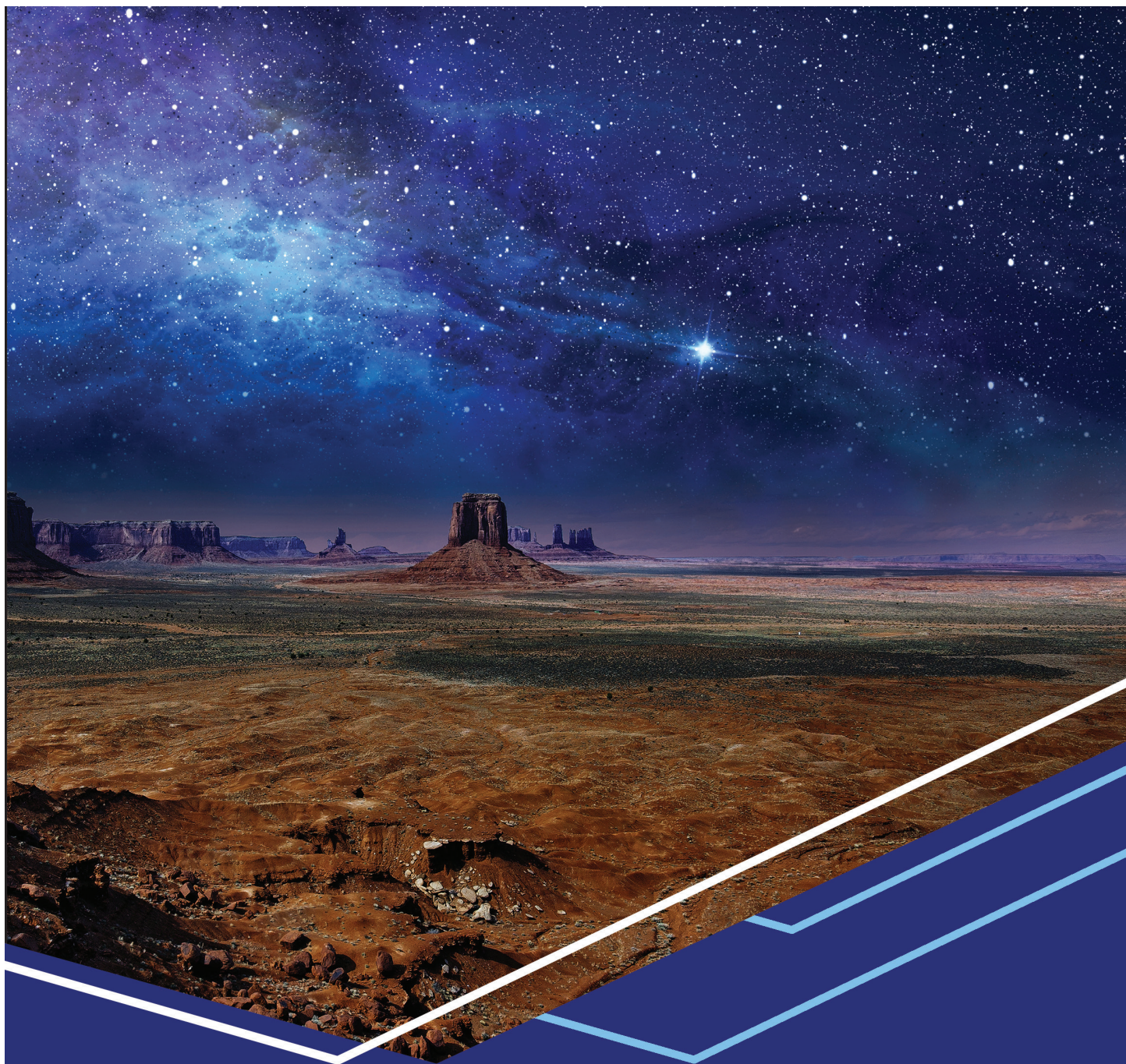




# ST. JOSEPH PARISH

THE JESUIT PARISH IN SEATTLE

Sunday, January 3, 2021 \* The Epiphany of the Lord \* [www.stjosephparish.org](http://www.stjosephparish.org)



## THE EPIPHANY OF THE LORD

When Jesus was born in Bethlehem of Judea, in the days of King Herod, behold, magi from the east arrived in Jerusalem, saying, "Where is the newborn king of the Jews? We saw his star at its rising and have come to do him homage." - Mt 2:1-2



**THE EPIPHANY OF THE LORD**  
**JANUARY 3, 2021**

**Livestream Mass: 5pm Saturday**  
**on our YouTube channel**

**(Available for viewing throughout the week)**

**Weekday Mass Schedule**  
**Tuesday - Friday, 7 am, YouTube**

**Readings for January 10, 2021**

FIRST READING: ISAIAH 55:1-11

SECOND READING: 1 JOHN 5:1-9

GOSPEL: MARK 1:7-11

**Parish Center**  
**732 18th Ave E, Seattle, WA 98112**  
**www.stjosephparish.org**  
**Parish Receptionist (206) 324-2522**

