political and social structures of family life in which women and children are possessions that give a man status. Likewise, when he teaches about the blessedness of the poor or the vindication of the oppressed, he is not speaking about some disembodied principles, but about the real poor and those actually oppressed by all kinds of social systems. Even the great teaching of the last judgment—in which the King welcomes those who feed the hungry, give drink to the thirsty, welcome the stranger, visit the sick and the imprisoned—is a political statement, saying that we have a personal and societal duty to care for those who are considered the least in this world, if we wish to find ourselves united with Christ in the Kingdom to come. Thus, while we must never reduce Jesus to one political party or another, we must also never forget that his Incarnation declares, in an irreversible way, the presence of God in human—i.e., political, social, economic, as well as religious—history.

Even as we acknowledge the political character of the Incarnation, we must also note that the politics of the gospels often stands at odds with the politics of factionalism and fear practiced by leaders of all political persuasions around the world. Rather than seeking to divide the world into “us” and “them”—i.e., into “conservatives” and “liberals,” “patriots” and “appeasers,” “hard working Americans” and “welfare loafers,” “Wall Street fat-cats” and “working class families,” etc.—the gospel seeks to break down such divisions, calling all people to know themselves as simultaneously beloved and fallen, as sinners for whom God has nothing but mercy. Although we speak, in the Church, of a “preferential option for the poor,” we understand this not as a source of division, but as a call to repentance, aimed at all of those (i.e., all of us) who might be tempted to the heresy of self-sufficiency. In the political vision of the gospel, we who have many goods are enjoined constantly to look to those who are struggling, and to find in them the special summons of God’s law. Thus, the politics of the gospel may be summed up in a phrase—simple to enunciate, but damnably hard to enfold: “*Whatever you did for one of these least brothers or sisters of mine, you did for me*” (Mt. 25:41).

This weekend, at the 9:00 AM Mass on Sunday morning, 20 women and men will make profession in the Catholic Church, and 2 more will come to full membership through the reception of the Sacrament of Confirmation. In welcoming these brothers and sisters into our sacra-

mental community, we also call them to the politics of the gospel, and we mission them to call us there, as well. In gathering with them around the altar of Eucharist, we profess that God is not simply a spirit, worshipped in the pious heart or imagined in some heaven far away; rather, God is in them, and us, as food and drink, as blood and bone. God is in us all whenever we build bridges, instead of walls; whenever we act with mercy in our family or our politics; whenever we see as our own all those whom God brings near to us. God is with us in the real presence of Christ in the Eucharist, and with us when we become his real presence in the world. May we who receive the Sacrament this weekend—whether for the first time or for the five-thousandth—live that Sacrament in the whole of our lives: as parents and children, as neighbors and friends, as colleagues and as citizens of a nation and a world.



Newcomers Wanted!

Welcome to St. Joseph!

If you are recently registered or a newcomer (in the last year or so) to the parish, please join us for our NEWCOMERS GATHERING OF SOUP & STATIONS.

**Wednesday, March 27th, 6:00 – 8:00 pm,
Stations of the Cross in the Church at 6 pm,
followed by Soup Supper in the Parish Center**

Come meet the Parish Staff, your fellow new parishioners and learn about how to get involved in the parish. To RSVP please contact Caprice Sauter at caprices@stjosephparish.org or call 206-965-1642.

Join Us!

SECOND SUNDAY OF LENT

Welcome to St. Joseph. Please take a moment to silence your cell phones.

