



ST. JOSEPH PARISH

THE JESUIT PARISH IN SEATTLE

Sunday, March 21, 2021 * The Fifth Sunday of Lent * www.stjosephparish.org



5th Sunday OF LENT

The dead man came out, tied hand and foot with burial bands,
and his face was wrapped in a cloth. So Jesus said to them,
“Untie him and let him go.” —Jn 11:44

**THE FIFTH SUNDAY OF LENT
MARCH 21, 2021**

**Livestream Mass: 5pm Saturday
on our YouTube channel
(Available for viewing throughout the week)**

9:30 AM Sunday

5:30 PM Sunday

**Weekday Mass Schedule
Tuesday - Friday, 7 am, YouTube**

Readings for March 28, 2021

FIRST READING: ISAIAH 50: 4-7

SECOND READING: PHILIPPIANS 2:6-11

GOSPEL: MARK 15:1-39

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St. Joseph School - Main Office

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Mary Helen Bever, Primary School Dir x215
Vince McGovern, Middle School Dir x219

St. Joseph Parish Pastoral and Mission Council – A New Constitution

Did you know? The Interim Parish Council is now no longer “interim!” That’s because we recently ratified a Council Constitution and Bylaws, governing documents that lay out a path for growth for the Council, the Commissions, and the Parish as a whole. We encourage you, the People of God, to read the Constitution and Bylaws, so that we all can engage collaboratively towards the mission of St. Joseph Parish: “Ignited by the Eucharist to Love and Serve.”

A few highlights: in Article III, you’ll read about how the Council is convened, and how you can get involved. Article V describes bi-annual meetings that are open to all registered parishioners. In the Bylaws, Section VI.3, you’ll see the procedure for bringing a motion before the Council.

The Council has numerous communications and open presentations planned to help parishioners understand the Constitution. Please check the bulletin, website, and e-newsletter for more details as they become available. In the meantime, please do not hesitate to reach out with any questions or clarifications: pastoralandmission-council@stjosephparish.org

Click here to read the Constitution and Bylaws on our website: <https://www.stjosephparish.org/constitution>



(Not the St. Joe's Parish Council)

Holy Week & Easter Liturgies

Holy Thursday: 7pm

Good Friday: 7pm

Easter Vigil: 8:30pm

Easter Sunday: 7am, 9:30am (livestreamed) 11:30am

Check your email and the e-newsletter over the next two weeks for registration instructions for these liturgies.

THE FIFTH SUNDAY OF LENT

Entrance Song

I Am the Bread Of Life

Toolan

1. I am the Bread of life. You who
2. The bread that I will give is my
come to me shall not hun - ger; and who be -
flesh for the life of the world, and if you
lieve in me shall not thirst. No one can come to
eat of this bread, you shall live for -
me un - less the Fa - ther beck-ons. And I will raise you
ev - er, you shall live for - ev - er.
up, and I will raise you up, and I will raise you
up on the last day.

Confiteor

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,

(Strike breast during next line)

through my fault, through my fault, through my most grievous fault.
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters, to pray for me to the Lord our God.

Kyrie

Cantor:
Ky - ri - e e - le - i - son. Chris - te e - le - i - son.
Cantor:
Ky - ri - e e - le - i - son.

First Reading

Ezekiel 37:12-14

Thus says the LORD God: O my people, I will open your graves and have you rise from them, and bring you back to the land of Israel. Then you shall know that I am the LORD, when I open your graves and have you rise from them, O my people! I will put my spirit in you that you may live, and I will settle you upon your land; thus you shall know that I am the LORD. I have promised, and I will do it, says the LORD.

Psalm

Psalm 130: With the Lord, There Is Mercy

Guimont



Out of the depths I cry to you, O LORD; Lord, hear my voice!
O let your ears be attentive to the sound of my pleadings.

If you, O LORD, should mark iniquities, Lord, who could stand?
But with you is found forgiveness, that you may be revered.

I long for you, O LORD, my soul longs for his word.
My soul hopes in the Lord more than watchmen for daybreak. Let Israel hope for the LORD.

For with the LORD there is mercy, in him is plentiful redemption.
It is he who will redeem Israel from all its iniquities.

