



ST. JOSEPH PARISH

THE JESUIT PARISH IN SEATTLE

Sunday, February 21, 2021 * The First Sunday of Lent * www.stjosephparish.org



1ST SUNDAY OF LENT

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." - Mk 1:14-15

THE FIRST SUNDAY OF LENT
FEBRUARY 21, 2021

Livestream Mass: 5pm Saturday
on our YouTube channel
(Available for viewing throughout the week)
9:30 AM Sunday
5:30 PM Sunday

Weekday Mass Schedule
Tuesday - Friday, 7 am, YouTube

Readings for February 28, 2021
FIRST READING: GENESIS 22:1-2, 9A, 10-13, 15-18
SECOND READING: ROMANS 8:31B-34
GOSPEL: MARK 9:2-10

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St. Joseph School - Main Office

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Mary Helen Bever, Primary School Dir x215
Vince McGovern, Middle School Dir x219

Lent at St. Joe's

Liturgies & Events

St. Joseph Parish welcomes you and your family to the season of Lent, which began on February 17th, Ash Wednesday, and continues to Easter on April 4th. This is a partial listing of the virtual gatherings and events planned for Lent – take a look and see how you can enter the season prayerfully and joyfully with us. Be sure to keep an eye on the bulletin, [website](#), and e-newsletter for more specific liturgy times as Holy Week approaches. Peace and blessings to you!

Events:

Seniors Rosary & Lenten Faith Sharing

Tuesdays, 2pm, on Zoom

Rosary 2pm – 2:30pm

Lenten Faith Sharing 2:30pm – 3pm

For the Zoom link please contact Stevew@stjosephparish.org.

Stations of the Cross/Faith Sharing

Wednesdays in Lent, 7pm – 8:30pm, on Zoom

Stations of the Cross 7pm – 8:30pm

Faith Sharing 7:30pm – 8:30pm

For the Zoom link, please contact Theresal@stjosephparish.org.

Women's Lenten Book Small Group

Thursdays, 7pm-8pm, on Zoom

February 18th - March 25th

For the Zoom link, please contact Theresal@stjosephparish.org.

Women's Ministry Moment of Wellness

Saturdays, 8:30am - 9am, on Zoom

February 20th - March 27th

Contact KerriLyn Vander Heyden at KerriLynVH@gmail.com for the Zoom link.

Faith Formation and Faith Justice:

Lenten Family Service Opportunities

Contact Claire Hansen at Claireh@stjosephparish.org for more information.

Lenten Magis Children's Bulletin

Each week in March – see the bulletin for Magis

Catholic Relief Services Rice Bowl

In-person, online, and mailed [Rice Bowls](#) – details to come!

THE FIRST SUNDAY OF LENT

Entrance Song

Led By the Spirit

Hurd



1. Led by the Spi-rit of our God, we— go to fast and pray with
2. Led by the Spi-rit we con - front temp - ta - tion face to face, and
3. Led by the Spi-rit now draw near the wa - ters of — re - birth with
4. Led by the Spi-rit, now sing praise to — God the Trin - i - ty: The

Christ in - to the wil - der - ness; we— join his pas - chal way.. "Rend
know full well we must re - ly on — God's re - deem - ing grace. On
hearts that long to wor - ship God in Spi - rit and in truth. "Who -
Source of Life, the liv - ing Word made flesh to set us free, the —

not your gar - ments, rend your hearts. Turn back your lives to me." Thus
bread a - lone we can - not live, But nour - ished by the Word we —
ev - er drinks the drink I give shall nev - er thirst a - gain." Thus
Spi - rit blow - ing where it will To — make us — friends of God: This

says our kind and gra - cious God, whose reign is li - ber - ty.
seek the will of — God to do: This — is our drink, and food.
says the Lord who died for us, our — Sav - ior, kin and friend.
mys - try far be - yond our reach, yet — near in heal - ing love.

