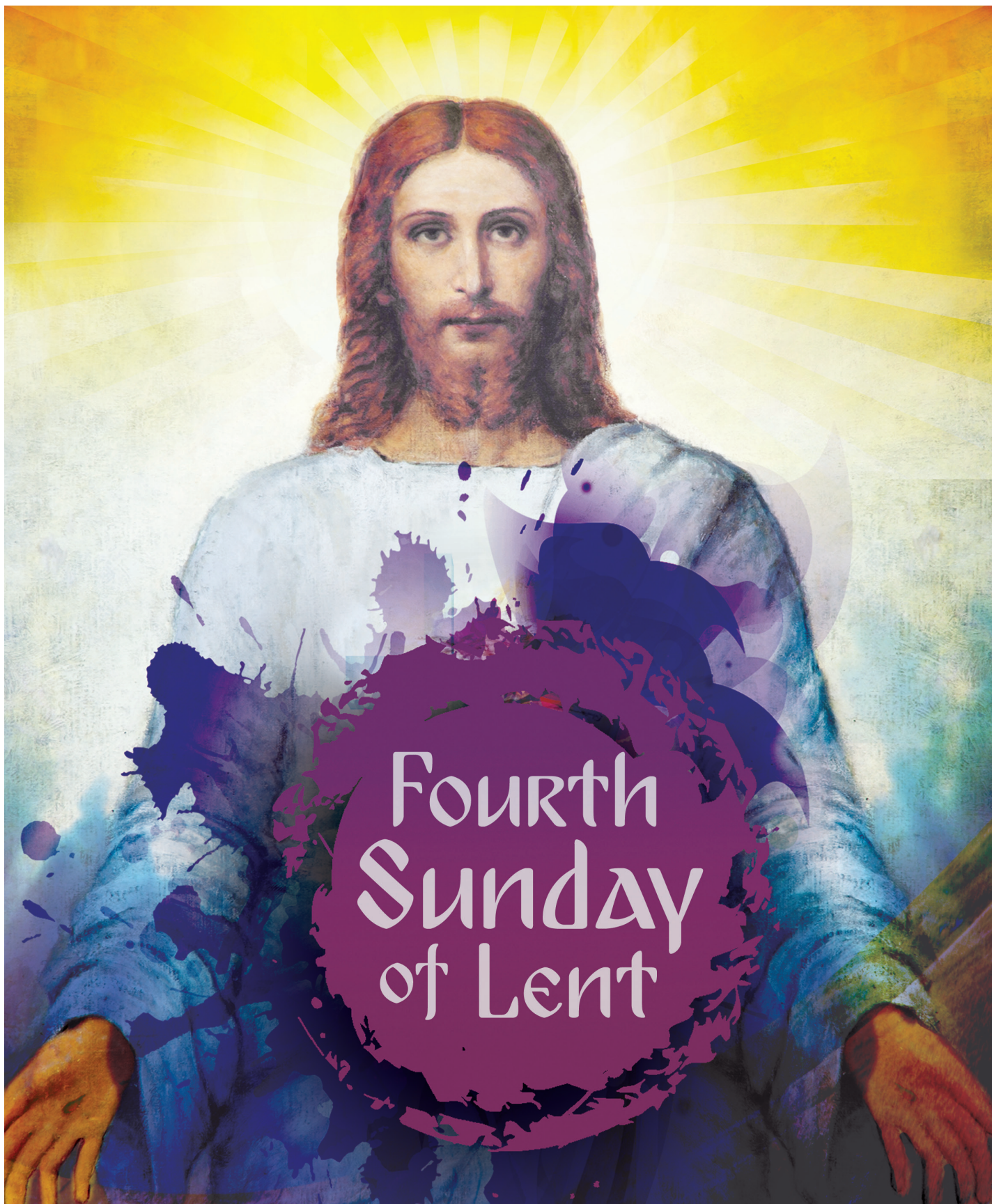




ST. JOSEPH PARISH

THE JESUIT PARISH IN SEATTLE

Sunday, March 14, 2021 * The Fourth Sunday of Lent * www.stjosephparish.org



**THE FOURTH SUNDAY OF LENT
MARCH 14, 2021**

**Livestream Mass: 5pm Saturday
on our YouTube channel
(Available for viewing throughout the week)
9:30 AM Sunday
5:30 PM Sunday**

**Weekday Mass Schedule
Tuesday - Friday, 7 am, YouTube**

Readings for March 21, 2021

FIRST READING: EZEKIAL 37:12-14

SECOND READING: ROMANS 8:8-11

GOSPEL: JOHN 11:3-7, 17, 20-27, 33B-45

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www.stjosephparish.org

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St. Joseph School - Main Office

Patrick Fennessy, Head of School x210

Mary Helen Bever, Primary School Dir x218

Vince McGovern, Middle School Dir x219

The Feast of St. Joseph in San Bartolome: A Celebration of St. Joseph & St. Óscar Romero