**Pastor**

Rev. Glen Butterworth, S.J. x103  
gbutterworth@stjosephparish.org

**Parochial Vicar**

Rev. Matthew Pyrc, S.J. x103  
mpyrc@stjosephparish.org

**Deacon**

Steve Wodzanowski x106  
steve@stjosephparish.org

**Pastoral Staff:**

Marti McGaughey, Business Mgr x108  
marti@stjosephparish.org

Renée Leet, Admin Assistant x100  
rleet@stjosephparish.org

Mark Petterson, Pastoral Assistant x122  
markp@stjosephparish.org

Theresa Lukasik, Adult Faith Formation x111  
theresa@stjosephparish.org

Claire Hansen, Youth Faith Formation x112  
claireh@stjosephparish.org

Mary Wiseman, Stewardship x114  
maryw@stjosephparish.org

Bob McCaffery-Lent, Liturgy & Music x109  
rmclent@stjosephparish.org

Caprice Sauter, Comm. & Scheduling x102  
caprices@stjosephparish.org

Lianne Nelson, Bookkeeper x113  
liannen@stjosephparish.org

Yuri Kondratyuk, Facilities x110

**St. Joseph School - Main Office x210**

Patrick Fennessy, Head of School x218

Mary Helen Bever, Primary School Dir x215

Vince McGovern, Middle School Dir x219

## Nurturing Roots: An Invitation

Nurturing Roots is a community farming program located on South Beacon Hill (and planning to expand to the Red Barn Ranch in Auburn). Its focus is on environmental justice, access to education, and re-engaging people, especially young people of color, with the environment. Their motto is "Building community through farming, healing community through relationships." You can familiarize yourself more with Nurturing Roots on their website:

<https://www.nurturingrootsfarm.org>

The St. Joseph's Anti-Racism Committee invites the parish to join with Nurturing Roots in their efforts. To be prepared for Spring, Nurturing Roots needs your support right now on several different projects.

**Plant Box Supplies:** Nurturing Roots prepares and distributes numerous window-sill-garden boxes from their South Beacon Hill location to members of their community. They need non-GMO organic seeds and pots of all sizes to help people get started growing their own healthy food. Herbs, Sunflowers, Lettuce, Beets, Kale, Carrots, Peppers, Tomatoes, Onions, Leeks, Chard, Squash - anything that grows in our climate.

**Spring Supplies:** If you have a large, organic, non-GMO garden and can spare some starts, or if you have any connections with local nurseries, Nurturing Roots is seeking donations of organic non-GMO starts for the South Beacon Hill site.

**On Site Support:** As the growing season approaches, they will need help to assemble the grow boxes. They host COVID-safe work parties every Sunday 11am to 3pm.

For more information, to volunteer supplies, or to join an on-site work party, contact Deacon Steve at [steve@stjosephparish.org](mailto:steve@stjosephparish.org)



# THE EPIPHANY OF THE LORD

## Entrance Song

### *We Three Kings*

*KINGS OF ORIENT/Hopkins*



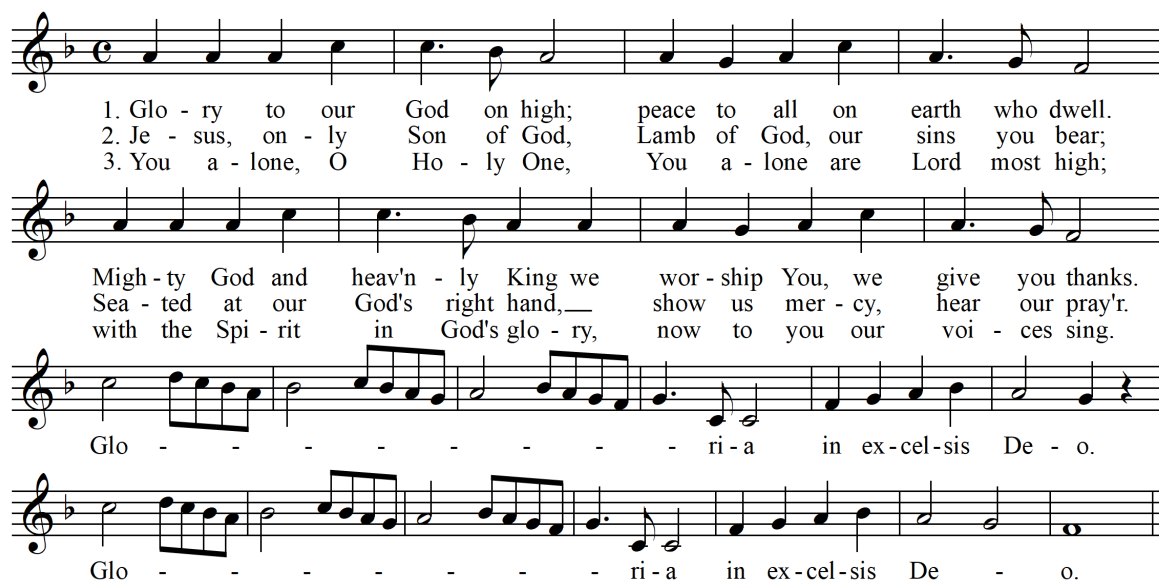
1. We three kings of O - ri - ent are; Bear - ing  
2. Born a King on Beth - le - hem's plain, Gold I  
3. Frank - in - cense to of - fer have I; In - cense  
4. Myrrh is mine: its bit - ter per - fume Breathes a

gifts, we trav - erse a - far Field and foun - tain,  
bring to crown him a - gain; King for - ev - er,  
owns a De - i - ty nigh; Prayer and prais - ing,  
life of gath - er - ing gloom; Sor - rowing, sigh - ing,

Moor and moun - tain, Fol - low - ing yon - der star.  
Ceas - ing nev - er, O - ver us all to reign.  
Glad - ly rais - ing, Wor - ship - ing God on high.  
Bleed - ing, dy - ing, Sealed in the stone - cold tomb.