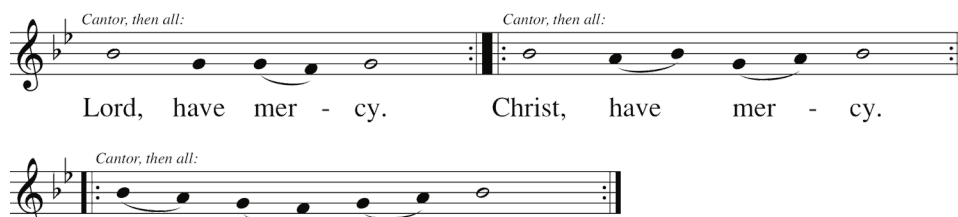
Confiteor

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,

(Strike breast during next line)

through my fault, through my fault, through my most grievous fault.
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters, to pray for me to the Lord our God.

Kyrie



Cantor, then all: Lord, have mer - cy. *Cantor, then all:* Christ, have mer - cy.

Cantor, then all: Lord, have mer - cy.

First Reading

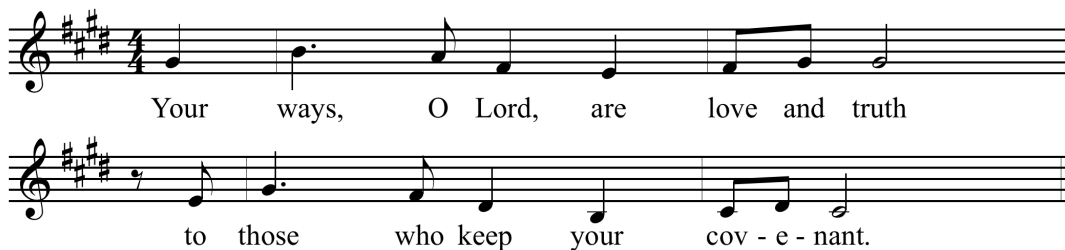
Genesis 9:8-15

God said to Noah and to his sons with him: "See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth." God added: "This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

Psalm

Psalm 25

Guimont



O LORD, make me know your ways. Teach me your paths.
Guide me in your truth, and teach me; for you are the God of my salvation.

Remember your compassion, O LORD, and your merciful love, for they are from of old.
In your merciful love remember me, because of your goodness, O LORD.

Good and upright is the LORD; he shows the way to sinners.
He guides the humble in right judgment; to the humble he teaches his way.

Second Reading

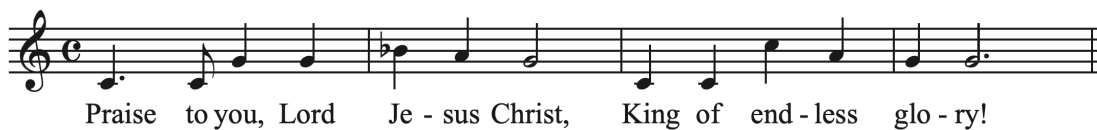
1 Peter 3:18-22

Beloved: Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

Gospel Acclamation

Lenten Gospel Acclamation

Schoen



One does not live on bread alone, but on every word that comes forth from the mouth of God.

Gospel

Mark 1:12-15

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him.

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

Profession of Faith

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us (men) and for our salvation he came down from heaven,
All bow.
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
All stand upright.

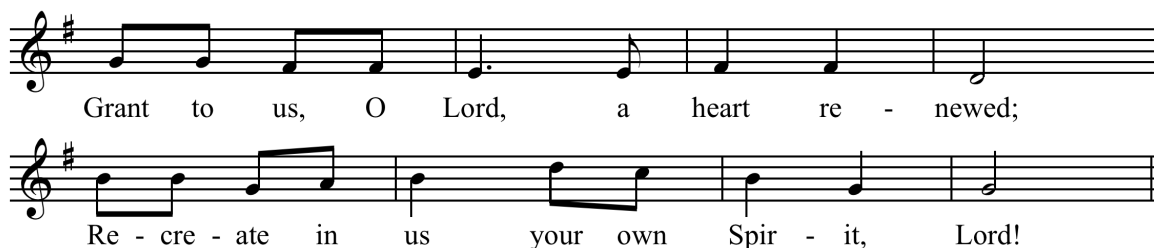
For our sake he was crucified under Pontius Pilate, he suffered death and was
buried,
and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

