At that time, Jesus revealed himself again to his disciples at the Sea of Tiberias. . . “Simon, son of John, do you love me?” Simon Peter answered him, “Yes, Lord, you know that I love you.” Jesus said to him, “Tend my sheep.”
We are told of meek obedience. No one mentions courage. The engendering Spirit did not enter her without consent. God waited.

She was free to accept or to refuse, choice integral to humanness.

-Denise Levertov-

In the Contemplation on the Incarnation, which begins the second week of the Spiritual Exercises, St. Ignatius invites the retreating to enter imaginatively into two very different moments of salvation history. In the first moment, one is invited to stand at the very throne of God, looking down with God upon the whole world, and seeing all the foolishness and violence, the fear and the brokenness that makes up the human condition. And, imagining this scene, one is invited to hear as the Holy Trinity determines to rescue this damnable humanity from itself, through a self-emptying act of sacrifice. With unreasonably generous love, God chooses to become fully human: to accept the traumatic reality of birth and growth, of learning and discipline, of suffering and death—all for the sake of creatures whom God could easily replace with a better, more obedient model. Yet, for Ignatius, the mystery of the Incarnation—this supreme act of divine love—is only half explained by God's choice to become human, for it relies, equally, on the response and the free choice of a human being. Thus, in the same Contemplation on the Incarnation, the retreating is called to imagine not just the divine decision, but also the human response: i.e., the response of Mary of Nazareth, who is invited—but not commanded—to become the Mother of God.

As I begin this month of May, which the Church dedicates to Mary, I have been thinking a great deal about this Contemplation, and about the character of this woman upon whom the whole course of salvation history rests. She is, in many ways, a mystery to us—a blank canvas upon which many cultures and individuals in the history of the Church have painted their own views and, sometimes, biases. Though the Scriptures tell us almost nothing about her early life or her own thoughts and opinions, the evidence of her presence as a disciple of her Son and her central role as a member of the early Christian community seems to testify to a significance that transcends Jesus' birth. Further, her abiding importance to Christians throughout the history of the Church—an importance felt in every culture and age—suggests that Mary is more than just a cipher for our own agenda, more than a statue to be crowned or an icon hanging on our wall. Rather, Mary of Nazareth was a real woman, whose life was transformed by the birth of her Son, Jesus, and to whom Jesus always looked with love. Thus, she has something to tell us about how to love Jesus well, i.e., an example from which we all might learn. And though, like her Son, Mary might never be known with historical precision, still, unless we encounter her and
contemplate her story, we may miss a powerful dimension of the Incarnation and the salvation which comes to the world through her.

Like many Catholics, my contemplation of Mary began with looking at statues in the church—the beautiful image of the Immaculate Conception, hands folded, eyes downcast, standing on the clouds with the moon and stars beneath her feet; or the image of the Blessed Mother, wearing the same countenance, but having beneath her feet the serpent from the Garden of Eden. I remember as a child, looking at the various pictures of Mary, holding her infant Son or kneeling beside the manger, and imagining her as the quiet, self-effacing woman that the culture of the day idealized. It was only later, when I saw the strength of the Lady of Guadalupe and the anguish of an early version of the pieta, when I saw an African Mary at the foot of the cross in Zambia, or a Sioux Mary holding her child in a fringed robe, that I began to contemplate what the real Mary must have been like, and began to encounter the depth of what she might teach me.

The real Mary would have differed much, I think, from the pale and blue-clad figures of my childhood church. Instead, I see her now as a dark-skinned girl of Nazareth, her sleeves rolled up as she kneads bread for her family; a teenager with a lovely smile and a brow sweaty from labor. I imagine her hair held back beneath a rough-cloth kerchief, and the flour marking her arms and apron. This is the one to whom the angel appears—an angel who looks, for all the world, like a stranger coming to her family’s door, speaking words that must have mystified and worried her. There is, for this Mary, no robe of white and gold, no mantle of royal blue; she has about her head no halo, except one made by the floating flour, and her eyes are clear and brown, full of intelligence and sparks of joy and strength. This is a young woman—15 or 16, perhaps—who shows no special grace, except, perhaps, a degree of compassion and joy unusually deep and rich in one so young. And when the angel greets her, she smiles at him, perhaps a bit nervously, wondering what his speech could mean. In contemplating this scene, so different from the medieval images on which I was raised, I see her stop, for just a moment, as she realizes that whatever is happening is more than she can comprehend; yet, in spite of this, she looks at the man in the doorway and says, strong and certain in her resolve, “Let it be done to me according to your word.” And suddenly, everything is changed; though her first thought, when the man is gone, will not be for herself, but for her cousin, Elizabeth, who needs her help since, though thought to be barren, she is now in her sixth month.

