Companions In Mission
St. Joseph Parish, Seattle
St. Bartolomé, Arcateo

30 Years
The Continuing Life of St. Oscar Romero

When we struggle for human rights, for freedom, for dignity, when we feel that it is a ministry of the church to concern itself for those who are hungry, for those who have no schools, for those who are deprived, we are not departing from God’s promise. He comes to free us from sin, and the church knows that sin’s consequences are all such injustices and abuses. The church knows it is saving the world when it undertakes to speak also of such things.

-St. Oscar Romero-

I ask myself: Is it possible to change direction? Can we get out of this spiral of sorrow and death? Can we learn once again to walk and live in the ways of peace? Invoking the help of God, I say: Yes, it is possible for everyone! From every corner of the world tonight, I would like to hear us cry out: Yes, it is possible for everyone! Or even better, I would like for each one of us, from the least to the greatest, including those called to govern nations, to respond: Yes, we want it!

-Pope Francis-

He was a bookish and bureaucratic auxiliary bishop, named Archbishop of San Salvador mostly because the powerful officials who held sway in the hierarchy of Church and State believed him accommodating to their wishes and conservative in his leadership. After all, as editor of the diocesan newspaper, he had written against the sociological methods of the Jesuits and others, calling them “almost Marxist” and condemning their disrespect for the traditions of the Church. Though aware of the poverty of his country, he held to his conviction that the Church must call for charity, but avoid politics. And even as he took on the office of Archbishop, he cultivated and enjoyed his friendship with the wealthy and powerful, acting in a way wholly acceptable to the conservative interests of the rich: never rocking the boat, never disrupting the status quo. Yet, for all his commitment to keeping the Church out of politics, for all his natural conservatism and deference, something happened to him when one of his priests was murdered.

Fr. Rutillo Grande, who had been trained by the Society of Jesus as a professor of pastoral theology, had left the academic world to pursue ministry among ordinary people, especially the poor. In the rural villages of the Salvadoran countryside, he became deeply connected with the farmers and laborers, the campesinos and families who suffered the most from the policies created by that small minority in the nation who owned almost all the land. To these he offered a new vision of the gospel, one that spoke of liberation and social justice; a gospel with “little feet” (as he would say) that brought Jesus out of the clouds and into the lives of the poor—a vision that was embraced by the poor but seen as threatening to the powerful people who surrounded the Archbishop. Nevertheless, though their vision of the gospel and the mission of the Church was very different, shaped by the context in which they lived, this progressive Jesuit had befriended the bookish diocesan priest long before he was
Newcomers Wanted!

Welcome to St. Joseph!

If you are recently registered or a newcomer (in the last year or so) to the parish, please join us for our NEWCOMERS GATHERING OF SOUP & STATIONS.

Wednesday, March 27th, 6:00 – 8:00 pm,
Stations of the Cross in the Church at 6 pm,
followed by Soup Supper in the Parish Center

Come meet the Parish Staff, your fellow new parishioners and learn about how to get involved in the parish. To RSVP, please contact Caprice Sauter at caprices@stjosephparish.org or call 206-965-1642.

Join Us!
**THIRD SUNDAY OF LENT**

Welcome to St. Joseph. Please take a moment to silence your cell phones.

**Introit**

*Deep Within*  
*Haas*

1. Behold the days are coming, says the Lord our God,  
   when make a new covenant with the house of Israel. Ref.

2. Deep within their being I will implant my law.  
   I will write it in their hearts. Ref.

3. I will be their God and they shall be my people. Ref.

4. And for all their faults I will grant forgiveness,  
   nevermore will I remember their sins. Ref.

**Processional Song**

*(5&5:30) Grant To Us*  
*Deiss*

1. Behold the days are coming, says the Lord our God,  
   when make a new covenant with the house of Israel. Ref.

2. Deep within their being I will implant my law.  
   I will write it in their hearts. Ref.

3. I will be their God and they shall be my people. Ref.

4. And for all their faults I will grant forgiveness,  
   nevermore will I remember their sins. Ref.

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The Opening song, “Canto de entrada” at the 9 am Mass,  
Vamos Todos al Banquete is the entrance hymn from the  
Salvadoran Folk Mass. The words are based on a sermon by Fr. Rutillo Grande  
about a month before he was killed by the death squads in El Salvador. All  
of creation, he said, is like a common table around which all of us sit, each  
with our own stool (taburete - a simple chair used by peasant families in El  
Salvador...one of their few possessions) to sit on and each with our mission  
to live out.
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