O star of won - der, star of night, Star with roy - al beau - ty bright, West - ward  
lead - ing, still pro - ceed - ing, Guide us to the per - fect Light.

## Gloria



1. Glo - ry to our God on high; peace to all on earth who dwell.  
2. Je - sus, on - ly Son of God, Lamb of God, our sins you bear;  
3. You a - lone, O Ho - ly One, You a - lone are Lord most high;

Migh - ty God and heav'n - ly King we wor - ship You, we give you thanks.  
Sea - ted at our God's right hand, — show us mer - cy, hear our pray'r.  
with the Spi - rit in God's glo - ry, now to you our voi - ces sing.

Glo - - - - - ri - a in ex - cel - sis De - o.

Glo - - - - - ri - a in ex - cel - sis De - o.

## First Reading

Isaiah 60:1-6

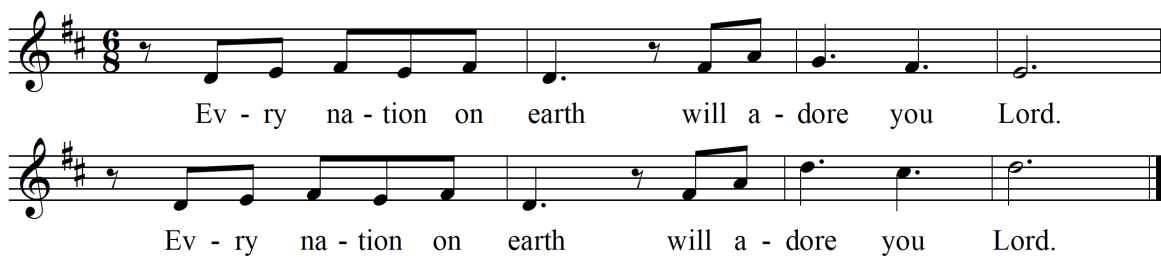
Rise up in splendor, Jerusalem! Your light has come,  
the glory of the Lord shines upon you.  
See, darkness covers the earth,  
and thick clouds cover the peoples;  
but upon you the LORD shines,  
and over you appears his glory.  
Nations shall walk by your light,  
and kings by your shining radiance.  
Raise your eyes and look about;  
they all gather and come to you:  
your sons come from afar,  
and your daughters in the arms of their nurses.

Then you shall be radiant at what you see,  
your heart shall throb and overflow,  
for the riches of the sea shall be emptied out before you,  
the wealth of nations shall be brought to you.  
Caravans of camels shall fill you,  
dromedaries from Midian and Ephah;  
all from Sheba shall come  
bearing gold and frankincense,  
and proclaiming the praises of the LORD.

## Psalm

### *Psalm 72 Every Nation On Earth*

*Joncas*



1. O God, with your judgment endow the king;  
with your justice endow the king's son.  
With justice he will govern your people,  
your afflicted ones with right judgment.

2. Justice shall flow'r in his days,  
lasting peace 'til the moon be no more.  
May he rule from sea to sea,  
from the river to the ends of the earth.

3. The kings of Tarshish and the Isles offer gifts,  
those from Seba and Arabia bring tribute.  
All kings shall pay him their homage,  
all nations shall serve him.

4. He rescues the poor when they cry out,  
the afflicted with no one to help.  
The lowly and poor he shall pity,  
the lives of the poor he will save.

## Second Reading

Ephesians 3:2-3a, 5-6

Brothers and sisters: You have heard of the stewardship of God's grace that was given to me for your benefit, namely, that the mystery was made known to me by revelation. It was not made known to people in other generations as it has now been revealed to his holy apostles and prophets by the Spirit: that the Gentiles are coheirs, members of the same body, and copartners in the promise in Christ Jesus through the gospel.



*We saw his star at its rising and have come to do him homage.*

## Gospel

Matthew 2:1-12

When Jesus was born in Bethlehem of Judea, in the days of King Herod, behold, magi from the east arrived in Jerusalem, saying, "Where is the newborn king of the Jews? We saw his star at its rising and have come to do him homage." When King Herod heard this, he was greatly troubled, and all Jerusalem with him. Assembling all the chief priests and the scribes of the people, he inquired of them where the Christ was to be born. They said to him, "In Bethlehem of Judea, for thus it has been written through the prophet:

*And you, Bethlehem, land of Judah,  
are by no means least among the rulers of Judah;  
since from you shall come a ruler,  
who is to shepherd my people Israel. "*

Then Herod called the magi secretly and ascertained from them the time of the star's appearance. He sent them to Bethlehem and said, "Go and search diligently for the child. When you have found him, bring me word, that I too may go and do him homage." After their audience with the king they set out. And behold, the star that they had seen at its rising preceded them, until it came and stopped over the place where the child was. They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother. They prostrated themselves and did him homage. Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh. And having been warned in a dream not to return to Herod, they departed for their country by another way.