When I experienced the Annunciation in this way, many years ago, I found, for the first time, a Mary no longer locked in the prison of my own piety, no longer limited by the plaster sanctity that kept me safe from her suffering and her example. Here is one whose virginity is not so much a matter of the body, as of the soul: one whose purity is in her own sense of herself and her willingness to trust her choices. In this Mary, I began to recognize a woman, more than an image—one I could admire and love, and hope to emulate in my following of Christ. For far from the weak woman of downcast eyes, here I saw the girl of courageous heart, who would not be taken by God, but who gave herself to God for the sake of love. Here was the fretful mother, who worried that her Son might be going too far, and who wanted to bring him home before things got out of hand. Here was the trusting disciple, willing to put her own judgments on hold because the Jesus she saw seemed more than the Jesus she thought she knew. Here was the grieving mother, who felt the weight in her arms of her beloved child, and wept, wishing she could be dead in his place. And though I still love the old statues and all the beautiful images of the Church’s Marian devotion, in the girl from Nazareth, and the middle-aged woman at the foot of the cross, I have found one who teaches me, every day, the power of faith and the grace of surrender. In Mary of Nazareth, I learn how to say yes even without certainty; how to follow, even when I don’t understand; how to stand at the foot of the cross, even when I think the pain will kill me; and how to remain where I have been called to be, even when it all seems futile, even when I cannot see what is next.

This month, as we honor Mary in our prayers and crown her image with flowers, let us remember the young woman of Nazareth, who held in her hands the power to choose, and accepted God’s call out of love. Let us remember the disciple, who allowed her claims on her Son to be set aside, and followed him with an open heart. Let us remember the mother, who entered the powerless-ness of the cross out of love for the Son she could not save. Let us remember the real Mary, who loves us because we are the beloved of her Son, and who teaches us, even now, to follow him through mystery and loss and the promise of resurrection. May we become what she has shown us we can be: women and men who bear Christ into the waiting world.
Third Sunday of Easter
Welcome to St. Joseph. Please take a moment to silence your cell phones.

Entrance Song
Come to the Feast
Moore

First Reading
Acts 5:27-32, 40b-41
When the captain and the court officers had brought the apostles in and made them stand before the Sanhedrin, the high priest questioned them, “We gave you strict orders, did we not, to stop teaching in that name? Yet you have filled Jerusalem with your teaching and want to bring this man’s blood upon us.” But Peter and the apostles said in reply, “We must obey God rather than men. The God of our ancestors raised Jesus, though you had him killed by hanging him on a tree. God exalted him at his right hand as leader and savior to grant Israel repentance and forgiveness of sins. We are witnesses of these things, as is the Holy Spirit whom God has given to those who obey him.”

The Sanhedrin ordered the apostles to stop speaking in the name of Jesus, and dismissed them. So they left the presence of the Sanhedrin, rejoicing that they had been found worthy to suffer dishonor for the sake of the name.

Responsorial Psalm
Psalm 30
Guimont

Sing psalms to the LORD, you faithful ones; give thanks to his holy name.
His anger lasts a moment; his favor all through life. At night come tears, but dawn brings joy. Ref.

Hear, O LORD, and have mercy on me; be my helper, O LORD.
You have changed my mourning into dancing. O LORD my God, I will thank you forever. Ref.

I will extol you, LORD, for you have raised me up, and have not let my enemies rejoice over me.
O LORD, you have lifted up my soul from the grave, restored me to life from those who sink into the pit. Ref.
Second Reading

I, John, looked and heard the voices of many angels who surrounded the throne and the living creatures and the elders. They were countless in number, and they cried out in a loud voice:

“Worthy is the Lamb that was slain

to receive power and riches, wisdom and strength,
honor and glory and blessing.”

Then I heard every creature in heaven and on earth and under the earth and in the sea, everything in the universe, cry out:

“To the one who sits on the throne and to the Lamb

be blessing and honor, glory and might,
forever and ever.”

The four living creatures answered, “Amen,” and the elders fell down and worshiped.

Gospel Acclamation

Festive Alleluia

Mozart

(5:30) Chant

Plainchant

Gospel

At that time, Jesus revealed himself again to his disciples at the Sea of Tiberias. He revealed himself in this way. Together were Simon Peter, Thomas called Didymus, Nathanael from Cana in Galilee, Zebedee’s sons, and two others of his disciples. Simon Peter said to them, “I am going fishing.” They said to him, “We also will come with you.” So they went out and got into the boat, but that night they caught nothing. When it was already dawn, Jesus was standing on the shore; but the disciples did not realize that it was Jesus. Jesus said to them, “Children, have you caught anything?” They answered him, “No.” So he said to them, “Cast the net over the right side of the boat and you will find something.” So they cast it, and were not able to pull it in because of the number of fish. So the disciple whom Jesus loved said to Peter, “It is the Lord.” When Simon Peter heard that it was the Lord, he tucked in his garment, for he was lightly clad, and jumped into the sea. The other disciples came in the boat, for they were not far from shore, only about a hundred yards, dragging the net with the fish. When they climbed out on shore, they saw a charcoal fire with fish on it and bread. Jesus said to them, “Bring some of the fish you just caught.” So Simon Peter went over and dragged the net ashore full of one hundred fifty-three large fish. Even though there were so many, the net was not torn. Jesus said to them, “Come, have breakfast.” And none of the disciples dared to ask him, “Who are you?” because they realized it was the Lord. Jesus came over and took the bread and gave it to them, and in like manner the fish. This was now the third time Jesus was revealed to his disciples after being raised from the dead.