Friday, March 19th, 6:30pm – 7:30pm

LIVE via Zoom

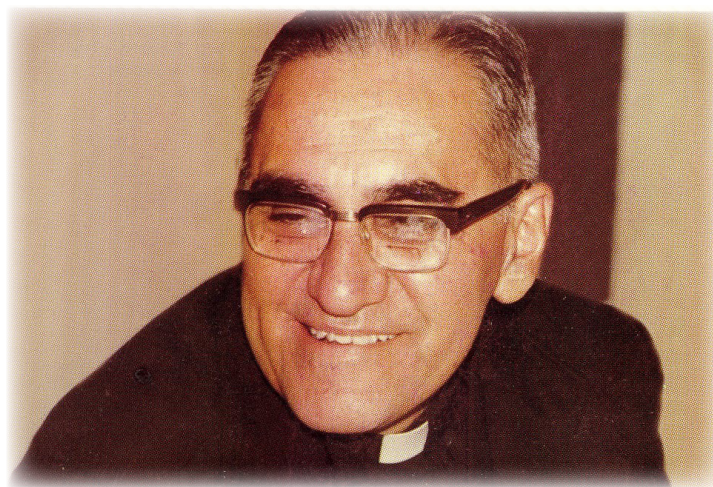
Join the Sister Parish Committee and our friends at San Bartolome church in Arcatao, El Salvador, as we celebrate the Feast of St. Joseph. During this Zoom session, parishioners from both churches will share music, prayer, and reflections on the lives St. Joseph and St. Óscar Romero, who was martyred on March 24th, 1980, in El Salvador.

You won't want to miss this international celebration – all are welcome! Click [here](#) to receive the Zoom link. <https://forms.gle/al73mmFUmyQKayav8>

Contact Mark Petterson markp@stjosephparish.org with Zoom questions or Daniel Stoner danielppd@gmail.com with questions about the program.



San Bortolome Church



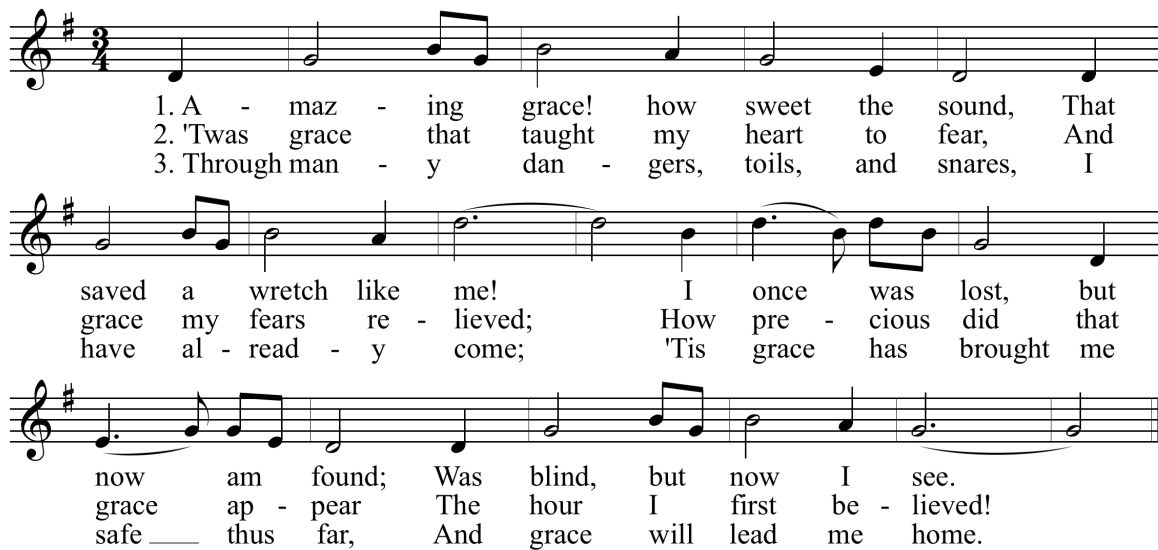
St. Óscar Romero

THE FOURTH SUNDAY OF LENT

Entrance Song

Amazing Grace

NEW BRITAIN/Newton



1. A - maz - ing grace! how sweet the sound, That
2. 'Twas grace that taught my heart to fear, And
3. Through man - y dan - gers, toils, and snares, I
saved a wretch like me! I once was lost, but
grace my fears re - lieved; How pre - cious did that
have al - read - y come; 'Tis grace has brought me
now am found; Was blind, but now I see.
grace ap - pear The hour I first be - lieved!
safe — thus far, And grace will lead me home.

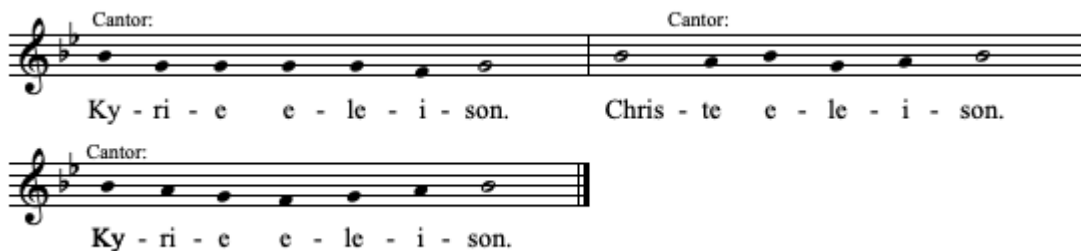
Confiteor

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,

(Strike breast during next line)

through my fault, through my fault, through my most grievous fault.
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters, to pray for me to the Lord our God.