## Profession of Faith

I believe in one God, the Father almighty,  
maker of heaven and earth, of all things visible and invisible.  
I believe in one Lord Jesus Christ, the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light, true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us (men) and for our salvation he came down from heaven,  
*All bow.*  
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.  
*All stand upright.*

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,  
and rose again on the third day in accordance with the Scriptures.  
He ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## Offertory Song

### *What Child Is This?*

GREENSLEEVES

1. What child is this, who, laid to rest, On  
2. Why lies he in such mean es - tate Where  
3. So bring him in - cense, gold, and myrrh; Come,  
Mar - y's lap is sleep - ing, Whom an - gels greet with  
ox and ass are feed - ing? Good Chris - tian, fear; for  
peas - ant, king, to own him. The King of kings sal -  
an - thems sweet While shep - herds watch are keep - ing?  
sin - ners here The si - lent Word is plead - ing.  
va - tion brings; Let lov - ing hearts en - throne him.  
This, this is Christ the King, Whom shep - herds guard and an - gels sing;  
Haste, haste to bring him laud, The babe, the son of Mar - y.

## Holy, Holy, Holy

### *Mass Of Christ the Savior*

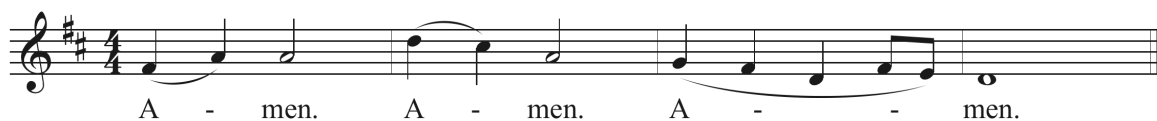
Schutte

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and earth are  
full, are full of your glo - ry. Ho - san - na! Ho-san - na! Ho-  
san-na in the high-est. Bless-ed is he who comes, who comes in the name of the  
Lord. Ho - san - na! Ho-san - na! Ho-san-na in the high - est.

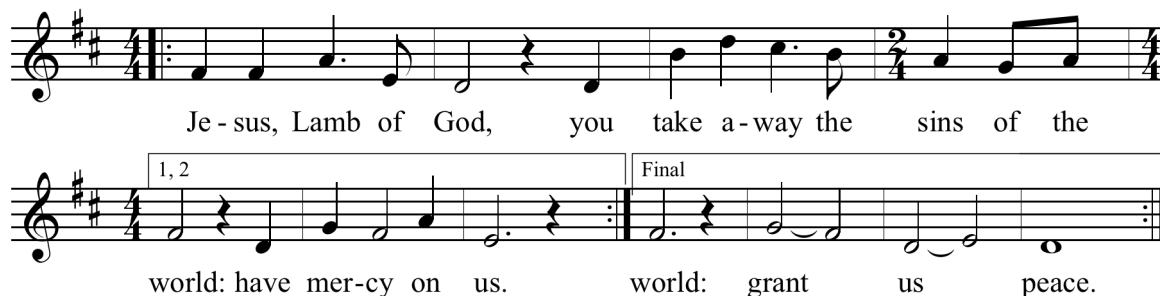
## Mystery of Faith

When we eat this\_ bread, and drink this cup,\_\_\_ we pro-  
claim your death O Lord,\_\_\_ un - til you come a\_\_\_ gain.

## Great Amen



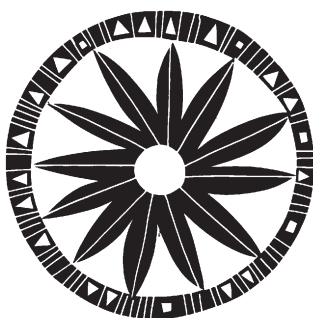
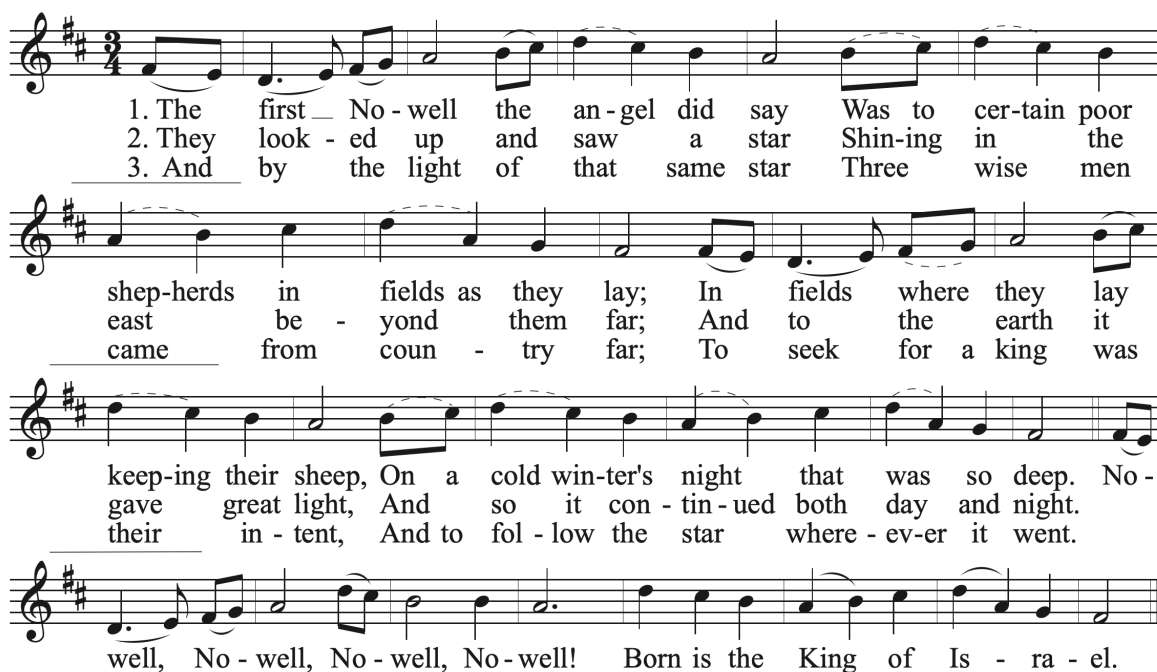
## Lamb of God



## Communion

### *The First Nowell*

English





## Recessional

## Good Christian Friends Rejoice

IN DULCI JUBILO 14th C.