Processional Song

Return To God

Haugen



1. Now the time of grace has come, the day of salvation,
Come and learn now the way of our God. *Ref.*

2. I will take your heart of stone and place a heart within you.
A heart of compassion and love. *Ref.*

3. If you break the chains of oppression, if you set the prisoner free,
If you share your bread with the hungry, give protection to the lost.
Give a shelter to the homeless, clothe the naked in your midst.
Then your light will shine forth like the dawn. *Ref.*

Confiteor

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,

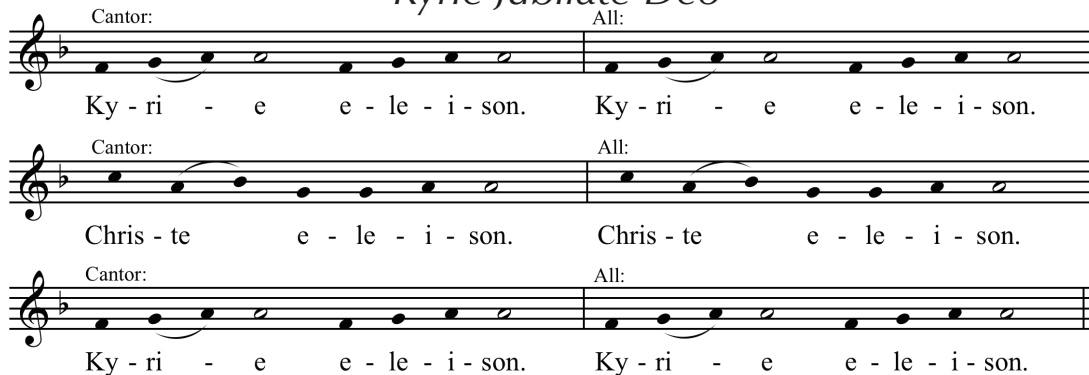
(Strike breast during next line)

through my fault, through my fault, through my most grievous fault.
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters, to pray for me to the Lord our God.

Kyrie

Kyrie Jubilate Deo

Plainchant



First Reading

The Lord God took Abram outside and said, "Look up at the sky and count the stars, if you can. Just so," he added, "shall your descendants be." Abram put his faith in the LORD, who credited it to him as an act of righteousness.

He then said to him, "I am the LORD who brought you from Ur of the Chaldeans to give you this land as a possession." "O Lord GOD," he asked, "how am I to know that I shall possess it?" He answered him, "Bring me a three-year-old heifer, a three-year-old she-goat, a three-year-old ram, a turtledove, and a young pigeon." Abram

Genesis 15:5-12, 17-18
brought him all these, split them in two, and placed each half opposite the other; but the birds he did not cut up. Birds of prey swooped down on the carcasses, but Abram stayed with them. As the sun was about to set, a trance fell upon Abram, and a deep, terrifying darkness enveloped him.

When the sun had set and it was dark, there appeared a smoking fire pot and a flaming torch, which passed between those pieces. It was on that occasion that the LORD made a covenant with Abram, saying: "To your descendants I give this land, from the Wadi of Egypt to the Great River, the Euphrates."

Responsorial Psalm

Psalm 27

Haugen



1. The Lord is my light and my help; whom should I fear?
The Lord is the stronghold of my life; before whom should I shrink?

2. There is one thing I ask of the Lord; for this I long;
to live in the house of the Lord all the days of my life.

3. I believe I shall see the goodness of the Lord, in the land of the living;
hope in him and take heart, hope in the Lord!

Second Reading

Philippians 3:17-4:1

Join with others in being imitators of me, brothers and sisters, and observe those who thus conduct themselves according to the model you have in us. For many, as I have often told you and now tell you even in tears, conduct themselves as enemies of the cross of Christ. Their end is destruction. Their God is their stomach; their glory is in their "shame." Their minds are occupied with earthly things. But our citizenship is in heaven, and from it we also await a savior, the Lord Jesus Christ. He will change our lowly body to conform with his glorified body by the power that enables him also to bring all things into subjection to himself.

Therefore, my brothers and sisters, whom I love and long for, my joy and crown, in this way stand firm in the Lord.

Gospel Acclamation

Vermulst



Praise to you, Lord Je - sus Christ. King of end - less glo - ry!

From the shining cloud the Father's voice is heard:

This is my beloved Son, hear him.