Kyrie



Cantor: Ky - ri - e e - le - i - son. Chris - te e - le - i - son.
Cantor: Ky - ri - e e - le - i - son.

First Reading

1 Samuel 16:1b, 6-7, 10-13a

The LORD said to Samuel: "Fill your horn with oil, and be on your way. I am sending you to Jesse of Bethlehem, for I have chosen my king from among his sons."

As Jesse and his sons came to the sacrifice, Samuel looked at Eliab and thought, "Surely the LORD's anointed is here before him." But the LORD said to Samuel: "Do not judge from his appearance or from his lofty stature, because I have rejected him. Not as man sees does God see, because man sees the appearance but the LORD looks into the heart." In the same way Jesse presented seven sons before Samuel, but Samuel said to Jesse, "The LORD has not chosen any one of these." Then Samuel asked Jesse, "Are these all the sons you have?" Jesse replied, "There is still the youngest, who is tending the sheep." Samuel said to Jesse, "Send for him; we will not begin the sacrificial banquet until he arrives here." Jesse sent and had the young man brought to them. He was ruddy, a youth handsome to behold and making a splendid appearance. The LORD said, "There—anoint him, for this is the one!" Then Samuel, with the horn of oil in hand, anointed David in the presence of his brothers; and from that day on, the spirit of the LORD rushed upon David.

Psalm

23 The Lord Is My Shepherd

Mayernik



The LORD is my shepherd; there is nothing I shall want.
Fresh and green are the pastures where he gives me repose.
Near restful waters he leads me; he revives my soul.
He guides me along the right path, for the sake of his name.
Though I should walk in the valley of the shadow of death,
no evil would I fear, for you are with me.
Your crook and your staff will give me comfort.

You have prepared a table before me in the sight of my foes.
My head you have anointed with oil; my cup is overflowing.

Surely goodness and mercy shall follow me all the days of my life.
In the LORD'S own house shall I dwell for length of days unending.

Second Reading

Ephesians 5:8-14

Brothers and sisters: You were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth. Try to learn what is pleasing to the Lord. Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore, it says: "Awake, O sleeper, and arise from the dead, and Christ will give you light."

Gospel Acclamation



God so loved the world that he gave his only Son,
so everyone who believes in him might have eternal life.

Gospel

John 9:1, 6-9, 13-17, 34-38

As Jesus passed by he saw a man blind from birth. He spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, "Go wash in the Pool of Siloam"—which means Sent—. So he went and washed, and came back able to see.

His neighbors and those who had seen him earlier as a beggar said, "Isn't this the one who used to sit and beg?" Some said, "It is," but others said, "No, he just looks like him." He said, "I am."

They brought the one who was once blind to the Pharisees. Now Jesus had made clay and opened his eyes on a sabbath. So then the Pharisees also asked him how he was able to see. He said to them, "He put clay on my eyes, and I washed, and now I can see." So some of the Pharisees said, "This man is not from God, because he does not keep the sabbath." But others said, "How can a sinful man do such signs?" And there was a division among them. So they said to the blind man again, "What do you have to say about him, since he opened your eyes?" He said, "He is a prophet."

They answered and said to him, "You were born totally in sin, and are you trying to teach us?" Then they threw him out.

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" He answered and said, "Who is he, sir, that I may believe in him?" Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "I do believe, Lord," and he worshiped him.

Second Scrutiny (5:30)

We Search for Light In Darkness

Browning

"We search for light in darkness, deliver us, O Lord"

Amazing Grace

NEW BRITAIN/Newton

"Amazing grace how sweet the sound. That saved a wretch like me.
I once was lost but now am found, Was blind but, now, I see"

Dismissal (5:30)

Take, O Take Me As I Am

Bell

"Take, O take me as I am. Summon out what I shall be.
Set your seal upon my heart and live in me"

Offertory Song

Open My Eyes

Manibusan

The musical notation is written on two staves in 3/4 time. The first staff contains the melody for the first three lines of the lyrics. The second staff contains the melody for the next three lines. The lyrics are as follows:

1. O - pen my eyes, Lord. Help me to see your face.
2. O - pen my ears, Lord. Help me to hear your voice.
3. O - pen my heart, Lord. Help me to love like you.

O - pen my eyes, Lord. Help me to see.
O - pen my ears, Lord. Help me to hear.
O - pen my heart, Lord. Help me to love.

Holy, Holy, Holy

Ho-ly, Ho-ly, Ho-ly Lord God of hosts. Heav-en and earth are full of your glo-ry.

Ho-san-na in the high-est. Bless-ed is he who comes in the name of the Lord.

Ho - san - na in the high - est.