1. Good Chris-tian friends, re - joice      With heart and soul and voice;  
2. Good Chris-tian friends, re - joice      With heart and soul and voice;  
3. Good Chris-tian friends, re - joice      With heart and soul and voice;

O give heed to what we say: Je - sus Christ is born to - day!  
Now you hear of end - less bliss: Je - sus Christ was born for this!  
Now you need not fear the grave: Je - sus Christ was born to save!

Ox and ass be - fore him bow, And he is in the man - ger now.  
He has o - pened heav - en's door, And we are blest for - ev - er - more.  
Calls you one and calls you all To gain his ev - er - last - ing hall.

Christ is born to - day!      Christ is born to - day!  
Christ was born for this!      Christ was born for this!  
Christ was born to save!      Christ was born to save!





# LITURGY & WORSHIP

## 1st Friday Online Healing Prayer Service

January 8: 11:30am – 12:30pm

In keeping with our tradition of gathering every 1st Friday for our Healing Mass, we invite you to join us for an online Healing Prayer service led this month by Marykay Kreszenzia, Deacon Steve Wodzanowski, and Bob McCaffery-Lent.

This is open to anyone who wants to join with others to pray for healing, individually and collectively. If you want to participate, contact Deacon Steve and he will send you the Zoom link or instructions to call in: [steve@stjosephparish.org](mailto:steve@stjosephparish.org) or 206-965-1646. [You can also register here for the Zoom link.](#)



A PILGRIM'S JOURNEY

## Young Adult Retreat

**Join us as we follow and learn from the life of St. Ignatius of Loyola**

SATURDAY, JANUARY 23, 2021  
[tinyurl.com/YAretreat2021](https://tinyurl.com/YAretreat2021)



ST. JOSEPH PARISH  
THE JESUIT PARISH IN SEATTLE



Intercommunity  
Peace & Justice Center

# ST. JOE'S IN THE NEWS

## Seattle Parish Partnership Builds Solidarity and Action for Racial Equity

[ignatiansolidarity.net/blog/2020/12/15/seattle-parish-solidarity-action-racial-equity/](https://ignatiansolidarity.net/blog/2020/12/15/seattle-parish-solidarity-action-racial-equity/)

BY JOSIE SCHUMAN, IGNATIAN SOLIDARITY NETWORK | December 15, 2020



In response to the Black Lives Matter (BLM) racial reckoning, through the call of the Gospel, Jesuit and all Catholic parishes are called to live out a faith that does justice by deepening their commitment to racial justice and equity. Two Catholic parishes in Seattle, Washington, Immaculate Conception Parish, the historically Black Catholic church in the city, originally founded as a Jesuit parish in 1891 and later transferred to the Diocese of Seattle in 1929, and St. Joseph Parish, a Jesuit parish, collaborated in order to answer this call.

In July 2020, Immaculate Conception started the *Say Their Names* BLM project and created a visual installation at their parish to honor people, many of them Black and Brown, who were killed by the Seattle Police Department in the last decade.

Dr. Ngozi Oleru, chair of Immaculate Conception's race and social justice Health & Human Concerns Commission, explained the motivation behind the project. "Immaculate Conception Parish started the *Say Their Names* project out of the realization and frustration that we were rightly mourning and condemning the deaths of Black and Brown people killed by police from across the country with no acknowledgement that the same evil was occurring right here at home in Seattle."

"If all life is sacred and racism is a sin, as the Catholic Church teaches, we should as people of faith hold ourselves to account by speaking out and working against unjust systems especially in our localities," she continued. "Local civil rights leadership is in Immaculate's DNA."

To raise awareness about the grave ills of systemic racism and police brutality, Immaculate Conception invited every parish in the South Seattle Deanery to do the same.

At the invitation of Immaculate Conception, St. Joseph's Anti-Racism Committee started their own *Say Their Names* project and installed 30 signs on the parish lawn in November, each containing the name of a person killed by the Seattle Police Department in the last 10 years. These signs were decorated by families and individuals from the parish and the community.

As an integral part of their All Souls Day celebration on Sunday, November 1, St. Joseph's held a public witness at their parish with members of Immaculate Conception to dedicate the sign installation. Members of both parishes stood in solidarity to pray and lift up each name aloud.

Cathy Murray, a member of St. Joseph's Anti-Racism Committee, facilitated the public witness and explained why the parish felt called to the *Say Their Names* project. "When we join in solidarity with them [Immaculate Conception], we are bearing witness to the effects of unjust systems and institutions that disproportionately harm our brothers and sisters based on skin color," she said.

"We bear witness in order to awaken to our own complicity in those unjust systems. We bear witness so we will work to transform those unjust systems so they are administered fairly to all."