(Strike breast during next line)

through my fault, through my fault, through my most grievous fault. Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Confiteor

Kyrie

Kyrie Jubilate Deo

Plainchant
First Reading
In those days, in their thirst for water, the people grumbled against Moses, saying, “Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?” So Moses cried out to the LORD, “What shall I do with this people? A little more and they will stone me!” The LORD answered Moses, “Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink.” This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the LORD, saying, “Is the LORD in our midst or not?”

Responsorial Psalm

Psalm 95

1. Come, ring out our joy to the Lord. Hail the Rock who saves us.
Let us come now before our God. With songs let us hail the Lord. Ref.

2. Come, let us bow and bend low. Let us kneel before God who made us,
for he is our God, we the people, the flock that is led by God's hand. Ref.

3. O that today you would hear God's voice, "Harden not your hearts,
as on that day in the dessert, when your parents put me to the test." Ref.

Second Reading
Brothers and sisters: Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.

And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still sinners Christ died for us.

Gospel Acclamation

Lord, you are truly the Savior of the world;
give me living water, that I may never thirst again.
Gospel

John 4:5-42

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water. Jesus said to her, “Give me a drink.” His disciples had gone into the town to buy food. The Samaritan woman said to him, “How can you, a Jew, ask me, a Samaritan woman, for a drink?” — For Jews use nothing in common with Samaritans.— Jesus answered and said to her, “If you knew the gift of God and who is saying to you, ‘Give me a drink,’ you would have asked him and he would have given you living water.” The woman said to him, “Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?” Jesus answered and said to her, “Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.” The woman said to him, “Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water.”

Jesus said to her, “Go call your husband and come back.” The woman answered and said to him, “I do not have a husband.” Jesus answered her, “You are right in saying, ‘I do not have a husband.’ For you have had five husbands, and the one you have now is not your husband. What you have said is true.” The woman said to him, “Sir, I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem.” Jesus said to her, “Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth.” The woman said to him, “I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything.” Jesus said to her, “I am he, the one speaking with you.”

At that moment his disciples returned, and were amazed that he was talking with a woman, but still no one said, “What are you looking for?” or “Why are you talking with her?” The woman left her water jar and went into the town and said to the people, “Come see a man who told me everything I have done. Could he possibly be the Christ?” They went out of the town and came to him. Meanwhile, the disciples urged him, “Rabbi, eat.” But he said to them, “I have food to eat of which you do not know.” So the disciples said to one another, “Could someone have brought him something to eat?” Jesus said to them, “My food is to do the will of the one who sent me and to finish his work. Do you not say, ‘In four months the harvest will be here?’ I tell you, look up and see the fields ripe for the harvest. The reaper is already receiving payment and gathering crops for eternal life, so that the sower and reaper can rejoice together. For here the saying is verified that ‘One sows and another reaps.’ I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work.”

Many of the Samaritans of that town began to believe in him because of the word of the woman who testified, “He told me everything I have done.” When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, “We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world.”

Reflection

George Hofbauer
First Scrutiny (5:30)  
**We Thirst For Living Water**  
_Browning_  

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We thirst for living water, deliver us, O Lord.
```

Community echoes the cantor:

Cantor: *O Healing river*  
All: *O Healing river...*  
Cantor: *Send down your water*  
All: *Send down your water...* (etc.)

Send down your water...upon this land.

Oh healing river...send down your water.

Oh healing river...send your waters down.

Dismissal of the Elect  
(5:30)  
**There Is One Lord**  
_Taize_  

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There is one Lord, one faith, one baptism;
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There is one God, who is Father of all.
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Offertory Song  
**Come To the Water**  
_Foley_  

```
1. O let all who thirst, let them come to the wa-ter.
2. And let all who seek, let them come to the wa-ter.
3. And let all who toil, let them come to the wa-ter.
4. And let all the poor, let them come to the wa-ter.
```

And let all who have noth-ing,  
Bring the ones who are la-den,  
With-out mon-e-y,  
Bring the chil-dren