Gospel

Luke 9:28b-36

Jesus took Peter, John, and James and went up the mountain to pray. While he was praying, his face changed in appearance and his clothing became dazzling white. And behold, two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem. Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory and the two men standing with him. As they were about to part from him, Peter said to Jesus, "Master, it is good that we are here; let us make three tents, one for you, one for Moses, and one for Elijah." But he did not know what he was saying. While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." After the voice had spoken, Jesus was found alone. They fell silent and did not at that time tell anyone what they had seen.



Homily

John D. Whitney, S.J.

(9) Rite Of Reception and Confirmation

Veni Sancte Spiritus

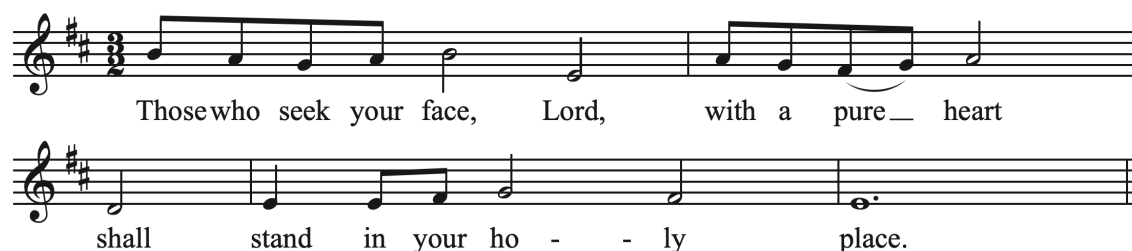
Berthier



Offertory Songs

Those Who Seek Your Face, Lord

Walker



(9) Choral: O Nata Lux

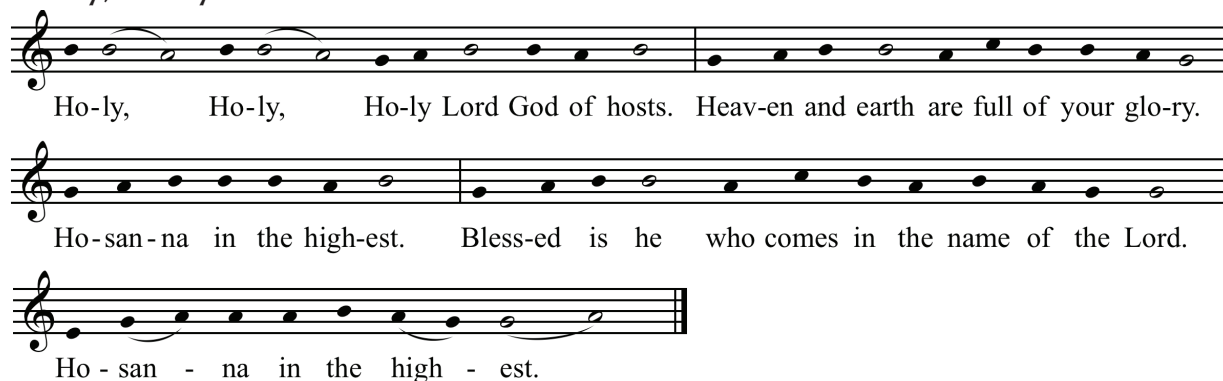
*O Light born of Light, Jesus, redeemer of the world,
with loving-kindness deign to receive suppliant praise
and prayer
Thou who once deigned to be clothed in flesh for the
sake of the lost,
grant us to be members of thy blessed body.*

*O nata lux de lumine Jesu redemptor saeculi,
dignare clemens supplicum laudes precesque sumere.
Qui carne quondam contegi dignatus es pro perditis.
Nos membra confer effici, tui beati corporis*