Second Reading

Romans 8:8-11

Brothers and sisters: Those who are in the flesh cannot please God. But you are not in the flesh; on the contrary, you are in the spirit, if only the Spirit of God dwells in you. Whoever does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the spirit is alive because of righteousness. If the Spirit of the one who raised Jesus from the dead dwells in you, the One who raised Christ from the dead will give life to your mortal bodies also, through his Spirit dwelling in you.

Gospel Acclamation



I am the resurrection and the life, says the Lord;
whoever believes in me, even if he dies, will never die.



Gospel

John 11:3-7, 17, 20-27, 33b-45

The sisters of Lazarus sent word to Jesus, saying, "Master, the one you love is ill." When Jesus heard this he said, "This illness is not to end in death, but is for the glory of God, that the Son of God may be glorified through it." Now Jesus loved Martha and her sister and Lazarus. So when he heard that he was ill, he remained for two days in the place where he was. Then after this he said to his disciples, "Let us go back to Judea."

When Jesus arrived, he found that Lazarus had already been in the tomb for four days. When Martha heard that Jesus was coming, she went to meet him; but Mary sat at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God, God will give you." Jesus said to her, "Your brother will rise." Martha said, "I know he will rise, in the resurrection on the last day." Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord. I have come to believe that you are the Christ, the Son of God, the one who is coming into the world."

He became perturbed and deeply troubled, and said, "Where have you laid him?" They said to him, "Sir, come and see." And Jesus wept. So the Jews said, "See how he loved him." But some of them said, "Could not the one who opened the eyes of the blind man have done something so that this man would not have died?"

So Jesus, perturbed again, came to the tomb. It was a cave, and a stone lay across it. Jesus said, "Take away the stone." Martha, the dead man's sister, said to him, "Lord, by now there will be a stench; he has been dead for four days." Jesus said to her, "Did I not tell you that if you believe you will see the glory of God?" So they took away the stone. And Jesus raised his eyes and said, "Father, I thank you for hearing me. I know that you always hear me; but because of the crowd here I have said this, that they may believe that you sent me." And when he had said this, He cried out in a loud voice, "Lazarus, come out!" The dead man came out, tied hand and foot with burial bands, and his face was wrapped in a cloth. So Jesus said to them, "Untie him and let him go."

Now many of the Jews who had come to Mary and seen what he had done began to believe in him.

Third Scrutiny (5:30) *We Long To Rise To New Life!*

Browning

"We long to rise to new life, deliver us, O Lord. Kyrie eleison."

Dismissal (5:30)

Take, O Take Me As I Am

Bell

"Take, O take me as I am. Summon out what I shall be.
Set your seal upon my heart and live in me"

Offertory Song

At the Name Of Jesus

Noel/Vaughan Williams

At the name of Jesus ev'ry knee shall bow, ev'ry tongue confess him King of glory now.
'Tis the Father's pleasure we should call him Lord, who from the beginning was the mighty Word.

At his voice creation sprang at once to sight, all the angel faces, all the hosts of light,
thrones and dominations, stars upon their way, all the heav'nly orders in their great array.



Holy, Holy, Holy

Ho-ly, Ho-ly, Ho-ly Lord God of hosts. Heav-en and earth are full of your glo-ry.

Ho-san-na in the high-est. Bless-ed is he who comes in the name of the Lord.

Ho - san - na in the high - est.

The musical notation is written on three staves. The first staff contains the melody for 'Ho-ly, Ho-ly, Ho-ly Lord God of hosts. Heav-en and earth are full of your glo-ry.' The second staff contains the melody for 'Ho-san-na in the high-est. Bless-ed is he who comes in the name of the Lord.' The third staff contains the melody for 'Ho - san - na in the high - est.'

Mystery of Faith

When we eat this Bread and drink this Cup, we pro-claim your Death, O Lord,

un - til you come a - gain.

The musical notation is written on two staves. The first staff contains the melody for 'When we eat this Bread and drink this Cup, we pro-claim your Death, O Lord,'. The second staff contains the melody for 'un - til you come a - gain.'

Great Amen

A - men.

The musical notation is written on a single staff, showing a short melodic phrase for 'A - men.'

Lamb of God

A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.

A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.


A-gnus De - i, qui tol - lis pec - ca - ta mun-di: do-na no-bis pa - cem.