When they had finished breakfast, Jesus said to Simon Peter, “Simon, son of John, do you love me more than these?” Simon Peter answered him, “Yes, Lord, you know that I love you.” Jesus said to him, “Feed my lambs.” He then said to Simon Peter a second time, “Simon, son of John, do you love me?” Simon Peter answered him, “Yes, Lord, you know that I love you.” Jesus said to him, “Tend my sheep.” Jesus said to him the third time, “Simon, son of John, do you love me?” Peter was distressed that Jesus had said to him a third time, “Do you love me?” and he said to him, “Lord, you know everything; you know that I love you.” Jesus said to him, “Feed my sheep. Amen, amen, I say to you, when you were younger, you used to dress yourself and go where you wanted; but when you grow old, you will stretch out your hands, and someone else will dress you and lead you where you do not want to go.” He said this signifying by what kind of death he would glorify God. And when he had said this, he said to him, “Follow me.”

Homily

John D. Whitney, S.J.
Offertory Song

(9) Come and Follow Me #800

Franzak

In the Breaking Of the Bread

Hurd

Refrain

In the breaking of the bread We have known him; we have been fed. Jesus the stranger, Jesus the Lord, Be our companion; be our hope.

Verses

1. Bread for the journey, strength for our years, Cup of salvation, fruit of the land, joined as his body, work of our hands, D.C.

2. Bread of the promise, Manna of ages, of hope, gathered at table, bless and receive now the sealed in the spirit, sent by the Word.
Holy, Holy, Holy

Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna, hosanna, hosanna in the highest.

Mystery of Faith

Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

Great Amen

Amen, amen, amen.

Amen, amen, amen.

Lamb of God

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace, grant us peace.
All Are Invited To Come Forward

During communion, we invite all to come forward. If you do not ordinarily receive Eucharist, or choose not to, come for a blessing, indicating your desire by putting your hand on your heart.

If you have a gluten allergy, & need a gluten free host, please come to the presider & indicate this.

Communion Songs

Table Of Plenty

Come to the feast of heaven and earth! Come to the table of plenty! God will provide for all that we need, here at the table of plenty.

1. O come and sit at my table where saints and sinners are friends. I wait to welcome the lost and lonely to share the cup of my love.
2. O come and eat without money; my feast of gladness will feed your spirit with faith and fullness of life.
3. My bread will ever sustain you through days of sorrow and woe. My wine will flow like a sea of gladness to flood the depths of your soul.
4. Your fields will flower in fullness; your homes will flourish in peace. For I, the giver of home and harvest, will send my rain on the soil. 

Behold the Lamb of God #939

Behold, behold the Lamb of God. All who eat, all who drink shall live; and all, all who dwell in God, shall come to know God's glory!
Recessional

(5&11) This Little Light Of Mine

This little light of mine, I'm gonna let it shine.
This little light of mine, I'm gonna let it shine.
This little light of mine, I'm gonna let it shine.
Let it shine, let it shine, let it shine!

Everywhere I go, I'm gonna let it shine!...

All around this world, I'm gonna let it shine!...

North and south and east and west, I'm gonna let it shine!...

(9) This Is the Day

This is the day the Lord has made, let us rejoice and be glad in it.
This is the day the Lord has made, let us be glad, be glad, be glad, be glad and rejoice in it!
Alleluia! Glory, glory! Alleluia! Let us be glad!

(5:30) Laudate Dominum

Laudate Dominum, laudate Dominum, omnes gentes, alleluiia. alleluiia.

This Week at St. Joseph

Sunday
9:00 AM  Mass
10:00 AM  Coffee & Donuts - Join us!
11:00 AM  Mass
5:30 PM   Mass

Monday
7:00 AM  Mass - Parish Center
7:00 PM   Sacred Silence Prayer Group
7:00 PM   Rosary Prayer Group

Tuesday
7:00 AM  Mass - Parish Center

Wednesday
7:00 AM  Mass - Parish Center

Thursday
7:00 AM  Mass - Parish Center

Friday
7:00 AM  Mass - Parish Center

Saturday
3:30 PM   Reconciliation
5:00 PM   Mass
Thank you to everyone who gave a gift in April! The good news is we met our budget goal for April and decreased our deficit by another 20K. The sad news is we are still running at a deficit of just over 100K below budget. We are so thankful for the 35 new families who gave in April. There are an additional 900 active families who have an opportunity to pledge or give a gift in FY 18/19.