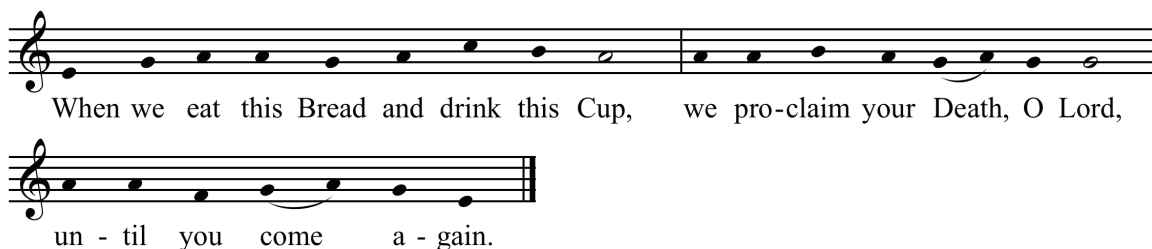
Holy, Holy, Holy

Mass XVIII

Plainchant



Mystery of Faith



Great Amen



Lamb of God



All Are Invited To Come Forward

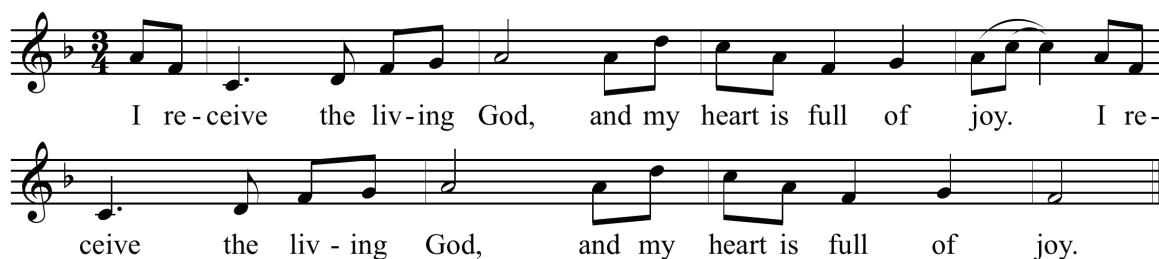
During communion, we invite all to come forward. If you do not ordinarily receive Eucharist, or choose not to, come for a blessing, indicating your desire by putting your hand on your heart.

IF YOU HAVE A GLUTEN ALLERGY, & NEED A GLUTEN FREE HOST, PLEASE COME TO THE PRESIDER & INDICATE THIS.

(9) First Communion

I Receive the Living God

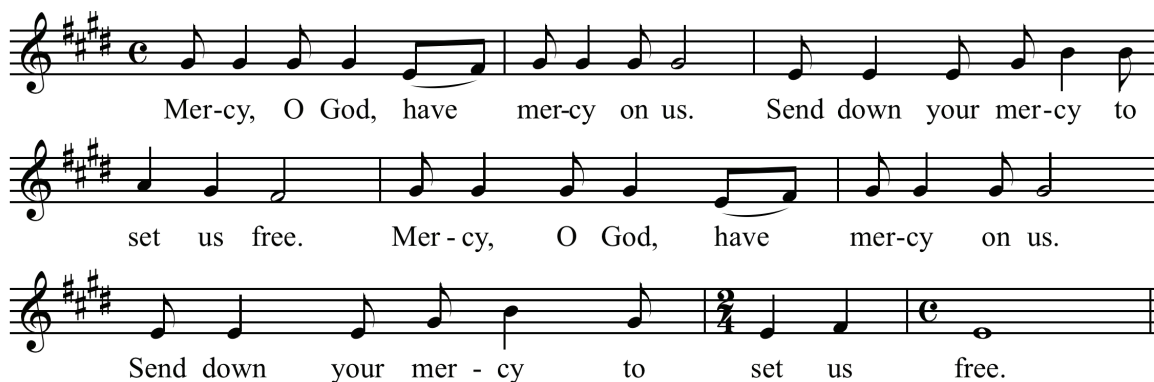
Geoffroy/Clement Jacob



Communion Song

Mercy, O God

O'Brien



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Song of Praise

(5&11) Transform Us

PICARDY

1. Trans - form us as you, trans - fig - ured, Stood a - part on
 2. Trans - form us as you, trans - fig - ured, Once spoke with those
 3. Trans - form us as you, trans - fig - ured, Would not stay with -
 Ta - bor's height. Lead us up our sa - cred
 ho - ly ones. We, sur - round - ed by the
 in a shrine. Keep us from our great temp -
 moun - tains, Search us with re - veal - ing light.
 wit - ness Of those saints whose work is done,
 ta - tion - Time and truth we quick - ly bind,
 Lift us from where we have fall - en,
 Live in this world as your Bod - y,
 Lead us down those dai - ly path - ways
 Full of ques - tions, filled with fright.
 Cho - sen daugh - ters, cho - sen sons.
 Where our love is not con - fined.