In a letter to the entire parish, the St. Joseph Anti-Racism Committee echoed Murray's sentiments: "We believe in the Catholic doctrine that all life is sacred, and that killing, especially without trial or due process, is a result of disordered systems. We cannot accept a system that leads to the death of so many of our brothers and sisters, a disproportionate number of them Black, all loved by God and deserving of life."

They concluded, "This project is a call for reconciliation, peace, and dialogue."

To answer this call by initiating or deepening your parish's commitment to racial justice and equity, explore [ISN's resources for Jesuit parishes](#).



# PARISH LIFE

## Parish Council Updates:

### Listening Sessions

By Cassie Chinn

There were many moments of joy. A big smile and hearty hello upon first seeing someone virtually on Zoom. Parish staff and ministry leaders welcoming groups together – though divided by our individual squares on the computer, still somehow connected to one another – and sharing updates from St. Joes. Small groups formed of six small pictures on the screen but with spirits holding one another up as they reflected on their experiences since the pandemic: How are you involved with parish life right now? What's helped you stay connected with one another to love and serve? What would help you or your group feel more of God's presence in your life? What is your Eucharist practice right now? What would you participate in the future? What would help you to foster this practice more? What do you miss the most from St. Joes?

Over 150 parishioners participated in eight sessions, including Commissions and ministries across the parish: Faith Justice, Women's Ministry, Parents of Sacramental Preparation Students, Young Adult Community, Men's Ministry, LGBTQ Ministry, and Liturgy and Worship. It was a grace to sit, listen and take notes over many of the sessions. Even though virtual, you could feel hearts ache over what we miss: in-person Mass, the physical closeness of community, and regular ministry service that formed a part of normal life for so many years. Yet, you could also feel the strength and resilience of people finding other ways to experience the Eucharist, love and serve – virtual Mass, online programming, preparing sandwiches for others and dropping them safely off at the parish, special choir presentations to amaze and lift our spirits.

We heard what would help even more. A resounding yes to fun! Opportunities to be present to one another in small groups. Less Zoom and more in-person, albeit when safe to do so and under strong safety guidelines.

Many thanks to each one who joined in, each Commission and ministry leader, and each parish staff member. Do you have more to share? We are listening to you and the Spirit at work among us. We welcome you to contact the Parish and Mission Council to share by email at [pastoralandmissioncouncil@stjosephparish.org](mailto:pastoralandmissioncouncil@stjosephparish.org).



### Join fellow Catholic parishioners for an amazing at home screening of this award-winning climate documentary

Drawing on the best minds from around the world to focus on climate, economics, technology, civil society, agriculture and sustainability, *2040* maps out a pathway for change that can lead us to a more ecologically sustainable and equitable future. The film takes a solutions-based approach to how we can, using the technology we already have, mitigate the enormous global issues we currently face. *2040* is a story of hope, and a powerful tool to encourage people to take action.

Once, registered you will be able to watch the movie any time you like from **January 21st to February 6th**. We will also have a discussion about the movie and solutions discussed in the movie on **Sunday February 7th**.

**Find out more and register here:**

<https://care4creation.eventbrite.co.uk>

This event sponsored in part by the following Catholic Care for Creation teams: St. Joseph Parish, Maryknoll Fathers and Brothers, St. John the Evangelist Parish, Intercommunity Peace & Justice Center, St. James Cathedral, and Seattle University Institute for Catholic Thought and Culture.



## Parishioner Reflections Online

Have you seen our Parishioner Reflection blog? Each week, a member of St. Joe's writes a reflection on the week's readings. If you haven't read it yet, check it out at <https://stjosephparishbiblestudy.wordpress.com/>

Here's an excerpt from a recent reflection, by Vince Herberholt:

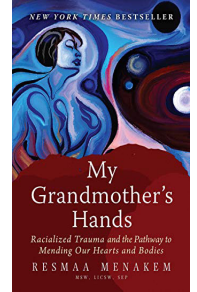
"This Gospel passage (Luke 2:22-40) ends by focusing back on the human life of Jesus, reared by Mary and Joseph in Nazareth, where He grows and becomes strong under the watchful eyes of his human parents and his divine Father – how appropriate. The human and divine Jesus is folded back into his human family and community and grows into the incarnate Son God and Son of Man. Certainly he experiences some of the emotional connections I referred to in my own family. He grows from that experience. I have a hunch that the difference and things missing in my Family Christmas this year can be found in realizing the significance of Jesus birth and the nurturing embrace of His Holy and Human Family."

# FAITH JUSTICE

---

## Racial Justice Book Group

Please join us Wednesday, January 13 at 7pm for a discussion of Part One of Resmaa Menakem's *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. We are starting with only Part One because reading and doing the accompanying exercises can be an intense experience and can take some extra time. To receive the Zoom link, please contact [racialjusticebookgroup@stjosephparish.org](mailto:racialjusticebookgroup@stjosephparish.org).



## Drivers Needed: Facing Homelessness Meal Program

Each week, St. Joseph's provides 75-100 sandwiches, plus other food and beverages for the Window of Kindness project, operated by the Facing Homelessness Project in the University District. You can learn more by clicking here [www.facinghomelessness.org](http://www.facinghomelessness.org)

We are looking for 1-2 folks to share responsibility for picking up and delivering donations from St. Joe's to their U. District office on Tuesday afternoons, 1:30pm – 2:30pm.

If you are interested, please contact Deacon Steve at 206-965-1646 or [steve@stjosephparish.org](mailto:steve@stjosephparish.org).

We are also looking for volunteers to make sandwiches and contribute other food items on a weekly, bi-monthly or monthly basis.