```
let them come to the Lord:  
let them come to the Lord:  
let them come to the Lord:  
bring them all to the Lord:  
```

```
And let all who are wea-ry,  
Why should you spend your life,  
How can your soul find rest,  
Easy the load and light:
```

```
with-out price.  
with-out strife.  
with-out rest.  
with-out might.
```

```
Why should you pay the price,  
Why should you spend your life,  
How can your soul find rest,  
Easy the load and light:
```

```
ex-cept for the Lord?  
ex-cept for the Lord?  
ex-cept for the Lord?  
Come to the Lord!
```
All Are Invited To Come Forward

During communion, we invite all to come forward. If you do not ordinarily receive Eucharist, or choose not to, come for a blessing, indicating your desire by putting your hand on your heart.

If you have a gluten allergy, & need a gluten free host, please come to the presider & indicate this.

The communion song Food For the Journey is based on the words to the last sermon given by Archbishop Oscar Romero before he was murdered while celebrating the Eucharist on March 24, 1980. El Salvador, as most of Central America, has extremes of wealth and poverty. During the 1970s Archbishop Oscar Romero spoke on behalf of the poor and called the nation to a more equitable distribution of wealth. He continued to call for justice until he was murdered.
Communion Song

**Food For the Journey**

Zaragoza

\[
\begin{align*}
\text{Food for the journey} & \quad \text{flows from a love divine;}
\end{align*}
\]

\[
\begin{align*}
\text{Jesus, broken living bread,} & \quad \text{Jesus, out-poured wine.}
\end{align*}
\]

Song of Praise

**5) I Heard the Voice of Jesus**

KINGSFOLD/Bonar

\[
\begin{align*}
1. \text{I heard the voice of Jesus say, "Come unto me and rest; Lay} \\
2. \text{I heard the voice of Jesus say, "Behold, I freely give The} \\
3. \text{I heard the voice of Jesus say, "I am this dark world's light; Look}
\end{align*}
\]

\[
\begin{align*}
\text{down, O weary one, lay down Your head upon my breast." I} \\
\text{liv ing water; thirsty one, Stoop down, and drink, and live." I} \\
\text{unto me, your morn shall rise; And all your day be bright." I}
\end{align*}
\]

\[
\begin{align*}
\text{came to Jesus as I was, So weary, worn, and sad; I} \\
\text{looked to Jesus, and I found In him my star, my sun; And}
\end{align*}
\]

\[
\begin{align*}
\text{found in him a resting place, And he has made me glad.} \\
\text{in that light of life I'll walk Till trav'ling days are done.}
\end{align*}
\]

Recessional

**Tolling Bell**

Hellerman/Minkoff

\[
\begin{align*}
\text{Community echoes the cantor:}
\end{align*}
\]

Cantor: O Healing river  All: O Healing river...

Cantor: Send down your water  All: Send down your water... (etc.)

Send down your water... upon this land.

Oh healing river... send down your water.

Oh healing river... send your waters down.
This Week At St. Joseph

Sunday
9:00 AM  Mass
10:00 AM  Coffee & Donuts - Join us!
11:00 AM  Mass
5:30 PM  Mass

Monday
7:00 AM  Mass - Parish Center
7:00 PM  Sacred Silence Prayer Group
7:00 PM  Rosary Prayer Group

Tuesday
7:00 AM  Mass - Parish Center

Wednesday
7:00 AM  Mass - Parish Center
6:00 PM  Soup & Stations

Thursday
7:00 AM  Mass - Parish Center

Friday
7:00 AM  Mass - Parish Center
11:00 AM  Stations Of the Cross

Saturday
3:30 PM  Reconciliation
5:00 PM  Mass

Stewardship Report

<table>
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<tr>
<th>Current Fiscal Year to 2/19</th>
<th>Budget</th>
<th>Difference</th>
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</thead>
<tbody>
<tr>
<td>Ordinary Income</td>
<td>$1,030,539.55</td>
<td>$1,167,600.00</td>
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<tr>
<td>Donations and Fundraisers</td>
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<td>$33,201.34</td>
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<tr>
<td>Business Income</td>
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<td>$0.00</td>
</tr>
<tr>
<td>Proceeds from Endowment</td>
<td>$16,190.86</td>
<td>$16,190.86</td>
</tr>
<tr>
<td>Total</td>
<td>$1,072,156.65</td>
<td>$1,216,992.20</td>
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</tbody>