As I have previously stated, I can make up some of the deficit by deferring building and grounds maintenance until next year. An example of this is the landscaping in front of the church. After the “Paint the Church” project we had planned to spruce up the landscaping. This project is on hold until we are sure we can meet our budget for the year. Having a long term conversation with you is important. What do you want in your parish? The dedicated employees, the quality programs, and our beautiful church and grounds all need to be supported. It takes a village of large and small donations to reach these goals.

I have received several calls and emails with questions, ideas and concerns for the parish. They are all good conversations. Please don’t hesitate to reach out, 206.965.1648 or marti@stjosephparish.org

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**Liturgy and Worship**

This last Saturday, 4 May 2019, Maxine Larson was buried out of St. Joseph. Having grown up within blocks of St. Joseph, attending Holy Names Academy and Seattle University, Maxine never lived more than 2 miles from where she was born—one of that cadre of women and men who helped build the community of St. Joseph and have cared for it with such generosity.

Since the 1970’s, along with many other things she did (including raising her family), Maxine laundered the altar linens of St. Joseph—mending and washing, ironing and replacing. Even up to the last few months, she could often be seen bustling up the aisle between Masses, her special box in her arms, wanting to insure that the community had the purificators and corporals needed for the celebration of the Eucharist. Without fanfare and eschewing praise, she quietly and constantly did what she could in service to this community.

Maxine was not the only parishioner whose quiet work blesses us in ways we do not even know. But today, we offer this small tribute and prayer to her, who would never have accepted it in her life. May God, who sees the good we do in secret, give her—and all those we do not know—the reward of eternal life, and bless us with a spirit as generous as hers.
That's Greek for “Thank you.” You have often heard me mention in the bulletin that the word “Eucharist” is a Greek word that means something akin to “work of the people.” Liturgists often lean on this notion to open a window onto the understanding of our liturgy (the mass) as something that we do together, something that requires all of us working together in unison: traveling to be present, walking in procession, praying, singing, listening, being attentive, giving and receiving all that we’re carrying in our hearts, minds and bodies that day. Suffice to say, liturgy is NOT a spectator sport.

Just last week we celebrated the Sacred Triduum of Holy Thursday, Good Friday the Easter Vigil and Easter Sunday and if there were ever a liturgy where the notion of the “work of the people” is normative, this is it! So many people gave so much time and effort in large and small ways to celebrate the Triduum well. I want to take this column today to say thank you…

To the ushers who came early and stayed late, welcomed us with a smile, made sure we had everything we needed (candles, songsheets, etc.) moved chairs, cleaned up after us...showed us the Way of Hospitality. To all the ushers and their team captain Bruce Mirkin, “Gracias!”

To the lectors who proclaimed God's word in or midst with clear, strong voices and took the time to prepare, to pray over and study the readings so that, when they stood up in the midst of the assembly to proclaim the word, they weren’t just reading words on a page, but breaking it open for all to hear, possibly in a new way. To all the lectors, under the leadership of lector captain Jessica Smits, “Ahsante sanah!”

To the Eucharistic ministers who served with reverence the blessed bread and wine, Christ’s body and blood to the entire community. Who helped to strip the altar on Holy Thursday, Good Friday and Good Friday, to set the table for the Eucharistic feast each day. A special thanks to EM captain Mary Sepulveda who quietly spent many hours behind the scenes recruiting and preparing large teams of Eucharistic ministers, making sure everyone knew where to go and what to do...no easy task since there are so many unique “once a year” moments during the Triduum. To Mary Sepulveda and all of the Eucharistic Ministers: “Grazie!”

To our young altar servers who mustered the courage to sit up front and serve at the altar, carrying out a dizzying array of tasks, who came to practice after school, came early to mass, and served in a very public role with grace and fortitude (no easy task for these long Triduum liturgies!) To our altar servers: “Gracias!”

To the choir who practiced for many, many weeks 2 ½ hours every Thursday night and sang the Triduum AND mass on Easter Sunday! Theirs is an immense commitment of time and energy, and with strong faith and good cheer they helped all our spirits to soar through sung prayer for all the days. And to the 5:30 Contemplative music ensemble who beautifully sang the Holy Thursday mass. To the choir, the 5:30 musicians and to our parish organist/pianist Matthew Samelak: “Merci Beacoup!”

Thanks to our parish sacristan Dan Tobin who made sure we had all the “things” we needed to celebrate: wood for the fire, bowls, pitchers and towels to wash feet, candles, hosts, incense, charcoal, tapers with Dixie cups! To those who helped to decorate the church: Julie Olsen our parish Artist in Residence who created the gorgeous Easter banners, Alex Soto from Flowers on 15th, our PA for Administration Marti McCaughhey, our facilities manager Yuri Kondratyuk and his awesome facilities team, Andy Perez and his attention to detail, and, of course, Fr. John for his delicate touch throughout the church. Thanks, too, to parishioners who responded to the invitation to facilitate the footwashing on Holy Thursday and to Theresa Lukasik our Director of Adult Faith Formation who organized and rehearsed them. To our DRE Marie Pitman who organized the Easter Egg Hunt to the delight of untold numbers of the children of St. Joseph. To our parish receptionist Renee Leet who ran off a gazillion programs and did whatever needed to be done with steadfastness and good cheer and to our communications czar Caprice Sauter who created the awesome Triduum/Easter programs and managed the church calendar so that everyone had time and space to rehearse and people didn’t bump into each other...at least not too often! To all of these: “Go raibh maith agat!”