The musical notation is written on three staves. The first staff contains the melody for 'A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.' The second staff contains the melody for 'A-gnus De - i, qui tol - lis pec - ca - ta mun-di: mi-se-re-re no - bis.' The third staff contains the melody for 'A-gnus De - i, qui tol - lis pec - ca - ta mun-di: do-na no-bis pa - cem.'


Communion

Eat This Bread

Berthier



Eat this bread, drink this cup, come to me and ne-ver be hung - ry.




Eat this bread, drink this cup, trust in me and you will not thirst.

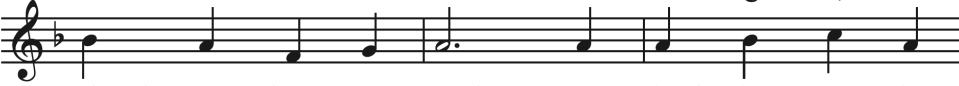
Recessional

From Ashes To the Living Font


ST. FLAVIAN/Hommerding



1. From ash - es to the liv - ing font Your
2. Through fast - ing, prayer, and char - i - ty Your
3. Our graves split o - pen, bring us back, Your
4. From ash - es to the liv - ing font, Your



Church must jour - ney, Lord, Bap - tized in grace, in
voice speaks deep with - in, Re - turn - ing us to
pro - mise to pro - claim; To dar - kened tombs call
Church must jour - ney still, Through cross and tomb to



grace re - newed By your most ho - ly word.
ways of truth And turn - ing us from sin.
out, "A - rise!" And glo - ri - fy your name.
Eas - ter joy, In Spir - it - fire ful - filled.

7am Daily Mass – Open for In-Person Attendees

We are pleased to announce that 7am daily Mass (Tuesday – Friday) is now available for in-person attendance. All are welcome!

We still have COVID protocols in place, which means the door will be locked promptly at 7am so that webcast filming may proceed. Additionally, masks must be worn by all participants and social distancing will be enforced. Pre-registration is not necessary to attend this Mass, but we ask that you arrive at least ten minutes before 7am, as you will need to provide your name and contact info at the door.

If you would like to volunteer for the month of March to greet, usher, or lector at the 7am Mass, please email caprices@stjosephparish.org

Prayer REQUESTS

For a beloved sister in her recovery from a stroke, for successful hip replacement surgery for my wife, for a daughter's healing from emergency surgery. Thankful that more people are being able to receive the vaccine against COVID-19. For those who have contracted coronavirus, we pray for their care and healing. For all who experience fear or anxiety, we pray for peace of mind and spirit.

"Cast all your anxiety on Him because He cares for you."

~ 1 Peter 5:7

ST. VINCENT DE PAUL

St. Vincent de Paul Society: Caring for Our Neighbors, Part 3

The St. Joe's Conference of St. Vincent de Paul, our local chapter of the international aid organization, has been busy helping our neighbors on Capitol Hill and around Seattle cope with the economic hardships that the pandemic has brought. Over the last few weeks, we've been highlighting stories of Vincentians finding innovative ways to connect with clients during this time of lockdown, and ways that you can help. This is our last article, a personal account from Vincentian Dennis West, who recounts the transformative experience of working with St. Vincent de Paul during the pandemic.

"My volunteer efforts had been curtailed significantly due to work demands, but after being unceremoniously laid off due to economic and pandemic-related pressures facing my job sector, I found myself psychologically in a similar place as some of our Neighbors. Fortunately, the bi-weekly Zoom meeting and the community of Vincentians has been a true medicine of perspective and spiritual solace that has ameliorated my fears about COVID and unemployment.

Every day, we encounter individuals and families significantly affected by the pressures of this economy and pandemic - more than I could have imagined. Fellow parishioners have been exceedingly generous over the past year, but the St. Joseph Conference of Vincentians can't wait until we acknowledge your charity in person while holding a basket at the end of Mass on the first weekend of every month. "

While SVdP continues to be good stewards of your donations – every dollar goes directly to our neighbors in need – the next month is critical. As the end of a statewide moratorium on evictions draws near, King County could see record numbers of people forced out of their homes. SVdP is ready to assist with rent, but needs our support.

SVdP has recently secured a \$20,000 matching gift – every dollar donated, until \$20,000 has been reached, will be matched 1-to-1. If you are able, now is the time to invest in our community and [donate to St. Vincent de Paul](#).