## A Thank-You from the Blessed Sacrament Food Bank

Dear St. Joseph Parish,

Please extend our heartfelt thanks to your Congregation who so generously donated food and toiletries collected throughout the year to our Food Bank and Sunday Dinner. It is through such generosity that our programs can help feed 600-700 needy people each week.

On behalf of our clients and our volunteers, we thank you and parishioners very much! Looking forward to a more loving, caring and hopeful 2021! Merry Christmas and a Happy New Year!

Yours in Christ,

Stan Ching

Director of Food Programs, St. Vincent de Paul Blessed Sacrament Conference



# CHILDREN'S FAITH FORMATION

---

## RCIC

The Rite of Christian Initiation adapted for Children will kick off in January and now is the time to enroll. This is the process through which children become fully initiated members of the Roman Catholic Church. These sessions will take place via Zoom on Tuesday evenings from 7-7:45pm. Children who are older than the 3rd grade who have not been baptized or received First Holy Communion are warmly invited to join the group. This process will include prayer, instruction, working with a parent, and the celebration of rites of Baptism and Confirmation, and the Eucharist in the Easter season. To enroll your child in this program, please contact Claire Hansen at [claireh@stjosephparish.org](mailto:claireh@stjosephparish.org).

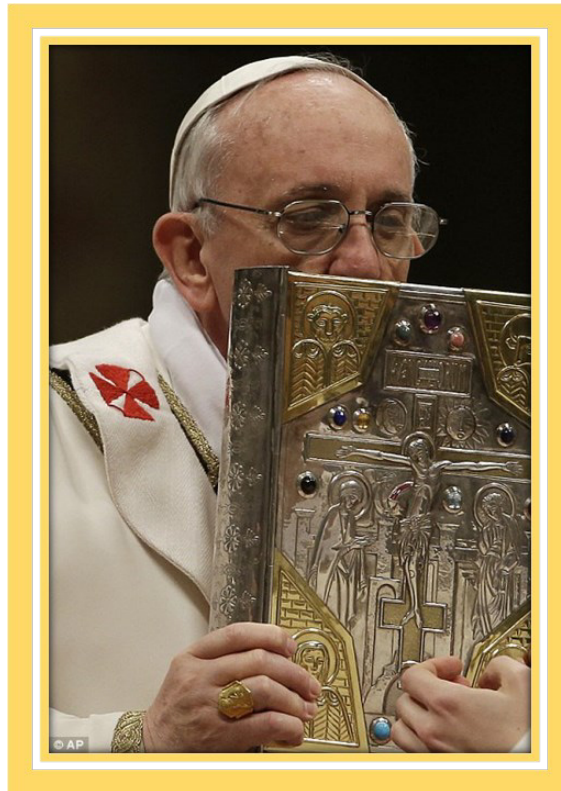


# ADULT FAITH FORMATION

---



## ST. JOSEPH ADULT FAITH FORMATION PRESENTS A YEAR WITH POPE FRANCIS: THE JOY OF THE GOSPEL



Bring in the New Year by discovering, *The Joy of the Gospel*! Continuing our series on the writings of Pope Francis, we have invited Anna Johnson, Regional Director for Maryknoll's US Church Engagement, to lead us through the Apostolic Exhortation, *Evangelii Gaudium*.

**Wednesday | January 13 @ 7:00-8:30 PM**

**Wednesday | January 20 @ 7:00-8:30 PM**

**Wednesday | January 27 @ 7:00-8:30 PM**

If you do not have a copy of *Evangelii Gaudium: The Joy of the Gospel*, please contact Theresa and she will direct you how to get a copy, send handouts, and provide you the Zoom Link to join the program. The program will look at key concepts from the apostolic exhortation and break open the meaning of *Missionary Discipleship*. We will also reflect in small groups on its meaning and impact on your every day life.

**To sign up or for more info please call or email Theresa Shepherd-Lukasik at  
[theresal@stjosephparish.org](mailto:theresal@stjosephparish.org) or 206-965-1651**



ST. JOSEPH PARISH  
THE JESUIT PARISH IN SEATTLE

**M** Fathers and Brothers  
**MARYKNOLL**™



## THE MAGIS FAMILY FORMATION PROJECT

REFLECT AND SEE THE LIGHT

January 2021

As we begin the new year, let's think of new beginnings, the Magi celebrating Jesus's birth, and spiritual rebirth through baptism. It is a great opportunity to refresh and reflect in the light of God's love. Let us also remember how our good deeds bring light to other people's lives, just like faith leaders in our community.

### HAVE A CHAT ABOUT BAPTISM

The Feast of the Baptism of Jesus – January 10

Jesus' baptism marks the beginning of his earthly ministry. Jesus said that He was baptized to be fully human and fully live like us, with flaws and sins, and to not be a King that only rules.

Jesus was baptized by his cousin, John the Baptist in the Jordan River – today we use water to recall Jesus's baptism and to symbolize renewal and cleansing as beginning a new life with Jesus Christ.

Ask some questions about your own baptism:

Where were you baptized and who was there?

Who are your godparents?

Have you ever seen someone be baptized?

### A New Year

*Prayer by William Arthur Ward*

Another Fresh New Year is here...  
Another year to live!  
To Banish worry, doubt, and fear,  
To love and laugh and give!  
This bright new year has given me  
To live each day with zest...  
To daily grow and try to be  
My highest and my best!  
I have the opportunity  
One more to right some wrongs,  
To pray for peace, to plant a tree,  
And sing more joyful songs!