Thanks, of course, to Fr. John and Fr. Julian and Deacon Steve for leading us through these days and for preaching words of comfort, challenge and inspiration day after day. A special thanks, too, to parishioners Jennifer Kelly and Mary DeRosas for opening the word for us on Palm Sunday and Good Friday. To our presiders and preachers.: “Dankeschöön!”

And, of course, a final thank you to our neophytes, those baptized, received and/or confirmed who responded to the movement of God in their lives and stood up in the midst of the assembly and said: “YES.” We are all blessed and inspired by your “yes.” “Thank you, thank you, thank you!”

As St. Augustine said, “We are an Easter people and Alleluia is our song!” May our song resonate throughout this season of Easter and on to Pentecost!

Robert McCaffery-Lent
Minister of Music
Faith Justice

Mental Health Awareness

May is Mental Health Awareness Month, a time to pray, support and fight stigma for people affected by mental illness and their families in our parish, city and country. Millions of Americans are affected by mental health conditions every year here are facts about the prevalence and impact of mental illness.

~ 1 in 5 adults in the United States lives with a mental health condition and 1 in 25 adults lives with a serious mental illness.
~ Half of all life time mental health conditions begin by age 14 and 75% by age 24, but early intervention programs can help.
~ 90% of those who die by suicide have an underlying mental illness. Suicide is the 10th leading cause of death in the United States, but suicide is preventable.
~ The best treatments for serious mental illnesses today are highly effective; between 70-90% of individuals have significant reduction of symptoms and improved quality of life with the right treatments and supports.
(NAMI - National Alliance for the Mentally Ill)

Mental Health Ministry brochures from the Seattle Archdiocese can be found in the vestibule.

St. Vincent de Paul

Two men, one 19, the other 51, working part-time but with irregular hours. One needed help with the rent for his tiny, closet-like pod. He sells hotdogs at professional sports games.

The other needed food. He works as a flagman on construction projects. But sometimes when he gets sent out to a job—he’s told they don’t really need him. Recently, up at 4 am to get to a job out in Redmond at 7 am—transferring twice on the bus. A busted day. No work. No pay.

Our St. Vincent de Paul volunteers helped with the rent and the food. But more than that, they could give support for two guys living on the edge and trying to make it work. Your donations make a real difference. It’s more than rent and food. Thanks to you, the moral support and encouragement from St. Vincent de Paul also nourishes the spirits of those we can help.

Collection for St. Vincent de Paul is this weekend.

Blood Drive

Every two seconds in the United States, someone needs blood. No matter who you are, you can help. It is time to spring into action by giving blood at your upcoming blood drive!

Monday, May 13th - St. Joseph Church Parish Center
1PM to 7PM - (closed 3PM - 4PM)

To make an appointment, please email Renee Leet at rleet@stjosephparish.org. For questions about eligibility, please call 800-398-7888

FAQ’s:
Yes, you CAN donate if you’ve had a flu shot
Yes, you CAN donate if you have a tattoo
Yes, you CAN donate if you are a diabetic – as long as you are healthy you are able to give
Yes, you CAN donate if you are taking blood pressure medicine, as long as your blood pressure is within range
Yes, you CAN donate 6 weeks after pregnancy
And there is NO upper age limit – as long as you are healthy and have a beating heart you’re eligible!

Here are what types of blood we most urgently need right now.

Casa Latina Mother’s Day Dinner

Friday, May 10th - 5:00 – 8:00 pm

We are looking for volunteers, donations of time, talent and treasure in support of the annual gathering for Women at Casa Latina (www.casa-latina.org). We need help with set-up, serving and clean-up. Also need homemade desserts and donations to purchase beverages and items for gift bags. We are looking for massage therapists and hair stylists who are willing to provide free services during the event. To help or for more information, contact Deacon Steve at 206-965-1646 or stevew@stjosephparish.org
Racial Justice Book Group

Please join other parishioners in our next meeting on Tuesday, May 14, 2019 at 7PM in the Parish Center to discuss the book. We are reading *How Does It Feel to be a Problem* by Moustafa Bayoumi, an exploration of being young and Arab in America. Our group provides a safe and respectful place to address racism through the lens of the Gospel, and for discerning action steps in response. As the modern day prophet, Rev. Martin Luther King Jr, said, "It is an unhappy truth that racism is a way of life for the vast majority of white Americans, spoken and unspoken, acknowledged and denied, subtle and sometimes not so subtle - the disease of racism permeates and poisons the whole body politic. And I see nothing more urgent than for America to work passionately and unrelentingly-to get rid of the disease of racism." If you cannot join us please read along on your own. Everyone is welcome—men and high schoolers are especially invited to join us. Please email Mary de Rosas at mderosas@pnwimmigration.com with any questions or to RSVP.