Photo courtesy of St. Vincent de Paul - King County

A St. Vincent de Paul Prayer Before a Home Visit

Father, we ask you to provide all that we need as we do the work you have given us to do. Fill our hearts with your love, help us to listen with compassion and to speak with kindness and confidence.

Jesus, we pray for the grace to go with out our preconceived judgments so that we can be true peacemakers. Stir in us the fire of your love and guide us with discernment. Fill our hearts with wisdom, generosity and kindness.

Holy Spirit, inspire us with joy and patience. Be at work in us so that we will bring good news to the downcast, healing to the brokenhearted, hope to the destitute, love and compassion to all who are suffering.

LITURGY & WORSHIP



The Scrutinies, Part 3

March 7, 14, and 21- By Katy Huston, MAPS

If you attend the in-person 5:30 Mass on March 21st, you will notice an extra rite as part of the Liturgy. Five people will be called up to the altar: these are our elect, those who have been studying the faith and who will be baptized at this year's Easter Vigil. Their godparents will accompany them.

So, what are these scrutinies? The Rite of Christian Initiation of Adults tells us:

"The scrutinies, which are solemnly celebrated on Sundays and are reinforced by an exorcism, are rites for self-searching and repentance and have above all a spiritual purpose. The scrutinies are meant to uncover, then heal all that is weak, defective, or sinful in the hearts of the elect; to bring out, then strengthen all that is upright, strong, and good. For the scrutinies are celebrated in order to deliver the elect from the power of sin and Satan, to protect them against temptation, and to give them strength in Christ, who is the way, the truth, and the life. These rites, therefore, should complete the conversion of the elect and deepen their resolve to hold fast to Christ and to carry out their decision to love God above all." (From the *Rite of Christian Initiation of Adults*, prepared by the International Commission on English in the Liturgy and the Bishops' Committee on the Liturgy, the National Conference of Catholic Bishops.)

(By the way, the "exorcism" mentioned above is an ancient part of this ritual, but no weird stuff will happen!) All in the church will be asked to join in praying for this last part of the elect's journey into initiation as Catholics.

The Gospel readings for these three Sundays are, again, a very ancient connection to the scrutinies. We hear the story of Jesus and the Samaritan Woman at the Well and the elect are asked to consider for what they thirst. We hear the story of the One Born Blind and the elect consider what in them is blind to God's Love. The story of Lazarus asks the elect what binds them and keeps them from growing closer to Christ. These are questions for all of us to consider on our faith journey.



St. Joseph Parish welcomes you and your family to the season of Lent. Be sure to keep an eye on the bulletin, [website](#), and e-newsletter for more specific liturgy times as Holy Week approaches. Peace and blessings to you!

Events:

Stations of the Cross
Fridays, 12:15 pm in the Church and [Livestreamed](#)

Women's Lenten Book Small Group
Thursdays, 7pm-8pm, on Zoom
February 18th - March 25th

For the Zoom link, please contact Theresal@stjosephparish.org.

Seniors Rosary & Lenten Faith Sharing
Tuesdays, 2pm, on Zoom
Rosary 2pm – 2:30pm
Lenten Faith Sharing 2:30pm – 3pm
For the Zoom link please contact Stevew@stjosephparish.org.

Stations of the Cross/Faith Sharing
Wednesdays in Lent, 7pm – 8:30pm, on Zoom
Stations of the Cross 7pm – 7:30pm
Faith Sharing 7:30pm – 8:30pm
For the Zoom link, please contact Theresal@stjosephparish.org.

Women's Ministry Moment of Wellness
Saturdays, 8:30am - 9am, on Zoom
February 20th - March 27th
Contact KerriLyn Vander Heyden at KerriLynVH@gmail.com for the Zoom link.

BRAIN & SOUL

Everyday Transformation in the Midst of Hardship

St Joseph Men's Ministry Presents:
Our Brain and Soul: Everyday Transformation in the Midst of Hardship

Saturday, March 27th
8:30am – 11:30am
On Zoom

Featured Speaker: Matt Sweeney, St. Joe's Parishioner

Join the St. Joseph Men's Group for a discussion of the ways in which we experience hardship and pain in our lives and the wisdom our faith offers in moving through these difficult times toward transformation. As we approach Easter, we'll explore the death and resurrection cycle in our daily lives in new and inspiring ways.