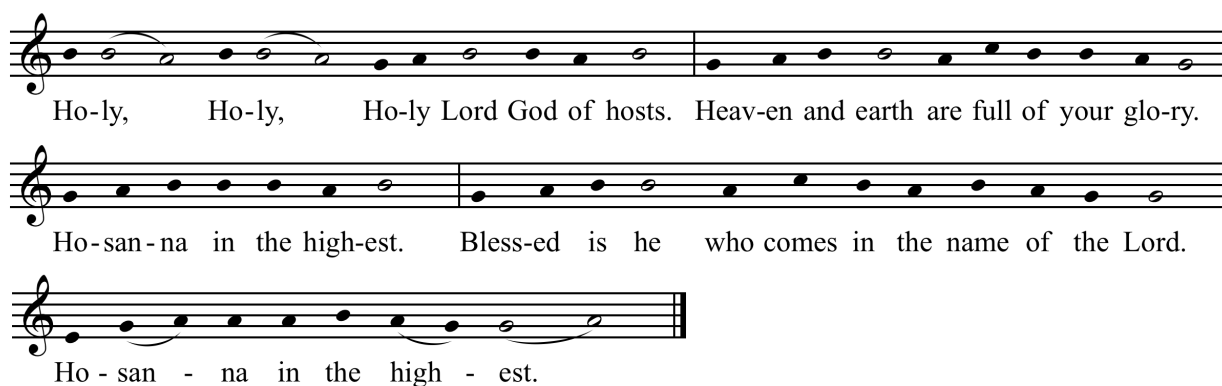
Offertory Song

Grant To Us, O Lord

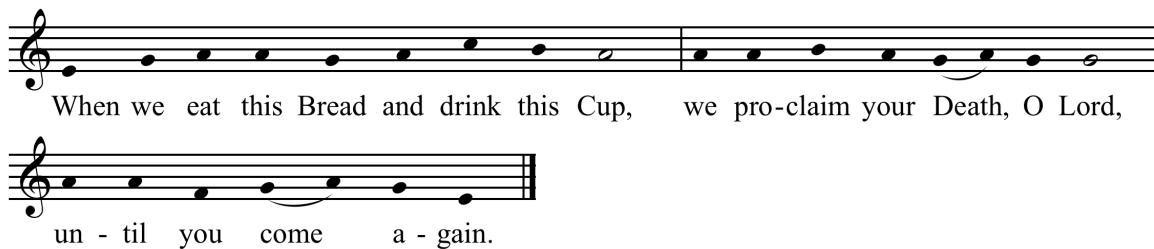
Deiss



Holy, Holy, Holy



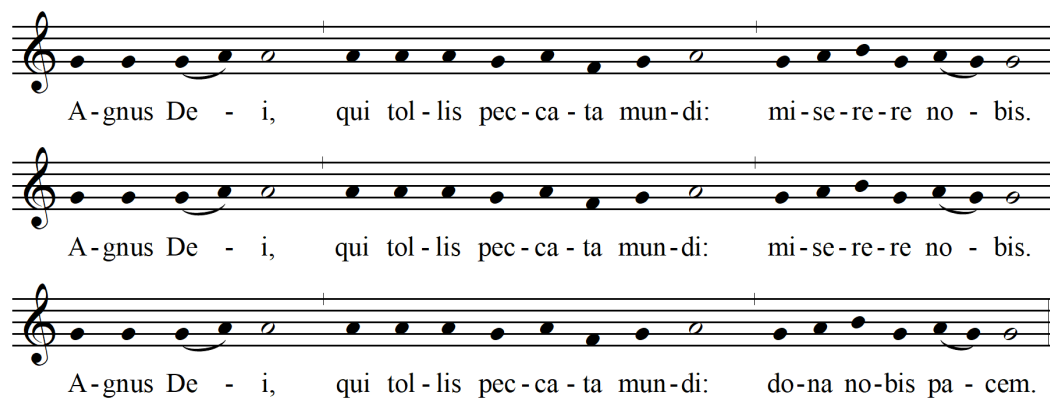
Mystery of Faith



Great Amen



Lamb of God



Communion

Return To God

Haugen



Verses

1. Come back to me with all your heart.
Trees do bend, 'though straight and tall;
2. The wil - der - ness will lead you
In - teg - ri - ty and jus - tice, With
3. You shall sleep se - cure with peace;