Young Adult Ministry

**Monthly Social**

Join us for our Monthly Social where we will be celebrating Cinco De Mayo! The celebration will include mariachi music, Mexican folk dancing, traditional foods, and Margaritas! It will take place after the 5:30 pm Mass on Sunday May 5th in the Parish Center! Feel free to bring a dish or drink you like, and there will be a suggested donation of $10. Hope to see you there!

**Mariners Game**

Join us for our annual Mariners “Star Wars” fireworks game coming up on Friday May 31st vs. Los Angeles Angels 7:05 pm start time. Pre-function gathering at Pyramid Outdoor Alehouse across from T-Mobile Park at 6:00 pm. Tickets are only $15.00. Invite your friends, co-workers, housemates. Purchase tickets on our website www.stjosephparish.org. Deadline is Friday, May 17th. For more information, youngadult-community@stjosephparish.org or contact Deacon Steve at 206-965-1646.

**Bible Study: Exodus**

Every Thursday beginning May 9th until June 20th 6:30-8:30 pm. Join the Young Adults as we dive into the life of Moses and the Hebrews by studying Exodus! This is a great opportunity to read more of the Bible and learn about some of the rich promises God has made to His people. We meet every Thursday from 6:30-8:30pm. Dinner begins at 6:30 and discussion starts at 7:00pm. Email Sabrina at spopoff@spu.edu with any questions, to RSVP and for location!
WALKING + WITNESSING FOR IMMIGRANT FAMILIES

Join people from parishes across Western Washington in a prayerful walk showing solidarity with immigrant families. Whether you’re able to participate in a short leg, the full two weeks, or joining for mass or a special event or only in prayer... all are welcome. The walk will conclude with a Mass at 11:00 am at the Northwest Detention Center on May 11th.

APRIL 29 – MAY 11, 2019

DESTINATION:
THE NORTHWEST DETENTION CENTER
1623 EAST J STREET, TACOMA, WA 98421

FOR MORE INFORMATION ON PARTICIPATING AS AN INDIVIDUAL OR A PARISH, VISIT:
WACATHOLICS.ORG/PRAYERWALK2019

Local planning information in box to right.

ST. JOSEPH PARISHIONERS

There are 3 ways to participate in the pilgrimage to the Northwest Immigrant Detention Center:

- Join us as a walking group for 1 segment from St. Mary’s Church (611 20th Ave S) to Our Lady of Guadalupe in West Seattle (7 miles) on Tues. May 7th. (9am Mass 10am departure) Ride back to St. Joe’s. Contact Julia Fitzpatrick for more information and to sign up – Julia.fitz@gmail.com

- Join us for a RT bus ride to the Northwest Immigrant Detention Center on Sat. May 11 departing TBD, arriving for the Mass with Bishop Elizondo at 11:00. Contact Dn. Steve for more information and to sign up – 206.965.1646 stevew@stjosephparish.org

- Donate to help families at the border - https://donate.seattlearchdiocese.org/immigrant-family-fund – This funds 3 Catholic agencies serving families at the border. Enter the link in your browser for more information.
Interested in Traveling to our Sister Parish
to celebrate our 30th Anniversary?

Come learn about our upcoming
Fall 2019 Delegation!

Wednesday May 8, 2019
7:00pm @ Parish Center

As we celebrate our 30th year in
communion with Arcatao, St. Joseph Church is
planning a very special trip! We’ll spend 9-10
days full of activities, including visiting St.
Romero’s tomb & hospital chapel, attending the
celebration and mass of the Jesuit Martyrs of the
UCA. Well attend their 30 year celebration with
our sisters and brothers of San Bartolome, and
more!

Delegation Planning

One reason this relationship has thrived for 30 years is
through delegations to and from San Bartolome. It’s a unique
way to see the face of Christ, living with and understanding the
lives of the people of Arcatao. This is a unique and wonderful
opportunity to celebrate, learn about another culture & our
shared history, and how they are shaping their future.

Interested in More Information?

Please join us this Wednesday, May 8,
2019 @ 7:00 pm in the Parish Center Arrupe
Room. We’ll talk about what a typical
delegation looks like, how we travel with safety
as our highest priority, answer questions, and
discuss dates and costs. If you are interested in
being part of this delegation but cannot attend
this meeting, please contact Steve W. at
stevew@stjosephparish.org or (206) 965-1646.