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In the spirit of transparency, above you can take a glimpse into our parish financials. As you may recall, we were ambitious this year with our budget and planned stewardship. Hoping to increase both our ordinary income and the % of those actively giving by 10% in order to maintain the high levels of programs and staff here at St. Joseph. Our efforts were unsuccessful we are running flat compared to prior years through January.

Then we hit February and while the snow was fun and everyone was cuddled up by the fire enjoying their families. It sure affected our income. We have dropped down another 2% of our total income. That alone is a $40,000 decrease in one month. We are now running at 12% below budgeted income. Every department is cutting expenses, from postage, printing and food to maintenance projects. We can make up a portion of this gap by expense reduction but we still need our parish family to step up and help us get back on track in order to maintain our current staff and program level.

It is times like this, that stress the importance of a pledge of stewardship versus giving into the Sunday collection basket. With Mass attendance way down for three Sunday’s in a row, the Sunday collection will not make up the loss in income. We need everyone to come together and bless St. Joseph so we can continue to bless others.

As always please do not hesitate to reach out if there is any additional information you would like. I can be reached at marti@stjospehparish or 206-965-1648.

Marti McCooghey
Pastoral Assistant for Administration
Come Pray With Us!

Monday Night Prayer Groups

Join us in prayer this **Monday at 7 pm**. There are two prayer groups meeting. Join our Sacred Silence prayer group in the Church or come pray the Rosary in the Parish Center Chapel.

The Sacred Silence prayer group will gather in the church for an hour of silent prayer. Please arrive before 7 pm as the doors are locked right at 7. For information, contact Jim Hoover at sacredsilence@stjosephparish.org or 206-286-0313.

Praying the Rosary can help us face the often harsh realities of life with hope and grace. We have volunteers ready to help guide those who are just learning.

Pray the Stations of the Cross

Every Friday during Lent at 11:00 am.

All are in the church.

New Hymnals!

You probably noticed that the green “Gather Comprehensive” songbooks that have been in the pews at St. Joseph for well over 20 years disappeared around Christmastime. This book was published by GIA in 1994 and has been the hymnal of choice for St. Joseph (and many, many other parishes around the country) for many years. Between 1994 and 2019 much new music has been composed for the church and, of course, the responses for the mass were retranslated in 2010 so there was a need to update our hymnal. Since we publish an order of service each weekend with all of the necessary music and responses for our liturgies we decided not to fill the pews with the books but to purchase enough of them for events when we need a hymnal and keep them stored in a nice rolling rack in the vestibule. This book is a twice updated version of Gather Comprehensive and is called “Gather: Third Edition.” Since we already have great flexibility in the music we use for liturgy by virtue of the weekly order of service, you won’t notice any change in the repertoire of music we use for mass. But you’re welcome to pick one up as you enter the church if you want to participate in singing the verses for the offertory and communion songs which are often NOT printed in the order of service. I will be sure to print the number for the song in the Order of service. Also, you will find that the readings for each Sunday are printed in the back of the book and all the necessary responses are printed in the first two pages so it’s a good catechetical tool.

Also, if you are aware of a parish that could make use of our old Gather Comprehensive Hymnals please let me know and we’d be happy to donate them.

Robert McCaffery-Lent - Director of Music

Notice

On Sunday, March 24th there will be no 11:00 am Mass so that all may join our Sister Parish Celebration.

The Annunciation of the Lord

Mass on Monday, March 25th at 11:30 am followed by a light lunch in the Parish Center. Please join us!
We are all called by our Baptism to be Priest, Prophet and King. While these titles are most often interpreted as masculine, we will be led in contemplation, discussion and prayer to come to a deeper understanding of these roles in our lives as women in today’s Catholic Church.

Saturday, April 6, 2019, 