1. Don't let fear keep us a - part.
so must we to oth - ers' call. *(To refrain)*
to your heart where I will speak.
ten - der - ness, you shall know. *(To refrain)*
faith - ful - ness will be your joy. *(To refrain)*

Refrain

Long have I wait - ed for your com - ing home to me and
liv - ing deep - ly our new life.



Catholic Advocacy Day

Tuesday March 23, 2021 | 8am-4pm

In this time of COVID and the call for economic and racial equity, join with Catholic parishes and organizations in a day of advocacy for a society in which all people and Earth can thrive.

Virtual Events

- Mass with Archbishop Etienne or Bishop Elizondo
- Speaker from State Government (TBD)
- Briefings on Issues
- Legislative Zoom meetings by District
- Social media campaigns

Register by March 9 at
ipjc.org/cad

Questions? Call 206.223.1138 or email
catholicadvocacyday@ipjc.org



PARISH LIFE

Sister Parish Memories: Accompaniment in Arcatao

By Missy Ward, edited by Marcela Bonet

I first experienced accompaniment on my trip to Arcatao in March, 1994. The first election since the end of the civil war in 1992 was about to begin. We were there to observe and support – to be present with the people of our sister parish through the process. The trip proved to be an insight into the complexities of a democratic election within a deeply divided country and a lesson in accompaniment.

Soon after our arrival, the ruling conservative party determined that voting would only take place in Chalatenango, far from the villages in the surrounding area, most of which were strongly held by the ruling party's opposition. Chalatenango is 38 kilometers from Arcatao, and even further for the villages higher in the mountains. Since there was only one very rough dirt road and few cars, the odds of voter turnout were low.

María Serrano, a guerrilla leader in the civil war, called a meeting in Arcatao for all the villages in the area. The meeting lasted for hours. It was decided that a group led by Maria would go Chalatenango the following day for a televised press conference. There, they would demand a fair election, and an end to voter suppression in the area. Those of us from St. Joseph were asked if we would accompany them. We agreed, and the following morning set off for Chalatenango in a Toyota van that was also the local ambulance.

Few journalists were at the press conference, leading to doubt that the peoples' voices would be heard. The Salvadorans decided to take their cause to the UN delegation overseeing the election in San Salvador, 90 kilometers further. We again agreed to go with them. This time, our little cortege of one Toyota van and one flatbed truck was accompanied by two UN Jeeps, complete with soldiers and machine guns - one in front and one behind. We arrived at a large palace, guarded by soldiers in full riot gear holding machine guns.

The guards greatly outnumbered our small group of Salvadorans. I can picture the scene vividly: the women in their dresses, the men in blue jeans making their way up the imposing steps, led by María, and faced by the line of armed guards blocking the entrance. In that moment I could not imagine a less likely threat. I had no idea what was going to happen as we stood below and watched and waited.

After a delay, the group was admitted. After what seemed like hours, they emerged, triumphant. The UN officials decreed that ballot boxes must be distributed to all the villages. The following day, the ballot boxes were flown in by helicopter. The helicopters came in fast and low, as if to deal a final blow of intimidation. People were running and diving for cover, some crying, remembering how they had been attacked during the civil war.

Even so, the people had emerged victorious in the face of voter suppression. A celebratory Mass was held, and it was joyful; people grinning and hugging each other. It seemed that the entire population attended. It was then that I felt it - accompaniment.