Families Welcome!
We Are St. Joseph Service Days

Friday, May 17th 10:00 am – 12:00 pm
Jubilee Women’s Center

Providing safe, affordable and supportive community housing and services for women since 1983, Jubilee serves nearly 1,500 low-income women in the community with classes on technology, life skills and job readiness, community referrals, an open computer lab and free clothing boutique. Their address is 620 18th Ave E Seattle, WA 98112, 206-324-1244 http://jwcenter.org

5-7 volunteers needed ages 21 and older. Volunteers needed for gardening project. Basic yardwork, weeding and mulching. Dress comfortably and for the weather. Bring gardening gloves and tools (brooms, trowels, shovels, etc.) optional but encouraged.

Friday, May 17th 10:00 am – 2:00 pm
St. Francis House

St. Francis House is established in the spirit of St. Francis of Assisi to be a presence in Seattle to serve those in need and to inspire simplicity and charity in its volunteers and those they serve. We serve hundreds of people each week. No one is turned away. At 10 AM, St. Francis House opens the doors to a line of people patiently waiting outside. Hot coffee, pastries and sandwiches are served by our volunteers to these clients until we close our doors at 2:00 PM. Their address is 169 12th Ave 206-621-0945     http://www.stfrancishouseseattle.org

8 volunteers needed - Children over 12 must be accompanied by parent. Spring cleaning inside and out, plus assisting with serving clients, yardwork, gardening, donation sorting. Bring work gloves, general yard and outdoor tools (brooms, rakes, trowels, clippers, etc.) and cleaning supplies for inside (bucket, gloves, spray bottles, concentrated cleaner). Bring your own snacks/lunch.

Friday, May 17th 10:00 am - 1:00 pm
The Wintonia – Catholic Community Services

The Wintonia is a 92-single-room-occupancy building in Seattle’s Capitol Hill neighborhood serving men and women coming out of King County’s Dutch Shisler Sobering Support Center. Please call (206) 467-1878 for more information. Their address is 1431 Minor Ave, Seattle https://ccsww.org/get-help/housing/permanent-housing/

4 - 8 volunteers needed ages 18 and older. Volunteers will be cleaning community kitchens including scrubbing, mopping and sweeping. We are also painting the Kitchen so wear your painting outfit! Lunch is provided, please bring your own water.

Friday, May 17th 10:00 am - 4:00 pm
Westside Baby

WestSide Baby was founded in 2001 by a new mom who recognized the stresses of caring for an infant. We are the only social service agency in West King county area that collects, inspects and distributes free diapers, clothing, cribs and safety gear for babies and children. More than 114 local social service agencies, including shelters and food banks, rely upon us to provide critical necessities for low-income families. Since WestSide Baby opened our doors, we’ve provided more than $19 million worth of free diapers, clothing, and gear to more than 233,000 infants and children whose families face challenges meeting those basic needs. Their address is 10002 14th Ave SW, Seattle. For more information visit their website http://westsidebaby.org/

10- 20 volunteers needed - Children 8 and up accompanied by parent. Volunteers will sort incoming donations along with bundling diapers into care packages to be given to local families. Wear closed toe shoes and comfortable clothing, Bring snacks and water.
Saturday, May 18th – 10:30 am – 4:30 pm  
Habitat for Humanity Seattle-King County

The vision of all Habitat for Humanity organizations around the world is “a world where everyone has a decent place to live.” Southcenter Habitat Store, 1185 Andover Park W, Tukwila. http://www.habitatskc.org/

5-10 volunteers needed, ages 14 and older must be accompanied by an adult. Habitat Stores sell new and gently used building materials, appliances and furniture at discount prices. Proceeds help fund Habitat. Volunteers will assist drivers on donation pickups, merchandising donations and general customer assistance. Habitat will provide all necessary safety or volunteer equipment. Please wear pants, closed toe shoes and shirts with at least short sleeves. Bring your own lunch.

Saturday, May 18th 10:00 am – 2:00 pm  
Pregnancy & Parenting Support: Catholic Comm Svcs

The primary focus of the Pregnancy & Parenting Support Program is to assist pregnant and newly parenting women, the fathers of the babies, their families and significant others in creating a plan for the unborn child and addressing the pertinent issues integral to making the plan work. We support new mothers and significant others in locating resources, creating new opportunities, and forming positive environments for themselves.

4250 South Mead Street, Seattle (St Edward Parish, Old rectory) 206-725-2090 http://www.ccsww.org/

6-8 volunteers needed. We need 1-2 folks who have a truck for hauling items! Volunteers will turn over soil in the garden beds, remove weeds, haul away miscellaneous yard items, repair garden boxes, add compost and spread mulch. Some indoor handywork needed. Dress for outdoor work and please bring your own gardening tools (shovel, rake, wheel barrow, pruning shears, etc.). Also bring a brown bag lunch.