Recessional

(9) You Are the Voice

Haas

Refrain

You are the voice of the liv - ing God,
 call - ing us now to live in your love, to be
 chil - dren of God once a - gain!

Verses

1. Praise for the light that shines through the night, from
 2. Praise for the wa - ter that springs from the sea, the
 3. Praise for the sing - ing and praise for the dance, with
 dark - ness to light, from death to new life, and praise to the
 seed that gives life to all who be - lieve, God's love o - ver -
 new heart and voice, all raise the song of praise to cre -
 morn - ing that brings forth the sun, to o - pen our eyes to the Lord!
 flow - ing, our hearts know the joy to be daugh - ters and sons of the Lord!
 a - tion; all heav - en and earth, come sing of the glo - ry of God!
 D.C.
 To o - pen our eyes to the Lord! For
 To be daugh - ters and sons of the Lord! For
 Come sing of the glo - ry of God! For

THIS WEEK AT ST. JOSEPH



Sunday

9:00 AM Mass
10:00 AM Coffee & Donuts - Join us!
11:00 AM Mass
5:30 PM Mass

Monday

7:00 AM Mass - Parish Center
7:00 PM Sacred Silence Prayer Group
7:00 PM Rosary Prayer Group

Tuesday

7:00 AM Mass - Parish Center

Wednesday

7:00 AM Mass - Parish Center

Thursday

7:00 AM Mass - Parish Center

Friday

7:00 AM Mass - Parish Center
11:00 AM Stations Of the Cross

Saturday

3:30 PM Reconciliation
5:00 PM Mass

STEWARDSHIP REPORT

	Current Fiscal Year to 2/19	Budget	Difference
Ordinary Income	\$1,030,539.55	\$1,167,600.00	(\$137,060.45)
Donations and Fundraisers	\$25,419.24	\$33,201.34	(\$7,782.10)
Business Income	\$7.00	\$0.00	\$7.00
Proceeds from Endowment	\$16,190.86	\$16,190.86	\$0.00
Total	\$1,072,156.65	\$1,216,992.20	(\$144,835.55)

In the spirit of transparency, above you can take a glimpse into our parish financials. As you may recall, we were ambitious this year with our budget and planned stewardship. Hoping to increase both our ordinary income and the % of those actively giving by 10% in order to maintain the high levels of programs and staff here at St. Joseph. Our efforts were unsuccessful we are running flat compared to prior years through January.

Then we hit February and while the snow was fun and everyone was cuddled up by the fire enjoying their families. It sure affected our income. We have dropped down another 2% of our total income. That alone is a \$40,000 decrease in one month. We are now running at 12% below budgeted income. Every department is cutting expenses, from postage, printing and food to maintenance projects. We can make up a portion of this gap by expense reduction but we still need our parish family to step up and help us get back on track in order to maintain our current staff and program level.

It is times like this, that stress the importance of a pledge of stewardship versus giving into the Sunday collection basket. With Mass attendance way down for three Sunday's in a row, the Sunday collection will not make up the loss in income. We need everyone to come together and bless St. Joseph so we can continue to bless others.

As always please do not hesitate to reach out if there is any additional information you would like. I can be reached at marti@stjosephparish or 206-965-1648.

Marti M'Goughy

Pastoral Assistant for Administration





LITURGY AND WORSHIP

Come Pray With Us!