Parishioner Matt Sweeney will reflect on his own journey and what he's learned about the connections between our brain and our soul during difficult times and the spiritual transformations that pain and hardship can lead us towards.

Come and be inspired to find God in the midst of hardship and pain during this time of prayer, reflection, and small group faith-sharing.

For the Zoom link, [click here](#).

For more information contact Deacon Steve at 206-965-1646 or
steve@stjosephparish.org

FAITH JUSTICE

Climate Justice Discernment Gathering

Thursday March 25th, 7pm - 9pm
Zoom

Climate change can seem overwhelming. How can you get involved? How can we as St. Joseph Parish get involved?

Join fellow St. Joseph's parishioners for an in-depth session of discovery and discernment focused on ecological justice and care for our common home. As Pope Francis wrote so plainly in *Laudato Si'*, "The urgent challenge to protect our common home includes a concern to bring the whole human family together to seek a sustainable and integral development, for we know that things can change." Individually, as well as collectively, we can indeed make a difference: Join us to help build a plan for how we can work together as a parish for ecological justice!

In this two-hour online event, you will be introduced to proven scientific solutions to reverse global warming through videos and interactive group activities. From the food we eat, to the products we choose to buy and the place we choose to live, we are called to see the world around us with a lens of climate curiosity and awe. By the end of our time, we each individually and collectively will be armed with a better understanding of where we can go next to discover what we will do on our climate journeys, and how we can move as a parish towards greater sustainability and integral ecology.

Anna Johnson, St. Joseph parishioner, and Scott Henson, co-founder of Drawdown Seattle and St. Joseph parishioner, will moderate and guide the discussions that will cultivate a sense of possibility while invigorating and encouraging us to take action together in community. We can't sit on the sidelines any longer – join us on the field.

Registration link here: <https://forms.gle/wFzPRZFao3jp-7tqm9>

Contact Deacon Steve with any questions: steve@stjosephparish.org



St. Francis House is Open!

St. Francis House opened on March 2nd for donations at their Immaculate Conception location at **820 18th Avenue** (accessed from the parking lot). At this time, they are only able to accept clean, gently worn, or new clothing for men, women, and children; shoes; travel sized toiletries and grocery gift card donations.

They are open Tuesdays, Wednesdays, and Thursdays from 9 a.m. - 12 p.m. for donations.



CORE Legislative Action Alert: Restorative Justice

Jesuits West CORE (Collaborative Organizing for Racial Equity) has organized an action alert regarding pending legislation in Washington State that would advance restorative justice. Parishioners Samantha Yanity and Vince Herberholt helped organize the action, and students at Seattle Prep vetted the bills.

[Click here](http://bit.ly/ActForRestorativeJustice) to read about bills in the Washington State Legislature supporting restorative justice. You can take action by writing your representative on the dedicated action alert site: <http://bit.ly/ActForRestorativeJustice>

JESUITS WEST COLLABORATIVE



ORGANIZING FOR RACIAL EQUITY

FAITH JUSTICE

CRS Rice Bowl

Each Friday of Lent, Catholics abstain from eating meat as a way to experience a little of the hunger that many experience daily. Journey with us around the world to see stories of hope and incorporate Lenten recipes into your meatless Fridays. It's not too late to get a Rice Bowl! Families are welcome to pick up a Rice Bowl in the foyer of the church. Donations will be turned in at the end Lent.

For videos, recipes, and more information, go to www.crsricebowl.com



One Parish One Prisoner Update

As we enter into Lent, the St. Joe's [One Parish One Prisoner](#) team has been reflecting on the past six months with Wes Atkinson, our friend whom we have been accompanying since his release from prison last fall, and some of the things we've learned on the journey so far.

First of all, we'd like to sincerely thank all of you who donated clothes, food, and gift cards for Wes when he moved into transitional housing in August. Your generosity made all the difference – in almost every conversation, he mentions how much the support of the parish meant to him, and how the material assistance kept him from having to resort to old habits that lead to recidivism. Thank you!

It has been an up-and-down journey, as the team learned along with Wes how to navigate the post-release system in Washington State. We are thrilled to report that Wes now has a full-time job, and is living on his own, having moved out of congregate transitional housing. This is a huge achievement, and speaks to Wes' perseverance.