Note: There is a documentary about María Serrano called *María's Story: A Documentary Portrait of Love and Survival in El Salvador's Civil War*, re-released in 2010.



LITURGY & WORSHIP



Reflections on Lent

By Katy Huston, MAPS
Art and Environment Team

Our English word Lent is a shortened form of the Old English word *lencten*, meaning “lengthen” describing the lengthening of days in spring...at least in the Northern Hemisphere. One year, I experienced the end of Lent in Australia, where it was the beginning of fall! It is clear that the ancient meanings of words may be overlooked by present reality.

The Season of Lent goes back a very long way in our church history. It is generally believed that the season was created at the Council of Nicea in 325 AD, and the count of 40 days varies slightly in Christian traditions. But the symbolism of 40 is strong. Think of all the uses of “40 days” in our salvation history.

Our environment and liturgy during Lent help us to contemplate this time of preparation for the great Feast of Easter. The flowers are put aside and bare branches—that will gradually blossom as we grow closer to Easter—take their place. Images of bare branches will fill the walls and remind us of the desert time that Lent calls us to experience. The color of vestments is purple, a sign of repentance.

Greeter Ministry - Volunteers Needed!

We are in need of volunteers to help greet people and run the check-in station at in-person Mass. Are you interested in this important ministry? Email Bob McCaffery-Lent at rmclent@stjosephparish.org

ADULT FAITH FORMATION

Lenten Small Groups on Zoom

St. Joe's is hosting multiple small groups and events as we walk in faith together this Lent. See page 1 or our [website](#) for a full listing. Here's one of the groups:

Stations of the Cross & Small Group Faith Sharing

Wednesdays, 7pm – 8:30pm, via Zoom

Stations 7pm – 7:30pm

Faith Sharing 7:30pm – 8:30pm

Wednesdays in Lent, Adult Faith Formation will host the Stations of the Cross 7:00-7:30 PM via zoom with the option to join the Lenten Small Group Faith Sharing 7:30-8:30 PM.

The Faith Sharing Group will be using the book, *No Unlikely Saints - A Lenten Pilgrimage with Sacred Company*, written by St. Joseph parishioner Cameron Bellm. There are copies available through the parish center at a discounted rate of \$10-\$15, do not hesitate to ask for scholarship as needed. For the Zoom link, or to schedule how to pick up the book, please contact theresal@stjosephparish.org.



FAITH JUSTICE

Jesuits CORE Event – Save the Date!

Repairing Our Justice System: A Conversation on Restorative Justice

Date: Thursday, March 11, 2021

Time: 7:00PM-8:30PM

Host: Samantha Yanity, IPJC

What would our society look like if we transformed the criminal justice system? Join us, as the collective works of Jesuits West---Seattle CORE (Collaborative Organizing for Racial Equity), as we explore this model of restorative justice and reimagine a society that is just, healing, and equitable. Email syanity@ipjc.org for more information and look for the registration link in a future bulletin.

Panelists:

Jennifer Kelly, Jesuit Restorative Justice Initiative Northwest
Bobby Garcia, Assistant Executive Director for Jesuit Restorative Justice Initiative –LA
Carlos Cervantes, Ride Home Program for the Anti-Recidivism Coalition
Joe Cotton, Catholic Mobilizing Network

JESUITS WEST COLLABORATIVE



ORGANIZING FOR RACIAL EQUITY

Racial Justice Book Group – March 10

Please join us Wednesday, March 10 at 7pm on Zoom for a continuing discussion of Part Three: Mending Our Collective Body of Resmaa Menakem's *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*.

We will be exploring only Part Three. As you read, please notice what is happening in your body as you try the recommended exercises. To receive the Zoom link please contact racialjusticebookgroup@stjosephparish.org.

PREPARES – Opportunity to Help a Local Family

St. Joseph is partnering with PREPARES to provide meaningful, local, and sustainable support to vulnerable mothers, fathers, and families as they nurture their children through pregnancy and early childhood.