Monday Night Prayer Groups

Join us in prayer this **Monday at 7 pm**. There are two prayer groups meeting. Join our Sacred Silence prayer group in the Church or come pray the Rosary in the Parish Center Chapel.

The Sacred Silence prayer group will gather in the church for an hour of silent prayer. Please arrive before 7 pm as the doors are locked right at 7. For information, contact Jim Hoover at sacredsilence@stjosephparish.org or 206-286-0313.

Praying the Rosary can help us face the often harsh realities of life with hope and grace. We have volunteers ready to help guide those who are just learning.

Pray the Stations of the Cross

Every Friday during Lent at 11:00 am.
All are in the church.



Seniors On The Go

Monday, March 25th - Please join us for a Mass celebrating The Annunciation of the Lord at 11:30 am followed by a light lunch in the Parish Center.

Friday, April 5th - Stations of the Cross at 11 am followed by our Anointing Mass at 11:30 am, then join us for our Lenten Luncheon in the Parish Center. All are welcome, please feel free to park in the parking lot and take the elevator up.

Prayer Tree St. Joseph Community extends its prayers and hopes for the following intentions: A 5 year old grandson who has been hospitalized . . . For Geri to recover after hip surgery...For Mary's knee to heal well after surgery . . . Grateful for a successful dental implant . . . For the homeless who are struggling.

"God has created me to do Him some definite service . . .

I have my mission.

*I may never know it in this life,
but I shall be told it in the next.*

*I am a link in a chain,
a bond of connections between persons . . ."*

~John Henry Newman

Notice

On Sunday, March 24th there will be no 11:00 am Mass so that all may join our Sister Parish Celebration.

The Annunciation of the Lord

Mass on Monday, March 25th at 11:30 am
followed by a light lunch in the Parish Center.
Please join us!

PARISH LIFE

Women's Book Group

Saturday, March 30th, 10:30 - 12, Xavier Room

The Journey to Peace: Reflections on Faith, Embracing Suffering, and Finding New Life by Joseph Bernardin

This is a fairly short book, so if you can obtain a copy, you probably still have time to read and join us! And, remember, even if you can't get it all read, come anyway and join the conversation!

Book available to borrow from Seattle Public Library
Not available at King County Library System (KCLS)
Copies for sale at Abebooks www.abebooks.com for \$3.92 with free shipping
And, of course, Amazon...

St. Joseph's Women's Ministry Lenten Day of Reflection

THE Woman AT THE Well

THIRSTING FOR OUR PLACE IN MINISTRY

We are all called by our Baptism to be Priest, Prophet and King. While these titles are most often interpreted as masculine, we will be led in contemplation, discussion and prayer to come to a deeper understanding of these roles in our lives as women in today's Catholic Church.

**Saturday, April 6, 2019,
Arrupe Room, Parish Center**

Gathering at 8:30 am: light buffet breakfast followed by presentation, reflection and sharing; lunch at noon

- No charge for the Day of Reflection
- Contributions will be accepted to help cover costs
- Respond by email to Katy Huston, katy-h101@gmail.com
- Reservations appreciated by April 1, 2019



ST. JOSEPH PARISH
THE JESUIT PARISH IN SEATTLE

común



ST. JOSEPH PARISH
THE JESUIT PARISH IN SEATTLE

ONE COMMON TABLE

YOU'RE INVITED...

ST. JOSEPH AND SAN BARTOLOMÉ

SISTER PARISH

30TH ANNIVERSARY KICK-OFF

SUNDAY, MARCH 24TH

SCHEDULE

- * 9 AM MASS [NOTE: THERE WILL BE NO 11 AM MASS]
- * 10 AM SOCIAL HALL - ENTER THE RELATIONSHIP
LEARN ABOUT THE HISTORICAL CONTEXT AS WELL AS PRESENT DAY
ACTIVITIES - MINGLE WITH PAST DELEGATES AND COMMITTEE
MEMBERS - DISCERN YOUR ROLE
- * CHILDREN ARE WELCOME - RELEVANT LEARNING ACTIVITIES