In addition to spiritual and emotional accompaniment, the parish agreed to pay for the first three months of Wes' rent, as well as help him secure Apple Health and Department of Health and Human Services benefits. Though the financial-support phase of accompaniment has ended, the team stays in touch with Wes, and will continue to support him as he moves forward with his life.

We've learned a lot, both about our state's system of incarceration, and about our role in it, these past few

months. While many of us had a fundamental knowledge of the inequities of the system, especially in terms of disproportionately incarcerating Black and Brown people, we didn't fully understand the lasting effects of incarceration.

We saw firsthand how the system is set up for previously-incarcerated citizens to fail. Recidivism is most often not a personal failing, but a predictable and preventable result of policies, rules, and stigma that keep folks from finding meaningful employment and safe, affordable housing. Helping one friend on his journey through the "Underground" (as the One Parish One Prisoner program calls it) is important, but it is a band-aid for widespread policy failure, and we find ourselves even more committed to righting the wrongs of decades of politics that overly punish the most vulnerable among us.

The team is currently discerning if and when to accompany a new incarcerated friend. We will continue to keep you, the parish, updated as we walk that journey. In the meantime, we encourage you to learn more about the [One Parish One Prisoner](#) program and, if you feel called to join us, get in touch – contact [Deacon Steve](#) for more information.



Wes at His New Job

STEWARDSHIP CORNER



Did You know? New tax laws and strategies can help you minimize your taxes and maximize your contributions to St. Joseph Parish! Here's how:

- \$300 Charitable Deduction
- Tax-free Transfer IRA Transfer
- Double Tax Reduction from Appreciated Stock

\$300 charitable deduction for non-itemizers

Even if you don't itemize deductions, i.e. use the standard deduction, you can deduct up to \$300 for donations made in cash that are paid directly to the charitable organization. This allows anybody to give, even in a small way, and reap the tax benefit. Online giving is an excellent way to capture a record of those donations.

Tax-free transfer from an IRA

If you are 70½ or older, you can give up to \$100,000 per year tax-free from your IRA to St. Joe's (called a qualified charitable distribution or QCD). The gift counts toward your required minimum distribution (RMD), but isn't included in adjusted gross income. (Donors need not be required to take an RMD now or until age 72, but may still make a QCD. The distribution may be monthly, quarterly or annually. See your account holder for details.)

A double tax reduction by giving appreciated stock

In lieu of sending cash to St. Joe's, you may find greater tax benefits by giving appreciated stock. Holdings owned for more than a year may be deducted based on their value on the date donated. Non-itemizers still benefit from avoiding the capital gains tax on the stock.

Please don't hesitate to reach out to me at maryw@stjosephparish.org or call me at (206) 324-2522 ext.114 with any questions or concerns.

Mary Wiseman, Pastoral Assistant for Stewardship

CHILDREN'S FAITH FORMATION

Lenten Family Service Activities

Pope Francis has called on all of us during the Lenten season, "to confront the poverty of our brothers and sisters, to touch it, to make it our own and to take practical steps to alleviate it." Although the ongoing COVID-19 pandemic has made it difficult to come together again as a community, the St. Joseph Family Service Working Group has organized several activities for families to participate in this Lenten season. These projects aim to help our parish make a significant impact in our local community.

Families are welcome to choose from one or more of the following activities, depending upon the age or interest of their children:

Prepare Easter cards for elderly St. Joseph Parishioners

Create Hygiene Kits for residents of Jubilee Women's Center

[Plant vegetables starts for Nurturing Roots](#)

Make wind chimes for Nurturing Roots and wind chime kits for L'Arche

For more information about these activities and to sign up, click [here](#). Once you sign up, more information about each project will be sent to you.

If you have any questions, please contact Claire Hansen at claireh@stjosephparish.org.

PARISH LIFE

Life Together, in the Spirit



There are many active Parish Life ministries, communities, and service groups, and the Parish Life Commission seeks to build connections among all parts of our parish community. The Commission focuses on how we can connect across these many groups, how we can build relationships across generations, and how we can welcome newcomers and current members, whether through big events or small actions.

We are seeking new members to the Parish Life Commission. Are you interested in seeing how you can support the Commission? Contact staff liaison Mary Wiseman at maryw@stjosephparish.org

Need support during COVID-19?