The musical notation is written on three staves. The first staff contains the melody for 'Ho-ly, Ho-ly, Ho-ly Lord God of hosts. Heav-en and earth are full of your glo-ry.' The second staff contains the melody for 'Ho-san-na in the high-est. Bless-ed is he who comes in the name of the Lord.' The third staff contains the melody for 'Ho - san - na in the high - est.'

Mystery of Faith

When we eat this Bread and drink this Cup, we pro-claim your Death, O Lord,

un - til you come a - gain.

The musical notation is written on two staves. The first staff contains the melody for 'When we eat this Bread and drink this Cup, we pro-claim your Death, O Lord,'. The second staff contains the melody for 'un - til you come a - gain.'

Great Amen

A - men.

The musical notation is written on a single staff, showing the melody for 'A - men.'

Lamb of God

A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.

A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.

A-gnus De - i, qui tol - lis pec - ca - ta mun-di: do-na no-bis pa - cem.

The musical notation is written on three staves. The first staff contains the melody for 'A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.' The second staff contains the melody for 'A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.' The third staff contains the melody for 'A-gnus De - i, qui tol - lis pec - ca - ta mun-di: do-na no-bis pa - cem.'

Communion

God Of Mercy

Hurd

God of mer - cy, ho - ly mys - t'ry, ev - er faith - ful one;
you have pitched your tent a-mong us, rec-on-ci - ling love;
Heart and mind of Christ, live with - in our lives,
form us in - to peo - ple of mer - cy and grace.

Recessional

Tree Of Life

Haugen

1. Tree of life and awe-some myst - 'ry, In your
2. Give us eyes to see you clear - ly, Make us
3. Seed that dies to rise in glo - ry, May we
death we are re - born, Though you die in all of
child-ren of your light; Give us hearts to live more
see our-selves in you, If we learn to live your
hist - 'ry, still you rise with ev - 'ry morn, Still you
near - ly As your gos - pel shin - ing bright, As your
sto - ry We may die to rise a - new, We may
rise with ev - 'ry morn.
gos - pel shin - ing bright.
die to rise a - new.

7am Daily Mass – Open for In-Person Attendees

We are pleased to announce that 7am daily Mass (Tuesday – Friday) is now available for in-person attendance. All are welcome!

We still have COVID protocols in place, which means the door will be locked promptly at 7am so that web-cast filming may proceed. Additionally, masks must be worn by all participants and social distancing will be enforced. Pre-registration is not necessary to attend this Mass, but we ask that you arrive at least ten minutes before 7am, as you will need to provide your name and contact info at the door.

If you would like to volunteer for the month of March to greet, usher, or lector at the 7am Mass, please email caprices@stjosephparish.org

ST. VINCENT DE PAUL

St. Vincent de Paul Society: Caring for Our Neighbors, Part 2

The St. Joe's Conference of St. Vincent de Paul, our local chapter of the international aid organization, has been busy helping our neighbors on Capitol Hill and around Seattle cope with the economic hardships that the pandemic has brought. We're highlighting stories of Vincentians finding innovative ways to connect with clients during this time of lockdown, and ways that you can help!

Beth Newman is the Spiritual Advisor for the St. Joe's SVdP Conference, and helps the team stay grounded spiritually while they focus on helping our neighbors. She started volunteering with SVdP eleven years ago, inspired by her husband's family, who have been involved with SVdP for over 25 years. "I feel like it's an honoring of the love of family, while caring for the community."

As the group's Spiritual Advisor, Beth prepares and leads meditations and reflections that begin each meeting. Right now, they are reading a biography of Frederick Ozanam, the founder of the Society of St. Vincent de Paul. The discussions about the intersection of spirituality and charitable work have been energizing. "We have such a range of folks involved," Beth says. "It's wonderful to walk with people who have been working with SVdP for 40 years, or just a few months. We bring together the identity of the Society, of our patron saint, the readings from Sunday, the readings from the year, and how we can live those out serving our neighbors."

"St. Vincent's isn't just another social agency – we are a small spirituality group that then goes out and cares for people in our community," Beth explains. "We're very simple as far as our mission is concerned. We're called to love God and love our neighbor – to see the face of God in our neighbor. It breaks open your world in a really beautiful way. It starts to change you. You're able to care for your family better, and engage with people you run into on the street. It changes how you move through the world."

Your donations to St. Vincent de Paul aren't just a gift of money. Donations represent the care that we have for one another, and a recognition of the inherent dignity of all people. "I tell folks, when we them something simple and tangible, like gift cards, that this is a sign that the community loves you, and cares for you. We want you here. We want you to be our neighbor."

While SVdP continues to be good stewards of your donations – every dollar goes directly to our neighbors in need – the next month is critical. As the [end of a statewide moratorium on evictions](#) draws near, King County could see record numbers of people forced out of their homes. SVdP is ready to assist with rent, but needs our support.

SVdP has recently secured a \$20,000 matching gift – every dollar donated, until \$20,000 has been reached, will be matched 1-to-1. If you are able, now is the time to invest in our community and [donate to St. Vincent de Paul](#).