SALVADORAN BREAKFAST [OPTIONAL]

- * \$15 FOR RICE AND BEANS, SCRAMBLED EGGS, FRIED PLANTAINS
AND TORTILLAS. OJ AND COFFEE INCLUDED.
- * PLEASE PURCHASE TICKETS ONLINE BY MARCH 21
- * WWW.STJOSEPHPARISH.ORG

QUESTIONS? STEVEW@STJOSEPHPARISH.ORG OR 206.324.2522

Seattle,
St. Joseph

Arcatao,
San Bartolomé

FAITH FORMATION



Summer Service Week

Agape – is a 6 day immersive service opportunity for Middle Schoolers (rising 6th-8th graders) that serves the migrant farm workers in Lynden, WA. Youth learn about the human dignity of every person they meet and practice Agape love through service: tabling at grocery stores, running a food/clothing bank, providing school supplies, working on a local farm, building friendships with children at a migrant camp. We also pray together and celebrate mass. Youth leave their mission trip as better people: more grounded in their faith, with a deeper relationship with Christ, as change-makers in society. St. Joseph will be making our annual Agape mission trip Sunday, August 4th – Friday, August 9th. Open to 15 participants. Cost is \$275.00. Register at www.stjosephparish.org

CFF 2 Workshop

CFF 2 Eucharist Workshop for children preparing for First Eucharist- Saturday, March 23rd from 9:00 am to noon in the Church. We look forward to having you join us.

Recorded Homilies

St. Joseph is now recording the homily each weekend. We are sharing those recordings on our website, www.stjosephparish.org and also on our Facebook page, www.facebook.com/stjosephseattle. Please feel free to listen and to share them with others. We hope you enjoy this new feature.

Online Bible Study

Did you know that St. Joseph's has an Online Bible Study with reflections written by Parishioners? This is the perfect opportunity to make a little space in your busy week to read and pray with the Scriptures for the upcoming Sunday. Join our online community and allow your fellow parishioners to help deepen your prayer life through their reflections. You can also find our online bible study on the top of the weekly e-newsletter that is sent out on Thursday, just click the button that says "Online Bible Study".

<https://stjosephparishbiblestudy.wordpress.com/>

FAITH JUSTICE



Rice Bowl

Encounter Annet

In Uganda, we encounter Annet and her family, children forced to flee violence, searching for stability. How are we called to welcome the stranger in our midst? How can you support those, worldwide, who are forced to flee their homes to find safety or better opportunities? Visit csrricebowl.org for more.





St. Joseph Adult Faith Formation Presents:



The Old Concealed in the New Revealed: A Scripture Study

Thursdays, March 21- April 4 | 7:00-8:30 PM
Arrupe Rm.

Facilitated by Susan M. Sambrook, MA Theology

Join us this Lent and explore how the church interprets scripture both in context and theologically. This is a three-week series that looks at intertextuality and how the gospel authors used the Old Testament Prophets to make their case for Christ.

Week 1: The Scriptures in context- *Dei Verbum* and Hermeneutics

Week 2: Old Testament Prophets in the Gospels

Week 3: Patristic Fathers and Prefigurment

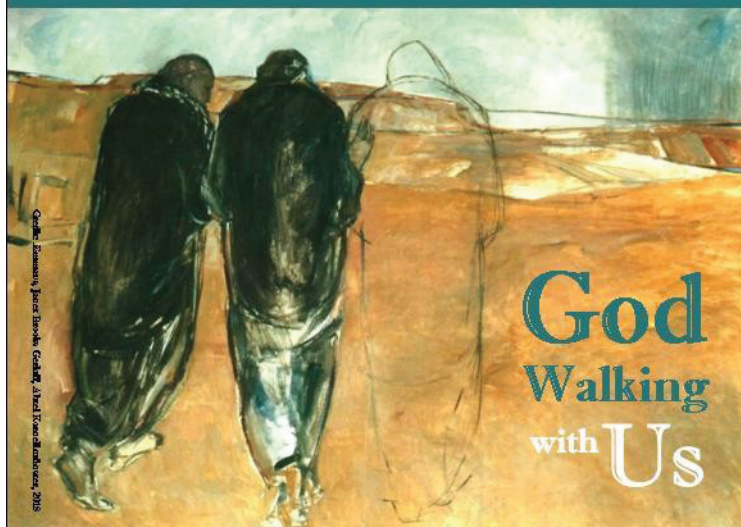
Materials, snacks and refreshments will be provided.