Saturday, May 18th 10:00 am – 2:00 pm  
L’Arche

The Mission of L’Arche is: To make known the gifts of people with developmental disabilities, revealed through mutually transforming relationships. To engage in our diverse cultures, working together toward a more human society. To foster community that is inspired by the core values in our founding story and responds to the changing needs of our members. L’Arche address is 1425 E. Ward St. Seattle 206-325-9434 http://www.larcheseattle.org/

3-6 volunteers, 18 and older. We will be sanding an outdoor deck. Wear closed toe shoes & grubby clothing, work gloves, sunscreen and bring a water bottle. Snacks provided.

Saturday, May 18th 10:00 am – 2:00 pm  
St. Martin de Porres Shelter

St. Martin de Porres Shelter provides safe and dignified night shelter for homeless men age 50 and older. The shelter opened in October 1984 in response to the growing need for an emergency shelter for this special population of elderly men who are vulnerable to the weather, street predators, and illness. We currently operate at our full capacity of 212 men a night. The shelter is open 365 nights a year from 6:30 p.m. to 7:30 a.m. and during the day for medical convalescent care. Their address is 1561 Alaskan Way South, Seattle 206-323-6341 www.ccsww.org/

4-6 volunteers needed ages 18 and older. Volunteers will be staining exterior deck and cleaning/painting entrance hall. Wear clothing you can get paint on! Bring a brown bag lunch.

Saturday, May 18th 4:00 pm -6:30 pm  
Recovery Café

Recovery Café and its School for Recovery serve men and women who have suffered trauma, homelessness, addiction and/or other mental health challenges. In this loving community, men and women experience belonging, healing and the joy of contributing. The Café and School for Recovery helps participants develop tools for maintaining recovery and stabilizing in mental/physical health, housing, relationships and employment/volunteer service. Their address is 2022 Boren Ave Seattle, 206-374-8731 http://www.recoverycafe.org/

6-10 volunteers age 15 and older if accompanied by an adult. Assist with May “OPEN MIC” Night. Plate and serve meal (prepared by Café staff, assist with clean-up. Optional: provide paper plates, forks, drinks, dessert, table décor) Join us for dinner!

Saturday, May 18th 10:00 am – 2:00 pm  
Genesee Park Volunteer with EarthCorps

EarthCorps enables community members of all ages to give back to their community by helping keep city parks and forests healthy. You bring a positive attitude, your lunch, and clothes that can get dirty, and EarthCorps will provide the rest!

4316 South Genesee Street, 10-25 volunteers, ages 5 and older (Children must accompanied by parent/guardian) While the exact tasks at hand vary, our projects focus on improving the forests and parks in our local cities. Please bring, sturdy, closed-toed shoes (work boots, hiking boots, rubber boots, or tennis shoes), clothing that can (and will) get dirty, long pants and long sleeves to help protect against prickly plants, rain gear and warm layers, lunch, snacks and water bottle, garden gloves and tools.
The Sacrament of Confirmation is offered annually for our High School youth. To receive the sacrament, our High School Youth must attend Confirmation sacramental prep sessions beginning in late September followed by the Confirmation Mass in winter. There are 12 preparation sessions, 2 required service projects, and a retreat date TBA, but likely on the first Saturday in November. These preparation sessions are not meant to be viewed as classes but a formational experience through which the youth are encouraged to enter into a deeper relationship with God to be filled with the Holy Spirit so that they may become Christ in the world for others.

The upcoming year 2019 - 2020 is the last year for high school students, as the Archdiocese is lowering the age at Confirmation to 13 years old. After this year, youth over 15 will go through RCIA. If you have a high school student seeking Confirmation this is the year! High school students must be 14 years of age, baptized, received Eucharist, and are actively seeking the Sacrament of Confirmation. Please keep these changes in mind as you make plans for next year.

For our 2020-2021 Confirmation prep sessions will be open to youth 12-14 years of age.

Why did the Archbishop lower the age of Confirmation to 13?

- The focus of the sacrament is on the reception of the Holy Spirit which will strengthen the recipient so they may become true witnesses of Christ.
- The Archbishop was also concerned that with the pressures of High School, people were unable to commit to the formation process for the reception of this sacrament.
- Less than half of the children baptized in the Archdiocese of Seattle receive the sacrament of confirmation. As a sacramental Church, these statistics represent a serious concern. The Sacrament of Confirmation has real and profound effects on those who receive it and the Church. The most important effects of Confirmation comes, not by our action, but by the work of the Holy Spirit. If Catholics are not receiving this sacrament, a very important opportunity is being missed to deepen ones relationship with God and one another.

Any questions, please contact: Theresa Shepherd-Lukasik at theresa@stjosephparish.org
SCANDAL, STRUCTURE, & RENEWAL: 
Sociological Perspectives on Change in the Catholic Church

Tuesday, May 14
7 pm | Student Center 160

Tricia Bruce, PhD
University of Notre Dame

Free and open to the public!

How do top-down and bottom-up efforts at renewal in a crisis-ridden Church bolster or contradict each other, or make any difference at all?

This lecture offers sociological perspectives on institutions, power, local culture, and personal agency in reforming Catholicism today and into the future.