Photo courtesy of St. Vincent de Paul - King County

A St. Vincent de Paul Prayer Before a Home Visit

Father, we ask you to provide all that we need as we do the work you have given us to do. Fill our hearts with your love, help us to listen with compassion and to speak with kindness and confidence.

Jesus, we pray for the grace to go with out our preconceived judgments so that we can be true peacemakers. Stir in us the fire of your love and guide us with discernment. Fill our hearts with wisdom, generosity and kindness.

Holy Spirit, inspire us with joy and patience. Be at work in us so that we will bring good news to the downcast, healing to the brokenhearted, hope to the destitute, love and compassion to all who are suffering.

LITURGY & WORSHIP

Lent at St. Joe's Liturgies & Events

St. Joseph Parish welcomes you and your family to the season of Lent. This is a partial listing of the virtual gatherings and events planned for Lent – take a look and see how you can enter the season prayerfully and joyfully with us. Be sure to keep an eye on the bulletin, [website](#), and e-newsletter for more specific liturgy times as Holy Week approaches. Peace and blessings to you!

Events:

Stations of the Cross

Fridays, 12:15 pm in the Church and [Livestreamed](#)

Women's Lenten Book Small Group

Thursdays, 7pm-8pm, on Zoom

February 18th - March 25th

For the Zoom link, please contact Theresal@stjosephparish.org.

Seniors Rosary & Lenten Faith Sharing

Tuesdays, 2pm, on Zoom

Rosary 2pm – 2:30pm

Lenten Faith Sharing 2:30pm – 3pm

For the Zoom link please contact Stevew@stjosephparish.org.

Stations of the Cross/Faith Sharing

Wednesdays in Lent, 7pm – 8:30pm, on Zoom

Stations of the Cross 7pm – 7:30pm

Faith Sharing 7:30pm – 8:30pm

For the Zoom link, please contact Theresal@stjosephparish.org.

Women's Ministry Moment of Wellness

Saturdays, 8:30am - 9am, on Zoom

February 20th - March 27th

Contact KerriLyn Vander Heyden at KerriLynVH@gmail.com for the Zoom link.

LITURGY NOTES

The Scrutinies, Part 2

March 7, 14, and 21

By Katy Huston, MAPS

The Gospel readings for these three Sundays are a very ancient connection to the Scrutinies. We hear the story of Jesus and the Samaritan Woman at the Well, and the elect are asked to consider for what they thirst. We hear the story of the One Born Blind, and the elect consider what in them is blind to God's Love. The story of Lazarus asks the elect what binds them and keeps them from growing closer to Christ. These are questions for all of us to consider on our faith journey.

March 14, the fourth Sunday of Lent is *Laetare* Sunday. This Sunday gets its name from the first few words (Incipit) of the traditional Latin entrance (Introit) for the Mass of the day. "Laetare Jerusalem" ("Rejoice, O Jerusalem") is from Isaiah 66:10. For this day of rejoicing in the middle of the penitential season of Lent, the vestments and altar cloth change to pink.

March 19 is the Feast of St. Joseph. Pope Francis has designated 2021 as the Year of St. Joseph, Patron of the Universal Church. We are remembering the Namesake of our Parish with a special prayer card that will be available in the church foyer. The image on the card was created by parishioner Eleana Pawl. Please feel free to take cards for those who may not be able to visit the church.



Please join us in praying for the following intentions: For a beloved sister in her recovery from a stroke . . . For successful hip replacement surgery for my wife . . . For a daughter's healing from emergency surgery . . . Thankful that more people are being able to receive the vaccine against Covid 19 . . . For those who have contracted coronavirus, we pray for their care and healing . . . For all who experience fear or anxiety, we pray for peace of mind and spirit.

The Ignatian Spirituality Center invites you to a

NOVENA OF GRACE

A Lenten retreat in everyday life

*"Heal our Hearts
for a **Mission of Mercy**"*



Presenters:

Fr. Peter Henriot, S.J.,
Barbara Henderson,
and Corbin Johnson

March 9-17, 2021

Attend any or all nine days
Weekdays at 6:30 pm PST
Sat & Sun at 11:00 am PST
Online via Zoom

For a Zoom webinar link & more information, visit
www.ignatiancenter.org/novenaofgrace

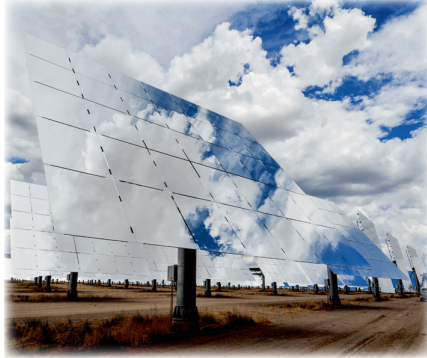


FAITH JUSTICE

Climate Justice Discernment Gathering

Thursday March 25th, 7pm - 9pm
Zoom

Climate change can seem overwhelming. How can you get involved? How can we as St. Joseph Parish get involved?



Join fellow St. Joseph's parishioners for an in-depth session of discovery and discernment focused on ecological justice and care for our common home. As Pope Francis wrote so plainly in *Laudato Si'*, "The urgent challenge to protect our common home includes a concern to bring the whole human family together to seek a sustainable and integral development, for we know that things can change." Individually, as well as collectively, we can indeed make a difference: Join us to help build a plan for how we can work together as a parish for ecological justice!