Through this program, Catholic Community Services will connect St. Joseph with a local family seeking support and accompaniment. St. Joseph will help address essential needs and develop supportive, nurturing relationships that walk the journey with families within our community. You can learn more about PREPARES at pre-paresforlife.org.

If you are interested in volunteering as a companion or in helping address essential needs, an introductory meeting will be held via Zoom in mid-March (exact time/date TBD). You can also reach out to Jojo Reardon at joannelreardon@gmail.com for more information.

PARISH LIFE

Men's Winter Walk @ Discovery Park

Saturday, Feb 27th - 1:30pm – 3:30pm
Optional trip to Rooftop Brewing after

Meet inside the southern parking area, at the billboard area as you enter the lot. If lot is full, then enter area on foot from neighborhood, near 41st Ave W and Emerson St gate.

The route is 3.85 miles with beach views of the Sound. About 2 hours walking and includes some uphill and some muddy ground. The reward is water views through bare winter trees and some wetland bird watching.

If the weather is bad on 2/27, we'll push it back one week to March 6th. For details, contact Joe Prusa at she-joprusa@hotmail.com or Stevew@stjosephparish.org Of course, everyone needs to mask up and we'll pair up and socially distance during the walk!

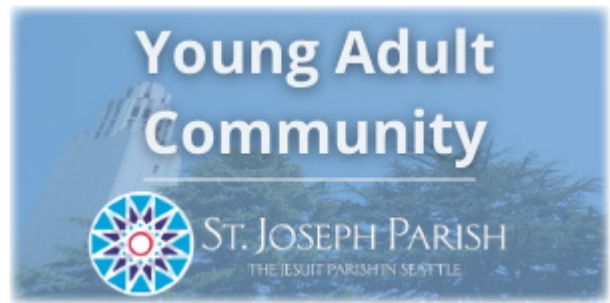
Afterwards, for those who want and feel comfortable, we'll head over to nearby Rooftop Brewing at 1220 W Nickerson St. If it's full, we'll head to Rueben's Brewing or Stoup Brewing.



Seniors Rosary & Lenten Faith Sharing

Tuesdays 2pm – 3pm, via Zoom

During Lent, we will continue to say the rosary, and those who wish to stay on can engage in a Lenten Faith Sharing using a book by Fr. Richard Rohr, entitled *Wondrous Encounters*, from 2:30-3:00. All are welcome to join. For the Zoom link contact Stevew@stjosephparish.org.



Young Adult Happenings

Virtual Speed Friending
Friday February 26th, 6pm-7:30pm
Virtual (email us for the link!)

Join the young adult community for a round of speed friending! This will be a great opportunity to meet new people and deepen existing friendships! Contact youngadultcommunity@stjosephparish.org to receive an email invite to the meeting. Feel free to share the invite - the more, the merrier :)

Friends and Partners:

ISC Job Opening

The Ignatian Spirituality Center is seeking a talented professional to serve as Regional Coordinator for the Contemplative Leaders in Action (CLA) program in Seattle. CLA is a two-year program rooted in Ignatian spirituality created for young adult professionals seeking community, personal and spiritual growth, and leadership development. This is a part-time position combining flexible, remote work with scheduled on-site duties such as retreats and gatherings.

More information on the position can be found here: <https://www.ignatiancenter.org/staff>

Learn about CLA here: <https://www.contemplativeleaders.org/>





THE MAGIS FAMILY FORMATION PROJECT

Love In Action (Fast, Pray and Give) February 2021

February — the month of love! Many people celebrate St. Valentine's Day on the 14th by showing love to others with cards and small gifts. An even greater opportunity to show love comes soon after with Ash Wednesday marking the beginning of Lent on February 17th. During Lent we show our love for Jesus through special acts of fasting, prayer and almsgiving.