For information or to RSVP for this event please contact:

Theresal@stjosephparish.org or 206-965-1651

www.stjosephparish.org

The Ignatian Spirituality Center invites you to
Novena of Grace 2019



God
Walking
with Us

Take **one hour a day**
to attend **any or all nine days**
of this Lenten retreat in everyday life!

Novena of Grace 2019

“God Walking with Us”

March 12-20

A Lenten retreat in
the midst of daily life

WEEKDAYS

12:30 pm at SU Chapel of St. Ignatius (Eucharist) OR
*6:30 pm at St. Joseph Church (*Contemplative Prayer)

SATURDAY: 1 pm at St. Joseph Church (Eucharist)

SUNDAY: 1 pm at Chapel of St. Ignatius (Eucharist)

**note new time and format*

A place to offer up your
deepest desires in prayer
and receive God's
abundant grace



PRESENTERS

Fr. Matt Holland, S.J.,
JoAnn Lopez and Ross Hays



MORE INFO

(206) 329-4824

[ignatiancenter.org](http://www.ignatiancenter.org)

Nine days of inspiring music,
preaching and community
in the context
of a daytime Eucharist
or evening Contemplative Prayer

Join us for any or all of the days
at either location or make the retreat online!

About This Year's Novena

Looking for a practice this Lent to help you grow closer to God? Join this nine-day retreat that can be made amid the busyness of daily life. Join us for the Eucharist during your lunch hour at 12:30 pm at Seattle U's Chapel of St. Ignatius (or 1:00 pm on weekends). Or unwind at the end of your day at 6:30 pm with contemplative prayer (without Eucharist) at St. Joseph Church. Take just one hour a day for any or all of the nine days. Choose any combo of times and locations; or make the retreat online at www.ignatiancenter.org/novenaofgrace.

What happens at the Novena? You'll experience stirring preaching from three Ignatian-inspired presenters, the assembly's powerful prayers of petition, beautiful music and optional prayers for healing at the end. It draws an inspiring community of people of all ages and faith backgrounds. After nine days, many experience a profound sense of community and a palpable sense of the Spirit and of abundant graces that linger for a long time afterward.

What is a Novena? The Novena's origins date to 1633, when tradition says St. Francis Xavier appeared to a priest in a healing vision and promised that all who would earnestly ask his intercession with God for nine days would experience profound grace. The Novena survives today as an annual tradition, continually updated and relevant to the daily lives of those who participate.

What will the NEW 6:30 pm contemplative prayer service at St. Joseph's be like? This shorter evening liturgy will retain the familiar and beloved Novena elements of music, daily readings, personal prayers of petition, and blessings with the relics. Instead of Communion, there will be a quiet period of individual reflection with guiding questions, imagery and music. We're hoping this fresh format will draw young adults and people of all ages seeking a more intimate retreat-like experience of contemplative prayer and community!

Whether or not you are familiar with the Novena, we hope you will consider entering with open hearts into a new experience this Lent, responding to God's personal invitation to see God walking with us in daily life. Feel free to invite someone else to join you, too!

—from the staff at the Ignatian Spirituality Center

Retreat Team



Matt Holland, SJ (Pastor, St. Leo Parish, Tacoma)

JoAnn Lopez, MDiv (Campus Minister for Liturgy, Seattle U)

Ross Hays, MD (Spiritual Director, SEEL Puget Sound)

see more biographical info at www.ignatiancenter.org/novenaofgrace