In this two-hour online event, you will be introduced to proven scientific solutions to reverse global warming through videos and interactive group activities. From the food we eat, to the products we choose to buy and the place we choose to live, we are called to see the world around us with a lens of climate curiosity and awe. By the end of our time, we each individually and collectively will be armed with a better understanding of where we can go next to discover what we will do on our climate journeys, and how we can move as a parish towards greater sustainability and integral ecology.

Anna Johnson, St. Joseph parishioner, and Scott Henson, co-founder of Drawdown Seattle and St. Joseph parishioner, will moderate and guide the discussions that will cultivate a sense of possibility while invigorating and encouraging us to take action together in community. We can't sit on the sidelines any longer – join us on the field.

Registration link here: <https://forms.gle/wFzPRZFao3jp-7tqm9>

Contact Deacon Steve with any questions: steve@stjosephparish.org

St. Francis House is Open!

St. Francis House opened on March 2nd for donations at their Immaculate Conception location at **820 18th Avenue** (accessed from the parking lot). At this time, they are only able to accept clean, gently worn, or new clothing for men, women, and children; shoes; travel sized toiletries and grocery gift card donations.

They are open Tuesdays, Wednesdays, and Thursdays from 9 a.m. - 12 p.m. for donations.



CORE Legislative Action Alert: Restorative Justice

Jesuits West CORE (Collaborative Organizing for Racial Equity) has organized an action alert regarding pending legislation in Washington State that would advance restorative justice. Parishioners Samantha Yanity and Vince Herberholt helped organize the action, and students at Seattle Prep vetted the bills.

[Click here](#) to read about bills in the Washington State Legislature supporting restorative justice. You can take action by writing your representative on the dedicated action alert site: <http://bit.ly/ActForRestorativeJustice>

JESUITS WEST COLLABORATIVE



ORGANIZING FOR RACIAL EQUITY

FAITH JUSTICE

Nurturing Roots: Grow Love This Lent

Now is your chance, during this Lenten season, to fill the greenhouse with love and support. Everyone is invited to begin a Veggie “Start Pot” right now to donate at the end of Lent. During the week following the school’s Easter vacation, we will have a series of day/times when you can deliver your start(s) to Nurturing Roots Farm or St. Joe’s (which we will deliver to the farm). Contact Deacon Steve at stevev@stjosephparish.org with any questions.

Veggies starts are easy! With a pot, a little soil, and a few seeds, you can contribute to filling the new greenhouse at Nurturing Roots farm. Click [here](https://www.stjosephparish.org/files/918.pdf) or go to our website (<https://www.stjosephparish.org/files/918.pdf>) for detailed instructions



The new greenhouse is up!

One Parish One Prisoner Update

As we enter into Lent, the St. Joe’s [One Parish One Prisoner](#) team has been reflecting on the past six months with Wes Atkinson, our friend whom we have been accompanying since his release from prison last fall, and some of the things we’ve learned on the journey so far.

First of all, we’d like to sincerely thank all of you who donated clothes, food, and gift cards for Wes when he moved into transitional housing in August. Your generosity made all the difference – in almost every conversation, he mentions how much the support of the parish meant to him, and how the material assistance kept him from having to resort to old habits that lead to recidivism. Thank you!

It has been an up-and-down journey, as the team learned along with Wes how to navigate the post-release system in Washington State. We are thrilled to report that Wes now has a full-time job, and is living on his own, having moved out of congregate transitional housing. This is a huge achievement, and speaks to Wes’ perseverance.

In addition to spiritual and emotional accompaniment, the parish agreed to pay for the first three months of Wes’ rent, as well as help him secure Apple Health and Department of Health and Human Services benefits. Though the financial-support phase of accompaniment has ended, the team stays in touch with Wes, and will continue to support him as he moves forward with his life.

We’ve learned a lot, both about our state’s system of incarceration, and about our role in it, these past few

months. While many of us had a fundamental knowledge of the inequities of the system, especially in terms of disproportionately incarcerating Black and Brown people, we didn’t fully understand the lasting effects of incarceration.

We saw firsthand how the system is set up for previously-incarcerated citizens to fail. Recidivism is most often not a personal failing, but a predictable and preventable result of policies, rules, and stigma that keep folks from finding meaningful employment and safe, affordable housing. Helping one friend on his journey through the “Underground” (as the One Parish One Prisoner program calls it) is important, but it is a band-aid for widespread policy failure, and we find ourselves even more committed to righting the wrongs of decades of politics that overly punish the most vulnerable among us.

The team is currently discerning if and when to accompany a new incarcerated friend. We will continue to keep you, the parish, updated as we walk that journey. In the meantime, we encourage you to learn more about the [One Parish One Prisoner](#) program and, if you feel called to join us, get in touch – contact [Deacon Steve](#) for more information.