CELEBRATE THE SAINTS

Saints come from all around the world, representing different races and ethnicities. It's impossible to know for sure what many of them looked like, but they are often portrayed as white, even if they probably had dark skin. This is one example of **systemic racism**. As we celebrate Black History Month, take time to learn more about some of the Black saints and pray for their intercession through a [Litany of Black Saints](https://www.looktohimandberadiant.com/2020/06/a-heart-for-gods-people-resources-for.html) at

<https://www.looktohimandberadiant.com/2020/06/a-heart-for-gods-people-resources-for.html>

For more information visit The National Black Catholic Congress' page on [Black Catholic Saints and Martyrs](http://www.nbccongress.org/black-saints-and-martyrs.html) at <http://www.nbccongress.org/black-saints-and-martyrs.html>



St. Josephine Bakhita



St. Benedict the Moor



St. Monica



St. Martin De Porres

DAILY EXAMEN

Be still and ask the Holy Spirit to help **PAUSE** your day.

Next, ask the Holy Spirit to help **REWIND** and go back over your day, being thankful for God's blessings.

Next, ask the Holy Spirit to help **FAST FORWARD** through your day, recalling those moments that moved you closer to God as well as those things that took you away from God.

Thank God for the moments when you were aware of His presence and ask forgiveness for the moments you failed to follow Him.

Finally, ask the Holy Spirit to help you **STOP** and to look forward to the rest of the day or the new day to come and to commit to following the Lord more closely.

Finish your Examen by quietly praying the Lord's Prayer.

(Adapted from [Joe Paprocki](#))

LENTEN SCAVENGER HUNT

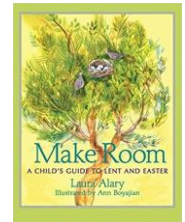
- ☐ **Purple cloth or purple plant** representing the color of Lent.
- ☐ **Rosary** representing our call to spend more time in prayer during Lent
- ☐ **Coins**, representing our call to give generously during Lent
- ☐ **A shoe** representing the journey Jesus will make to Jerusalem and the cross
- ☐ **Thorns** representing Jesus' crown of thorns

Ash Wednesday, Feb. 17, marks the beginning of Lent, 40 special days before Easter that Christians use to “Fast, Pray and Give.” Jesus spent 40 days in the desert and during that time he fasted and prayed as he prepared for his ultimate act of giving. He gave himself to the suffering of the cross for our sakes. We want to be followers of Jesus and so, like him, we “Fast, Pray and Give” during Lent. On Ash Wednesday, the priest places ashes in the shape of a cross on our foreheads and reminds us to “Repent and Believe in the Gospel.” The ashes come from the palms from last year’s Palm Sunday. We may not all be able to receive ashes in person this year, but we can still “examine” or think about how we can be closer to Jesus. Draw a picture of yourself and include ashes on your forehead.



Search for: [Make Room: A Child's Guide to Lent and Easter by Laura Alary](#)

Feb. 21: Noah and the Promise of the Rainbow. Genesis 9:8. God has promised that he will always love us. What promises do you make? **Jesus' 40 days of temptation in the desert. Mark 1:12-15.** What is a temptation? Can you share a way that you fight temptation? Lent is a good time to practice fighting temptation.



Feb. 28: “If God is for us who can be against us.” Romans 8. Have you ever felt picked on or that someone is against you? When you feel this way can you tell God about it? Can you share a way that God has shown you that He loves you?

GET CRAFTY

Using this [template](#), print suggestions for ways your family can pray, fast, and give this Lenten season. Cut them into strips and place in three envelopes or pockets. Pick a strip every day to help guide you on your journey to grow closer to God throughout Lent.

<https://www.looktohimandberadiant.com/2017/02/lent-pray-fast-give-printable.html>



Recreate how a [Caterpillar turns to a Butterfly](#) using an empty toilet paper roll, popsicle stick, and some paper. This metamorphosis can remind us that we too should undergo a transformation during Lent as we strive to become more like Jesus.

<https://catholicblogger1.blogspot.com/2012/02/crafty-crafters-lent.html>

BOOK CORNER

[I am Love by Susan Verde](#)

[A Child's Introduction to African American History by Jabari Asim](#)

[Wish Tree by Katherine Applegate](#)

[Stations of the Cross for Children by Jerry J Windley-Daoust and Vicki Shuck](#)