### DAILY EXAMEN

FOR OLDER CHILDREN

Refresh your reflection on Faith!

How have you felt God in the new year?

Reflect on great moments you had.

When did you feel love today?

When have you given love today?

Ask God to help guide you through this year.

What are you hopeful for this year?

### DAILY EXAMEN

FOR ALL AGES

Encourage your children to reflect each day!

Did you see something new today?

Let us say thanks for today.

Did you try something new today?

Was it difficult?

Ask for help to learn something new.

Make a plan for a fresh start tomorrow!



### LET'S GET CRAFTY

Craft a Three Kings Paper Chain in honor of Epiphany and the Three Wise Men traveling to Bethlehem to see the newborn King, Jesus.

*Craft Supplies:*

Paper & Printer

Scissors

Glue

Crayons or Markers

Glitter or jewels (optional)

1. Print out the template of the design you would like to use (see link below).
2. Fold the paper accordion-style and cut out shapes.
3. Draw/color the Three Kings and add decorate!
4. Cut out and glue crowns to the Three Wise Men.

<https://www.firstpalette.com/craft/paper-three-kings-chain.html>

### TALK ABOUT SPIRITUAL LEADERS

Martin Luther King Jr. Day – January 18

Taking inspiration from his strong Christian faith and role models like Mahatma Gandhi, Martin Luther King, Jr. committed his life to nonviolence, civil rights and social justice. Even though he saw the harms of racism and poverty around him, Dr. King saw the light in others and never lost hope for a better world.

## REFLECTING ON THIS MONTH'S READINGS

### [January 3] The Epiphany of the Lord

*"They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother"*

(Matthew 2:10-11)

Three wise Magi kept faith on their long journey, following the light of a star. They arrived after Christ was born, but still in time to be filled with wonder and joy. How can we experience the joy of the Epiphany this year?

### [January 10] Feast of the Baptism of the Lord

*"I have baptized you with water; he will baptize you with the Holy Spirit."*

(Mark 1:8)

John invites us to prepare for Jesus' coming and the promise of baptism. What do John's words mean to you?

### [January 17]

*"What are you looking for?" They said to him, "Rabbi"*

(John 1:38)

Jesus reminds us to ask of ourselves: "What am I doing here?" or "What do I want?" Although you may not find a final answer, asking these fundamental questions will help give guidance to your daily lives.

### [January 24]

*"Come after me, and I will make you fishers of men."*

(Mark 1:17)

Jesus is asking all of us to follow Him and to tell others all that you know about Him and His life. What ways can you spread the good news of Jesus?

### [January 31]

*"The people were astonished at his teaching."*

(Mark 1:22)

As people were listening to Jesus teach, they were amazed by what He knew and how He taught. How did Jesus capture your attention this week?

#### READING CORNER



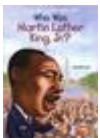
The Little Match Girl  
by Hans Christian  
Anderson



The Last Straw  
by Fredrick H. Thury



Around the Year  
Once upon a Time Saints  
by Ethel Pochocki



Who Was Martin Luther King,  
Jr.?  
by Bonnie Bader

#### LET'S BAKE TOGETHER



Baking a King Cake is a yearly cooking tradition during Epiphany for many cultures. Baking together is a great way to connect. Let's make "King Cupcakes" to celebrate and share with family.

Ingredients:

Box Cake Mix and required ingredients (usually Egg, Oil, Water)

Vanilla/White Frosting

Purple, Green, Yellow

Sugar Crystals

1. Prepare the cake mix and bake into cupcakes as directed on the box.
2. Frost the cupcakes.
3. Sprinkle 3 colors of sugar on top. These colors symbolize the 3 wise men.
4. Share and enjoy your cupcakes!



#### GIFT OF SERVICE

Show your love by helping someone else and get the New Year off to a great start! Here are some ideas to put into action in your community:

- Do a house chore without being asked
- Help a family member with homework or a project
- Write and send a handwritten letter to someone
- Donate non-perishable food -- Drop off at Hospitality Kitchen in back of St. Joseph's church
- Donate diapers or baby wipes -- Place these items in the crib located on the northside of St. Joseph church, about halfway up the sanctuary.

#### GO OUT AND BREATHE

Pope Francis writes that St. Francis of Assisi "invites us to see nature as a magnificent book in which God speaks to us and grants us a glimpse of his infinite beauty and goodness."

We invite you to bundle up, step outside and take a fresh look around you. Look at the decorations still adorning your neighbors' homes. In the evening, see the lights illuminating your way. Remember that each day is a gift, and breathe.

#### CONTINUING CHRISTMAS PLAYLIST

Did you know the Christmas season lasts through January 10th? Here's some tunes to keep your kids peaceful and joyful around the house.

1. George Winston's "December"
2. Kenny Burrell's "Have Yourself a Soulful Little Christmas"
3. James Taylor's "At Christmas"
4. Ray Brown Trio's "Christmas Songs With The Ray Brown Trio"
5. The George Shearing Quintet's "Christmas with the George Shearing Quintet"
6. For the youngest ones -- Caspar Babypants' "Winter Party!"

#### FAMILY MINDFULNESS

Smiling Mind is a collection of hundreds of meditations for a wide variety of ages and situations. There are grounding body scans, breathing meditations, and much more. Users can enjoy short meditations or longer versions with less guidance.