Wes at His New Job

STEWARDSHIP CORNER



Did You know? New tax laws and strategies can help you minimize your taxes and maximize your contributions to St. Joseph Parish! Here's how:

- \$300 Charitable Deduction
- Tax-free Transfer IRA Transfer
- Double Tax Reduction from Appreciated Stock

\$300 charitable deduction for non-itemizers

Even if you don't itemize deductions, i.e. use the standard deduction, you can deduct up to \$300 for donations made in cash that are paid directly to the charitable organization. This allows anybody to give, even in a small way, and reap the tax benefit. Online giving is an excellent way to capture a record of those donations.

Tax-free transfer from an IRA

If you are 70½ or older, you can give up to \$100,000 per year tax-free from your IRA to St. Joe's (called a qualified charitable distribution or QCD). The gift counts toward your required minimum distribution (RMD), but isn't included in adjusted gross income. (Donors need not be required to take an RMD now or until age 72, but may still make a QCD. The distribution may be monthly, quarterly or annually. See your account holder for details.)

A double tax reduction by giving appreciated stock

In lieu of sending cash to St. Joe's, you may find greater tax benefits by giving appreciated stock. Holdings owned for more than a year may be deducted based on their value on the date donated. Non-itemizers still benefit from avoiding the capital gains tax on the stock.

Please don't hesitate to reach out to me at maryw@stjosephparish.org or call me at (206) 324-2522 ext.114 with any questions or concerns.

Mary Wiseman, Pastoral Assistant for Stewardship

CHILDREN'S FAITH FORMATION

Lenten Family Service Activities

Pope Francis has called on all of us during the Lenten season, "to confront the poverty of our brothers and sisters, to touch it, to make it our own and to take practical steps to alleviate it." Although the ongoing COVID-19 pandemic has made it difficult to come together again as a community, the St. Joseph Family Service Working Group has organized several activities for families to participate in this Lenten season. These projects aim to help our parish make a significant impact in our local community.

Families are welcome to choose from one or more of the following activities, depending upon the age or interest of their children:

Prepare Easter cards for elderly St. Joseph Parishioners

Create Hygiene Kits for residents of Jubilee Women's Center

Plant vegetables starts for Nurturing Roots

Make wind chimes for Nurturing Roots and wind chime kits for L'Arche

For more information about these activities and to sign up, click [here](#). Once you sign up, more information about each project will be sent to you.

If you have any questions, please contact Claire Hansen at claireh@stjosephparish.org.

PARISH LIFE

Seniors Rosary & Lenten Faith Sharing

Tuesdays 2pm – 3pm, via Zoom

During Lent, we will continue to say the rosary, and those who wish to stay on can engage in a Lenten Faith Sharing using a book by Fr. Richard Rohr, entitled *Wondrous Encounters*, from 2:30-3:00. All are welcome to join. For the Zoom link contact Steve@stjosephparish.org.

Young Adult Happenings

Trail Hike

Sunday, March 20th, 10am

Join the Young Adult group for a distanced adventure up to Poo-Poo Point, just outside of Issaquah, on Saturday, March 20th. The plan is to start hiking around 10am up the 4.8 Mile Chirico Trail and take-in the beautiful Washington outdoors. Please reach out to Charlie Stiens at Cstiens326@gmail.com if you have any questions, or if you're interested in joining to receive further information, directions, and a packing list.



Life Together, in the Spirit

There are many active Parish Life ministries, communities, and service groups, and the Parish Life Commission seeks to build connections among all parts of our parish community. The Commission focuses on how we can connect across these many groups, how we can build relationships across generations, and how we can welcome newcomers and current members, whether through big events or small actions.

We are seeking new members to the Parish Life Commission. Are you interested in seeing how you can support the Commission? Contact staff liaison Mary Wiseman at maryw@stjosephparish.org

St Joseph Men's Ministry

Our Brain and Soul: Everyday Transformation in the Midst of Hardship

Saturday, March 27th

8:30am – 11:30am

On Zoom

Featured Speaker: Matt Sweeney, St. Joe's Parishioner

Join the St. Joseph Men's Group for a discussion of the ways in which we experience hardship and pain in our lives and the wisdom our faith offers in moving through these difficult times toward transformation. As we approach Easter, we'll explore the death and resurrection cycle in our daily lives in new and inspiring ways.

Parishioner Matt Sweeney will reflect on his own journey and what he's learned about the connections between our brain and our soul during difficult times and the spiritual transformations that pain and hardship can lead us towards.

Come and be inspired to find God in the midst of hardship and pain during this time of prayer, reflection, and small group faith-sharing.

For the Zoom link, [click here](#).

For more information contact Deacon Steve at 206-965-1646 or steve@stjosephparish.org

CRS Rice Bowl

Each Friday of Lent, Catholics abstain from eating meat as a way to experience a little of the hunger that many experience daily. Journey with us around the world to see stories of hope and incorporate Lenten recipes into your meatless Fridays. Families are welcome to pick up a Rice Bowl in the foyer of the church. Donations will be turned in at the end Lent.