Arrupe Room, Parish Center
Gathering at 8:30 am: light buffet breakfast followed by presentation, reflection and sharing; lunch at noon

- No charge for the Day of Reflection
- Contributions will be accepted to help cover costs
- Respond by email to Katy Huston, katy-h101@gmail.com
- Reservations appreciated by April 1, 2019
**Women’s Book Group**

Saturday, March 30th, 10:30 - 12, Xavier Room

*The Journey to Peace: Reflections on Faith, Embracing Suffering, and Finding New Life* by Joseph Bernardin

This is a fairly short book, so if you can obtain a copy, you probably still have time to read and join us! And, remember, even if you can’t get it all read, come anyway and join the conversation!

Book available to borrow from Seattle Public Library
Not available at King County Library System (KCLS)
Copies for sale at Abebooks www.abebooks.com for $3.92 with free shipping
And, of course, Amazon...

**Seniors On The Go**

*Monday, March 25th* - Please join us for a Mass celebrating The Annunciation of the Lord at 11:30 am followed by a light lunch in the Parish Center.

*Friday, April 5th* - Stations of the Cross at 11 am followed by our Anointing Mass at 11:30 am, then join us for our Lenten Luncheon in the Parish Center. All are welcome, please feel free to park in the parking lot and take the elevator up.

**Men’s Ministry Mass**

Please join us for our Lenten Mass & Potluck Supper
*Friday April 12th, 6pm – 8:30 pm – Parish Center*
Fr. Julian Climaco, SJ presiding.
Bob McCaffery-Lent leading us in song.

Back by popular demand: Vegetarian Lasagna provided!
Bring a salad, bread or side dish and beverage of choice to share. RSVP to Deacon Steve at 206-965-1646 or stevew@stjosephparish.org

**Racial Justice Book Group**

Please join other parishioners in our next meeting on Tuesday, April 9th, 2019 at 7PM in the parish center to discuss the book *The Sympathizer* by Viet Thanh Nguyen. Mary DeRosas will be our facilitator. Our group provides a safe and respectful place to address racism through the lens of the Gospel, and for discerning action steps in response. If you cannot join us please read along on your own. Everyone is welcome—men and high schoolers are especially invited to join us. Please email Mary de Rosas at mderosas@pnwimmigration.com with any questions or to RSVP.

**St. Joseph Community Receives Visionary Founders Award**

The Recovery Cafe held a “Faithful Friends” gathering on February 26th, to honor the St. Joseph community with the Visionary Founders Award for our longstanding efforts to host the Annual Thanksgiving Dinner and Open Mic Night for the past fifteen years. Killian Noe, Recovery Café founder, spoke about how much this event means to café members, many of whom struggle with homelessness, addiction and mental health issues. It is the best and most wonderful meal members receive all year thanks to St. Joseph parishioners, students, and community leaders who provide the dinner, decorations and gifts of clothing and essentials, all of which are much needed and appreciated. The St. Joseph community gives lavishly and people feel the love we put into this special event. But it is the commitment and the faithfulness of the giving that means the most to cafe members. Special thanks to Gretchen Brennan, Laury Bryant, Russel Janney and Lisa Visintainer who have led St. Joseph in hosting this event for many years. Gretchen spoke at the event, remembering parishioner, Tracey Janney, (Russel’s wife who died suddenly 3 years ago) who was well known for her support of Recovery Café.

Accepting the award on behalf of St. Joseph pictured here are Gretchen and Sean Brennan, Russel Janney, Lisa and Steve Visintainer and Laury Bryant. Also pictured are Killian Noe and Sharyah of the Recovery Cafe.
St. Joseph Adult Faith Formation Presents:

The Old Concealed in the New Revealed: A Scripture Study

Thursdays, March 21- April 4 | 7:00-8:30 PM
Arrupe Rm.

Facilitated by Susan M. Sambrook, MA Theology

Week 2: Old Testament Prophets in the Gospels
Week 3: Patristic Fathers and Prefiguration

Materials, snacks and refreshments will be provided.

For information or to RSVP for this event please contact:
Theresa l@stjosephparish.org or 206-965-1651

Questions? theresa@stjosephparish.org

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For More Information Contact Shana Abner
sabner@stjosephsea.org
206-329-3260 ext. 243