Call Washington Listens



What is Washington Listens?

Crisis Connections helps to facilitate a support line called Washington Listens. Washington Listens will provides non-clinical support to people who feel sad, anxious, or stressed due to COVID-19.

Washington Listens is free and anonymous. Any Washington resident can call and a support specialist will listen and help to guide you to connections within your community.

How do I access Washington Listens?

Call 1-833-681-0211. Washington Listens is staffed Monday – Friday from 9 a.m. to 9 p.m. and weekends from 9 a.m. to 6 p.m. TSR 771 and language access services are available.

You will be connected to a support specialist who will talk with you about your struggles, if you end up needing professional support the specialist will work to connect you to those services.

Partnering agencies

Washington Listens is program operated by partnering agencies to support the state.. All agencies ensure their staff are appropriate and receive training on the crisis counseling model.

- Crisis Connections
- Community Integrated Health Services (CIHS)
- American Indian Community Center (AICC)
- Colville Tribe
- Frontier Behavioral Health (FBH)
- Okanogan Behavioral HealthCare (OBHC)
- Yakama Nation
- Peer Washington
- Recovery Café
- Comprehensive
- More coming soon!

More ways of accessing services coming soon

Check out our website for updates. We are working on helping people to reach support specialists by adding text, online resources and culturally accessibility.

Contact:

Call 1-833-681-0211.

Walistens.org



ST. JOSEPH ADULT FAITH FORMATION PRESENTS A YEAR WITH POPE FRANCIS: LAUDATO SI



Celebrate Earth Day by discovering the theology and spirituality behind, ***Laudato Si: Care for Our Common Home***! In continuing our series on the writings of Pope Francis, we have invited **Patty Bowman**, the former Director of the Intercommunity Peace and Justice Center, who has presented numerous times on Care for Creation and headed much advocacy around the issue of climate change. Please join us:

Wednesday | April 14 @ 7:00-8:30 PM

Wednesday | April 21 @ 7:00-8:30 PM

Wednesday | April 28 @ 7:00-8:30 PM

If you do not have a copy of *Laudato Si*, please contact Theresa and she will direct you how to get a copy, send handouts, and provide you the Zoom Link to join the program. The program will look at key concepts from this encyclical, and we will reflect in small groups on its meaning and impact on your every day life.

**To sign up or for more info please call or email Theresa at
theresal@stjosephparish.org or 206-965-1651**

THE MAGIS FAMILY FORMATION PROJECT

March 2021

The Magis is a family faith sharing guide with a “menu” of options for parents and children to pick readings and/or activities to do together, especially during Covid-19. March’s theme is **Preparing for Jesus’ Resurrection**, corresponding with Lent and our anticipation of Easter.

In this issue you’ll also see different ways your family can engage with the **CRS Rice Bowl** program, which is an at-home Lenten Family Project of education, prayer, fasting, and charitable giving. During the 40 days of Lent, CRS invites us to reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Visit crsricebowl.org to learn more! **Rice Bows are available in the church, which is open from noon-3pm on weekdays and noon-4pm on weekends.**



LENTEN FAMILY REFLECTIONS

March 21: Fifth Sunday of Lent. John 12:20-33

¹“Unless a kernel of wheat falls to the ground and dies, it remains only a single seed. But if it dies, it produces a great harvest.”

- Talk about how important it is to your family life to gladly serve one another. Ask each person to consider the last time that another family member asked for help. What was your response? Did you cheerfully try to honor the request, or did you ask “Why me?”
- How do you think Jesus would want us to respond when someone in our family asks for help?
- Invite each family member to make a commitment for the next week to try to respond cheerfully to requests for help.
- Pray together, asking God’s help with this commitment. [Pray the Prayer of Saint Ignatius of Loyola](#)



LENTEN PRETZELS

Early Christians refrained from eating meat and dairy during Lent. Many stories, dating hundreds of years ago (or longer!) describe how the pretzel became the “official food of Lent,” both for its simple ingredients and its symbolism: The dough is folded as the shape of arms folded in prayer. Use [this recipe](#) from Young Catholics or find your own!

<https://young-catholics.com/861/lenen-activities-make-pretzels/>

¹ [Sunday Connections, Loyola Press Online](#)

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