For videos, recipes, and more information, go to www.crsricebowl.com



ST. JOSEPH ADULT FAITH FORMATION PRESENTS A YEAR WITH POPE FRANCIS: LAUDATO SI



Celebrate Earth Day by discovering the theology and spirituality behind, ***Laudato Si: Care for Our Common Home***! In continuing our series on the writings of Pope Francis, we have invited **Patty Bowman**, the former Director of the Intercommunity Peace and Justice Center, who has presented numerous times on Care for Creation and headed much advocacy around the issue of climate change. Please join us:

Wednesday | April 14 @ 7:00-8:30 PM

Wednesday | April 21 @ 7:00-8:30 PM

Wednesday | April 28 @ 7:00-8:30 PM

If you do not have a copy of *Laudato Si*, please contact Theresa and she will direct you how to get a copy, send handouts, and provide you the Zoom Link to join the program. The program will look at key concepts from this encyclical, and we will reflect in small groups on its meaning and impact on your every day life.

**To sign up or for more info please call or email Theresa at
theresal@stjosephparish.org or 206-965-1651**

THE MAGIS FAMILY FORMATION PROJECT

March 2021

The Magis is a family faith sharing guide with a “menu” of options for parents and children to pick readings and/or activities to do together, especially during Covid-19. March’s theme is **Preparing for Jesus’ Resurrection**, corresponding with Lent and our anticipation of Easter.

In this issue you’ll also see different ways your family can engage with the **CRS Rice Bowl** program, which is an at-home Lenten Family Project of education, prayer, fasting, and charitable giving. During the 40 days of Lent, CRS invites us to reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Visit crsricebowl.org to learn more! **Rice Bows are available in the church, which is open from noon-3pm on weekdays and noon-4pm on weekends.**



LENTEN FAMILY REFLECTIONS

March 14: Fourth Sunday of Lent. Gospel: John 3:14-21

Jesus tells Nicodemus that the Son of Man will be raised up so that those who believe in him will have eternal life.¹

- Ask your family to sit for a time in darkness, then light a candle. Invite people to talk about what it felt like to be in the darkness and to compare that to their feelings when the candle was lit. What are we able to see by the limited glow of the candlelight that we couldn't see when we were sitting in darkness?
- Explain that Jesus was the light that came into the world. Our sin causes us to shy away from Jesus, but Lent offers us a chance to remember God's great mercy and the salvation that we have received through Jesus. We do not fear confessing our sins, knowing that God forgives us, and so, during Lent, we seek out opportunities to celebrate the Sacrament of Reconciliation.
- [Pray together an Act of Contrition](#)



CRS LENTEN RECIPES FOR MEATLESS FRIDAYS



Each Friday of Lent, Catholics abstain from eating meat as a way to experience a little of the hunger that many experience daily. Journey with us around the world to see stories of hope and incorporate Lenten recipes into your meatless Fridays. Give the money you saved each week by not eating meat—about \$3 per person per meal—to your [CRS Rice Bowl](#) to feed those in need around the world. Pictured here is a crispy pancake recipe from Vietnam. Yum!

¹ [Sunday Connections, Loyola Press Online](#)

CRS LENTEN STORIES OF HOPE

Friday, March 5

- Watch: [A Story of Hope from Madagascar](#)
- Make a meal from Madagascar(<https://www.crsricebowl.org/recipe>)

Friday March 12

- Watch: [A Story of Hope from El Salvador](#)
- Make a meal from El Salvador: (<https://www.crsricebowl.org/recipe>)

Friday March 19

- Watch: [A Story of Hope from Timor-Leste](#)
- Make a meal from Timor-Leste (<https://www.crsricebowl.org/recipe>)

Friday March 26

- Watch: [The Fruit of our Lenten Sacrifice](#)
- Chose any meal: <https://www.crsricebowl.org/recipe>



LENTEN PRETZELS

Early Christians refrained from eating meat and dairy during Lent. Many stories, dating hundreds of years ago (or longer!) describe how the pretzel became the “official food of Lent,” both for its simple ingredients and its symbolism: The dough is folded as the shape of arms folded in prayer. Use [this recipe](#) from Young Catholics or find your own!

<https://young-catholics.com/861/lenten-activities-make-pretzels/>

LENTEN FAMILY SERVICE PROJECTS



Lent is a time for good works. Here are some ideas for you and your family:

- Make lunches or homemade cards for guests of St. Joseph's shelter.
- Invite your family to do something kind for someone else every day of Lent.
- Talk about what you did at the end of each day.
- Make a Prayer Chain: List 40 intentions or people on 40 slips of paper. Link them together into a chain. Rip one off each morning of Lent and pray for that intention.
- Watch your email or the St. Joseph's Facebook page for opportunities St.

Joseph **LENTEN FAMILY SERVICE!**

MEDIA CORNER

- Book: Bring Lent to Life: Activities and Reflections for Your Family by Kathleen Basi
- Book: Make Room: A Child's Guide to Lent and Easter by Laura Alary
- Book: Patrick: Patron Saint of Ireland by Tomie dePaola
- Book: The Legend of the Sand Dollar by By Chris Auer
- Movie: The Greatest Story Ever Told
- Movie: Jesus of Nazareth
- Movie: The Prince of Egypt

